

**ABCD REGIONAL SERVICE COMMITTEE OF N.A.  
MINUTES OF NOVEMBER 5, 2016 MEETING  
[WWW.ABCDRNA.ORG](http://WWW.ABCDRNA.ORG)**

<b>ABCD REGIONAL SERVICE BODY MEMBERS</b>			
CHAIRPERSON	Sal M. ( <a href="mailto:smarches@nycap.rr.com">smarches@nycap.rr.com</a> )	518-701-6668	Jan 2017
VICE CHAIRPERSON	Don M. ( <a href="mailto:mdonald552@aol.com">mdonald552@aol.com</a> )	518-766-6028	Jan 2017
TREASURER	<b>OPEN</b>		
SECRETARY	Pat H. ( <a href="mailto:abcd.secretary@gmail.com">abcd.secretary@gmail.com</a> )	518-878-7021	Jan 2017
REGIONAL DELEGATE	Teri J. ( <a href="mailto:gdwtchTeri@aol.com">gdwtchTeri@aol.com</a> )	413 447 1076	Aug 2017
REGIONAL DELEGATE ALTERNATE	<b>OPEN</b>		
ALBANY/RENSSELAER AREA RCM	Kristin T. ( <a href="mailto:ktetlack@msn.com">ktetlack@msn.com</a> )	518-389-5080	Area
BERKSHIRE COUNTY AREA RCM	Ryan S. ( <a href="mailto:rxshea@gmail.com">rxshea@gmail.com</a> )	716-341-6420	Area
GREEN MOUNTAIN AREA RCM ALT	Pierre A. ( <a href="mailto:prakposani2@gmail.com">prakposani2@gmail.com</a> )	802-948-2948	Area
MID-HUDSON AREA RCM	Michelle L. ( <a href="mailto:odaat306@live.com">odaat306@live.com</a> )	845-332-2751	Area
MOHAWK RIVER AREA RC	Robert H. ( <a href="mailto:rhohn@yahoo.com">rhohn@yahoo.com</a> )	518-986-1493	Area
SAMMA RCM	<b>OPEN</b>		Area
HELPLINE	Jerome C ( <a href="mailto:jusome13@gmail.com">jusome13@gmail.com</a> )	518-495-8605	Aug 2017
HOSPITALS & INSTITUTIONS	Jim P. ( <a href="mailto:jimpets070258@gmail.com">jimpets070258@gmail.com</a> )	518-285-9417	Jan 2017
POLICY	Mary W. ( <a href="mailto:maryvw@gmail.com">maryvw@gmail.com</a> )	845-750-2006	Jan 2017
MEETING LIST COORDINATOR	<b>OPEN</b>		
REGIONAL WEBSERVANT	Matt A. ( <a href="mailto:abcdwebservant@gmail.com">abcdwebservant@gmail.com</a> )	<b>Email</b>	Jan 2017
CONVENTION CHAIR	Lillian S. ( <a href="mailto:lilli5663@gmail.com">lilli5663@gmail.com</a> )	518-221-4377	Jan 2017
CONVENTION VICE CHAIR	Bobby C. ( <a href="mailto:rcasbobbyc@aol.com">rcasbobbyc@aol.com</a> )	845-532-2581	Jan 2017
CONVENTION TREASURER	<b>OPEN</b>		
ALT. CONVENTION TREASURER			

<b>REGIONAL/AREA SERVICE COMMITTEE MEETINGS</b>			
ABCD Region	First Saturday of each month	11:00 AM	McKownville Methodist Church 1565 Western Ave, Albany, NY
Albany/Rensselaer Area	Last Thursday of each month	7:00 PM	49 Killian Drive, Colonie, NY
Berkshire County Area	Third Tuesday of each month	6:30 PM	B.M.C., Private dining rooms, Level G, 275 North St., Pittsfield, MA
Green Mountain Area	Last Sunday of each month	1:15 PM	Springfield Hospital Library, Springfield, VT
Mid-Hudson Area	Last Thursday of each month	7:00 PM	St. James Church, Corner of Fair and Pearl Streets, Kingston, NY
Mohawk River Area	Last Saturday of each month	1:00PM	970 State St., Schenectady, NY
SAMMA	Second Sunday of each month	3:00PM	37 Saratoga Ave., S. Glens Falls, NY
ABCDRNA CC	Second and Fourth Wednesday each month	6:00PM	388 Clinton Avenue SEFCU Bldg, Albany, NY

