



Hello, friends!

The H&I Subcommittee met on Sunday, 28-Jan-24 with six participants!

We hosted our commitment at the women's pod and one of the men's pods at the Cheshire County House of Corrections (CCHOC) this past month. The women's group met on 12-Jan-24 with two attendees. We read Step Two from the Basic Text. Thank you to Felicia B. and Christie S. for their service! The men's pod D-Pod meeting occurred on and 25-Jan-24. There was one attendee at the men's meeting. We read from the Just For Today book. The topic was 'From Isolation to Connection.' Thank you to Bob C., Les S. and Josh R. for their service at this commitment!

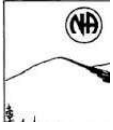
The next meeting for the women's pod will be held on February 9th, 2024. The next meeting for the men's K-pod will be held on February 15th, and February 29th for the men's D-Pod.

The H&I Learning Day will be happening this coming Saturday, February 3rd from 1:30 P.M. to 4:00 P.M at the YANA Center in Keene, NH. We will be serving food from 1:30-2:30 and then will roll into the Learning Day presentation and discussion. We will have a Zoom option available during the Learning Day. Please use the H&I subcommittee zoom link on the [GMANA.org](http://GMANA.org) website to attend.

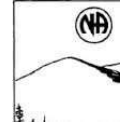
As always, please continue to announce that the H&I Subcommittee is looking for support during your meetings! Addicts in need of hearing our life saving message could benefit from your involvement!

In Loving Service,

H&I Subcommittee



**Green Mountain Area  
Narcotics Anonymous  
Service Committee**



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## Motion Form

Name: Public Relations

Position: Chairperson

Second: Sarah H

Position: GSR , Out of the Fog

Contact Info: info@gmana

Motion/Intent: PR Budget Request 2024

Meeting Lists	\$ 50
Literature (Circulate & Panels)	\$ 100
Learning Days (2 @ \$50)	\$ 100
Professional Contacts Registration	\$ 50
Tech Services	<u>\$1100</u>
Total Budget	\$1400

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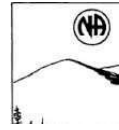
Intent: To have a PR budget for 2024. The PR budget for 2024 includes increases for tech services, the total costs of which are yet to be determined. The web hosting alone is an increase from \$60 to \$191.87 per year. Tech services also includes unknown expenses for email and phonenumber.



(802) 773-5575  
[www.gmana.org](http://www.gmana.org)

P.O. Box 6414  
Brattleboro, VT 05302





Name: Tex L                      Position/Subcommittee: Public Relations

Contact Info: [info@gmana.org](mailto:info@gmana.org)

Time & Location of Meeting: 1/28/2024, 12:15, Zoom

Report/Announcements: The Public Relations Subcommittee met with 7 addicts present.

Our Facebook page is now set up to not allow comments. We discussed changing our Facebook page to a group page.

Our webpage migration has been completed to Go Daddy and all function on the webpage are active. We are now exploring email options for officers and subcommittees.

A motion for the Public Relations budget is submitted to area for consideration and approval.

Beginning Balance	\$814.00
January Expenses	<u>\$ 12.93</u>
Balance remaining	\$801.07

In service, Tex L.



# Green Mountain Area Service Committee Treasury Officer Report

January 2024

Treasurer – Alisa B

Vice-Treasurer – John B.

Starting balance was \$8,301.97

Last month we took in \$322.58 (Literature Sales: \$288.84 and Group Donations: \$175.46)

Expenses for the Month were: \$96.97 (Zoom x3 at \$15.99 per account/storage fee \$49.00)

Sub-Committee Expenses:

PR: \$12.55

Literature: \$0

H&I: \$0

Donations: None

Ending Balance: \$8,656.75

**Mail Group Donations to:**

GMANA

PO Box 6414

Brattleboro, VT 05301

\*\*Reminder to make note if you would like a receipt for your group's donation and include an email address or a self-addressed stamped envelope. Also, when mailing in checks or money orders, please make a note of what group you are making a donation for.

Thanks and In Loving Service, Alisa B.

**Motion**

No motions this month

<b>Date</b>	<b>Starting Balance</b>	<b>Literature Sales</b>	<b>Donations</b>	<b>Expenses</b>	<b>Misc. Credit/Debit</b>	<b>Sub-committee Expenses</b>	<b>Ending Balance</b>
1/29/23 (Dec money)	\$7003.06	\$506.50	\$824	\$78.98	+\$4354.88 (campout) -\$296.71(MRLE)	\$12.62 (PR) \$532.11 (Lit)	\$11,768.02
2/26/23 (Jan. money)	\$11,768.02	\$79.43	\$440.06	\$78.98	n/a	\$57.34 (PR)	\$12,151.19
3/26/23 (Feb money)	\$12,151.19	\$249.28	\$376	\$78.98	-\$96 (PO Box)	\$13.03	\$12,588.46
4/30/23 (March money)	\$12,588.46	\$228.85	\$395.70	\$109.96	-\$2151.22 (NAWS annual donation) +\$21.00 (Bowling Event) +\$146.40 (You Are Here Holiday Party)	\$11.85 (PR) \$413.84 (Lit)	\$10,693.54
5/28/23 (April money)	\$10,693.54	\$228.00	\$380.01	\$80.98	-\$6,453.66 (ABCD Region annual donation)	\$13.03 (PR)	\$4,753.88
6/25/23 (May money)	\$4,753.88	\$186.09	\$312.30	\$112.96	n/a	\$12.63 (PR)	\$5,126.68
7/30/23 (June money)	\$5,126.68	\$187.38	\$318.20	\$96.97	n/a	\$31.14 (PR)	\$5,504.15
8/27/23 (July money)	\$5,504.15	\$247.41	\$236	\$96.97	n/a	\$12.63 (PR) \$700.12(Lit)	\$5,177.84
9/24/23 (Aug money)	\$5,177.84	\$712.68	\$499.25	\$96.97	n/a	\$57.01 (PR)	\$6,235.79
10/29/23 (Sept money)	\$6,235.79	\$130.35	\$515.85	\$96.97	n/a	\$13.03 (PR) \$533.12 (Lit) \$271.00 (H&I)	\$5,967.87
11/26/23 (Oct money)	\$5,967.87	\$182.14	\$235.00	\$96.97	n/a	\$78.96 (PR) \$139.90 (Lit)	\$6,069.18
12/31/23 (Nov money)	\$6,069.18	\$151.58	\$171.00	\$96.97	+2,312.08 (campout)	\$304.90 (PR)	\$8,301.97
1/28/24 (Dec money)	8,301.97	\$288.84	\$175.46	\$96.97	n/a	\$12.55 (PR)	\$8,656.75