**Call to Order**

Meeting was called to order at 11:00 with a moment of silence, followed by a reading of the Service Prayer, the Twelve Traditions, and the Twelve Concepts. Read Concept 8. Roll call taken.

**Roll Call**

<b>POSITION</b>	<b>NAME</b>	<b>PRESENT</b>
Chairperson	Sal M.	✓
Vice Chairperson	Don M.	✓
Treasurer	<b>OPEN</b>	
Secretary	Pat H.	✓
Regional Delegate	Teri J.	✓
Regional Delegate Alt.	<b>OPEN</b>	
ARANA RCM	Kristen T.	✓
BCANA RCM	Ryan S.	✓
GMA RCM-Alt	Pierre A.	
MHA RCM	Michelle L.	✓
MRA-RCM	Robert H.	✓

SAMMA RCM	OPEN	
Helpline Chair	Jerome C.	✓
Hospitals & Institutions Chair	Jim P.	✓
Policy	Mary W.	✓
Meeting List Coordinator	OPEN	
ABCD Regional Webservant	Matt A.	✓
Convention Chair	Lillian S.	
Convention Treasurer	OPEN	

Visitors: Marc E., Danielle M., Jason F. Butch A.,

**Review of Minutes from previous month** –Minutes approved and accepted.

### Representative Reports

**Treasurer's Report** Written report read by Don, attached.

**Chair Person Report** Oral report by Sal. Brooke and Stephanie were both out of town. Brooke's nomination will move forward because no areas had questions. Stephanie will be doing audit for region. The convention's bank would not provide statements without one of the signatories present (Lillian, Bobby or Angelo). Sal attempted contact with both Lillian and Bobby. Bobby told Sal that he would have to ask Lillian before discussing anything. He never back to Sal. Lillian never responded at all. Questions from the floor included What is status of bank account and How much profit was made? Both questions cannot be answered without information. The bank account was closed 2 days after convention, therefore the account would be a zero.

**Vice Chair Report** Written report read by Don, attached.

**Secretary's Report** Report by Pat read. Written report attached.

**Regional Delegate Report** Written report by Teri read. **Will supplement minutes when secretary receives the report.**

**Regional Delegate Alternate Report** OPEN

### Subcommittee Reports

**Helpline Report** Written report read by Jerome, attached.

**\*\*\*Shawn had to leave early there were no questions on his nomination.**

**Policy Report** Written report by Mary read, attached. Lengthy discussion on some of the content of report, namely concerns about E&A. Precedent for the creation of a subcommittee would be the H&I subcommittee. This committee was created, then an election was held, then a policy was created by the subcommittee and other interested parties. During the 90 period to create the E&A subcommittee, the parameters were hashed out. The motion passed, although MHA was opposed. The next concern was about the blank check provided to Ad Hoc Chair for event supplies. The Treasurer noted that the blank check was approved by the RSC.

**Convention Committee Report:** No one from convention committee attended.

**Convention Treasurer Report** OPEN

**Hospitals & Institutions** Meeting changed from Thursday to Wednesday. Next meeting (conference call) will be on Nov. 30<sup>th</sup> at 9:15PM. Purchased NYC meeting lists and ABCD Meeting Lists from their budget. A total of \$89.24 was spent.

**Ad-Hocs: Events:** Written report by Pat, attached Q. About when Tshirts for quilt would be needed, answer fielded by Teri, our Premier Quiltmaker. **Inventory:** Lura reported that she needed to replace lost sign up sheet (a sheet was passed around). Needs a vice chair because of health related issues.

**Meeting List Coordinator** OPEN Sal reports that after discussion with Bobby, it seems that meeting lists could be printed every other month. We have 500 left out of 3000 so we may wish to decrease amount ordered so that we do not have so many left over. Again stressed that EACH pdf should go to the webservant. Sal suggested that the printing company send it, but we should be able to handle this among ourselves.

**Webservant** Oral report given by Matt. The BMLT is a great tool used through the USA and World. Will provide training to anyone interested. Matt was contacted by a single representative to make updates, Marc from MHA. Matt needs to have the pdf sent so that the website can be accurate. He also provides updates to World. MRA will provide a new contact to assist.

**Albany Rensselaer Area** Report by Kristin read. Written report attached. Q. Why does ARA want to put on a convention? Where will funds come from? A. Group members from the area put a motion on the floor. Not sure where money will come from.

**Berkshire County Area** Written report by Ryan, read by Teri in Ryan's absence, attached

**Green Mountain Area** Pierre was absent, going out of the country. He sent an email attached to say he will be gone through 3/2017.

**Mid-Hudson Area** Written report by Michelle read, attached.

**Mohawk River Area** Report by Robert read. Written report attached.

**Southern Adirondack Miracles OPEN**

**Open Sharing List of Topics** 1) Hope & Glory Retreat fundraiser started at 2pm on day of RSC. The discussion about E&A was approved to be the sharing session.

### **New Business**

#### **Motions as follows:**

**Motion Maker:** Robert H.-MRA

**Second:** Michelle-MHA

**Motion:** To add to the regional policy that it is the responsibility of the RD and RDA to hold four north south east and west workshops/learning days on topics **such as** the IDTs presented at conference each non conference year **working in coordination with areas E&A** committees at a cost not to exceed \$250 each.

**Intent:** To continue to share WSC information throughout the year with areas and groups.

90 day Policy motion to be voted on at the Nov. RSC Meeting **PASSED**

**Motion Maker:** Teri J.

**Second:** Kristin T.

#### **FRIENDLY AMENDMENT**

**Motion:** To increase the daily food allowance budget for the alternate regional delegate from \$55/day to be the same as the per diem rate for state workers in Los Angeles, California at that current time.

**Intent:** To allow the RDA to be able to eat in a healthy manner while at the WSC despite personal financial situation.

90 day Policy motion to be voted on at the Nov. RSC Meeting **FAILED**

**Motion Maker:** Kristin T. (ARA)

**Second:** Robert H. (MRA)

**Motion:** To elect Michelle L as Alt. Regional Delegate.

**Intent:** To elect a dedicated servant to fulfill this position.

**Qualifications:** Makes meetings. Knowledge of 12 steps, 12 Traditions, has sponsor, has homegroup, commitment in homegroup. Has been H&I secretary, H&I Chair, current MHA RCM, Festival programming for 3 years, willingness to serve.

60 day Election motion to be voted on at the Nov. RSC Meeting **PASSED**

**Motion Maker:** Teri J.

**Second:** Robert H.

**Motion:** To supplement the food allowance for the RD from the world allowance of \$55/day to the per diem rate for state workers in Los Angeles, California at that current time, if needed.

**Intent:** To allow the RD to be able to eat in a healthy manner while at the WSC despite personal financial situation.

90 day Policy motion to be voted on at the Jan. RSC Meeting **OUT OF ORDER**

**Motion Maker:** Pat H.

**Second:** Jerome C.

**Motion:** To re-elect Don as Vice Chair for the RSC..

**Intent:** For continuity of forward movement of our region.

**Qualifications:** I have 26 + years clean I belong to a home group and have done all service positions of the group. I have

a working relationship with a sponsor and live the 12+12+12 to the best of my ability. I am the current Vice Chair, I served on the H+I subcommittee for many years I was the A.R A.N.A.- R.C.M. for 18 months, I served on the Conv. committee as vice treasure for two years and merchandising chair for two years, I also have served on many adhoc committees and other subcommittees

60 day Election motion to be voted on at the Dec. RSC Meeting

**Motion Maker:** Pat H.

**Second:** Jerome C.

**Motion:** To re-elect Sal as Chair for the RSC..

**Intent:** For continuity of forward movement of our region.

**Qualifications:** been regional chair position for 16 months now I have a sponsor who has a sponsor who has a sponsor a working knowledge of the 12 12 and 12 and Robert rules of order done group area regional and world service. 25 years, 4 months clean.

60 day Election motion to be voted on at the Dec. RSC Meeting

**Motion Maker:** Marc E.

**Second:** Robert H.

**Motion:** To elect Shawn M. as ABCD Regional H&I Chair

**Intent:** to fill upcoming vacancy from committee.

**Qualifications:** 28 years clean, held previous area and past regional H&I chair. Working knowledge of 12 steps, 12 traditions and 12 concepts. Has an NA sponsor and willingness to serve.

60 day Election motion to be voted on at the Dec. RSC Meeting

**Motion Maker:** Kristin T.

**Second:** Ryan S.

**Motion:** To nominate Brooke K. as Meeting List Coordinator.

**Intent:** To fulfill open position and create a single point of accountability.

**Qualifications:** 17+ years clean, has an NA sponsor and sponsors women in NA. was ARANA chair for one year. Organized, computer proficient, editing experience, experience collaborating with printing companies.

60 day Election motion to be voted on at the Dec. RSC Meeting

**Motion Maker:** Robert H.

**Second:** Pierre AS

**Motion:** To elect Pat H. to the position of Regional Events & Activities Chairperson

**Intent:** To fulfill this position with an experienced, passionate person.

**Qualifications:** Clean date 5/24/94, working knowledge of 12/12/12. Experienced E&A Subcommittee chair on area level, served 2 terms, also continue to participate on committee. Group service at same home group for over 22 years, served all positions on group level, service at other groups as needed, Area positions include secretary in deed, not in title on and off for years when we have had none, current Treasurer, Vice Chair to chair, completed all terms. Regional positions include RCM, RDA, and current Regional secretary. I was elected Fundraising Chair for convention but was removed by the Convention Committee but not because I did not do the position. That was a learning experience as I have never been removed from a position. Have a sponsor, have sponsees. I only attend NA meetings since my early years.

60 day Election motion to be voted on at the Dec. RSC Meeting **SEE Qs FROM ARA REPORT**

### Announcements (Including Treasury Balance)

Operating Balance: ?

Meeting Closed with Serenity Prayer

**DRAFT AGENDA FOR ABCD RSC**  
**Saturday – December 3, 2016 11:00am**  
**1565 Western Avenue**  
**McKownville Church**

1. Bring Meeting to Order @ 11:00 a.m. w/Serenity Prayer
2. Reading of the Service Prayer
3. Reading of the 12 Traditions of N.A.
4. Reading of the 12 Concepts of N.A.
5. Roll Call
6. Reading of Concept of the Month (12<sup>th</sup>)
7. Minutes of Last Meeting
8. Treasurer's Report
9. Alternate Treasurer's Report
10. Representative's Report
  - A) Chairperson
  - B) Vice Chairperson
  - C) Secretary Report
  - D) Regional Delegate
  - E) Regional Delegate Alternate
11. Subcommittee Reports:
  - A) Helpline
  - B) Policy
  - C) Convention Chair
  - D) Convention Treasurer
  - E) Hospitals & Institutions
  - F) Ad-Hoc Committee(s)
  - G) Meeting List Coordinator
  - H) Regional Webservant
12. Area Business:
  - Albany-Rensselaer Area RCM Report
  - Berkshire County Area RCM Report
  - Green Mountain Area RCM Report
  - Mid-Hudson Area RCM Report
  - Mohawk River Area ASR Report
  - Southern Adirondack Mountain Miracle Area RCM Report

13. Sharing Session
14. Old Business/New Business

**Motions as follows:**

**Motion Maker:** Pat H.                                       **Second:** Jerome C.

**Motion:** To re-elect Don as Vice Chair for the RSC..

**Intent:** For continuity of forward movement of our region.

**Qualifications:** I have 26 + years clean I belong to a home group and have done all service positions of the group. I have a working relationship with a sponsor and live the 12+12+12 to the best of my ability. I am the current Vice Chair, I served on the H+I subcommittee for many years I was the A.R.A.N.A.- R.C.M. for 18 months, I served on the Conv. committee as vice treasurer for two years and merchandising chair for two years, I also have served on many adhoc committees and other subcommittees

**60 day Election motion to be voted on at the Dec. RSC Meeting**

**Motion Maker:** Pat H.                                       **Second:** Jerome C.

**Motion:** To re-elect Sal as Chair for the RSC..

**Intent:** For continuity of forward movement of our region.

**Qualifications:** been regional chair position for 16 months now I have a sponsor who has a sponsor who has a sponsor a working knowledge of the 12 12 and 12 and Robert rules of order done group area regional and world service. 25 years, 4 months clean.

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**Motion Maker:** Marc E.

**Second:** Robert H.

**Motion:** To elect Shawn M. as ABCD Regional H&I Chair

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60 day Election motion to be voted on at the Dec. RSC Meeting

**Motion Maker:** Kristin T.

**Second:** Ryan S.

**Motion:** To nominate Brooke K. as Meeting List Coordinator.

**Intent:** To fulfill open position and create a single point of accountability.

**Qualifications:** 17+ years clean, has an NA sponsor and sponsors women in NA. was ARANA chair for one year.

Organized, computer proficient, editing experience, experience collaborating with printing companies.

60 day Election motion to be voted on at the Dec. RSC Meeting

**Motion Maker:** Robert H.

**Second:** Pierre AS

**Motion:** To elect Pat H. to the position of Regional Events & Activities Chairperson

**Intent:** To fulfill this position with an experienced, passionate person.

**Qualifications:** Clean date 5/24/94, working knowledge of 12/12/12. Experienced E&A Subcommittee chair on area level, served 2 terms, also continue to participate on committee. Group service at same home group for over 22 years, served all positions on group level, service at other groups as needed, Area positions include secretary in deed, not in title on and off for years when we have had none, current Treasurer, Vice Chair to chair, completed all terms. Regional positions include RCM, RDA, and current Regional secretary. I was elected Fundraising Chair for convention but was removed by the Convention Committee but not because I did not do the position. That was a learning experience as I have never been removed from a position. Have a sponsor, have sponsees. I only attend NA meetings since my early years.

60 day Election motion to be voted on at the Dec. RSC Meeting

**Motion Maker:** Mary W. (Policy)

**Second:** Mohawk River Area

**Motion:** That all regional bank accounts, which include convention, shall require the regional treasurer to be a signor and in the absence of the treasurer, the regional chair and/or Vice Chair.

**Intent:** To maintain financial accountability and responsibility for regional monies.

90 day Policy motion to be voted on at the Feb. RSC Meeting

**Motion Maker:** Mohawk River Area

**Second:** Michelle, MHA

**Motion:** To re-elect Matt A. as webservant

**Intent:** To continue to fill the position with a very qualified trusted servant.

**Qualifications:** Current webservant. 11 years clean, 12 step, tradition and concept knowledge, homegroup, sponsor

60 day Election motion to be voted on at the Jan. RSC Meeting

**Motion Maker:** Michelle MHA

**Second:** Kristin ARA

**Motion:** E&A Subcommittee will be defined as a committee to coordinate with the 6 areas of the region. All area events & activities members will have input. E&A budget not to exceed \$500 per month.

**Intent:** To not duplicate services but to coordinate.

90 day Policy motion to be voted on at the Feb. RSC Meeting

15. Announcements (Including Treasury Balance).

16. Close the Meeting with the Serenity Prayer

"KEEP COMING BACK"