

SUNDAY	
9:00AM	The Breakfast Club (In person & online) Zoom: https://zoom.us/j/96384286255 PW: NA. Phone 929 205 6099 PW: 440731 36 Carpenter St. Keene, NH, 03431 (BT,O,St,Tr,WEB,HY)
5:00PM	Last Straw Group (In Person Only) 1st Congregational Church, Rm 102 3624 Main St Manchester Village, VT, 05255 (O,BK)
7:00PM	Green Mountain Men (Online Only) Zoom: https://us06web.zoom.us/j/83727286535 PW: NA. Phone 3017158592 PW: 466530 (M,WEB,VM)
7:00PM	Step It Up (InPerson &Online) Zoom Link https://zoom.us/j/92050814073 PW: NA Phone 646 876 9923 Phone Password: 440303Dial In: 62 Pleasant St, Unit 4, Broad St entrance Claremont, NH, 03743 (D,O,RF,W,HY)
MONDAY	
5:45PM	Living Just for Today (Online Only) Zoom Link: https://us06web.zoom.us/j/95476368853 PW: NA Dial In By Phone 929 436 2886 : 03431 (D,JT,O,VM)
7:00PM	Back to Basics Group (In Person Only) 2nd Congregational Church 115 Hillside Ave Bennington, VT, 05201 (D,O,WC,BK)
7:00PM	Monday Night NA (Online & In Person) Zoom Link: https://zoom.us/j/91692711848 PW: NA 120 Broad St (Trinity Episcopal Church) Claremont, NH, 03743 (O,RF,WC,WEB,HY)
TUESDAY	
6:30PM	The Last Straw Group (Online & In Person) join by phone: 929 436 2866 PW: 385106 Join URL: https://zoom.us/j/729220920 PW: NA 3624 Main St (1st Congregational Church (Rm 102)) Manchester Village, VT, 05254 (IP,O,WC,BK,HY)
7:00PM	Last Connection Group (In Person Only) 141 State St Rutland, VT, 05701 (D,O)
7:00PM	New Adventures TLC family resource center Broad St entrance 62 Pleasant St Claremont, NH, 03743 (JT,O,WC)

TUESDAY (CONT)	
7:00PM	Out of the Darkness 7 Morgan St Springfield, VT, 05156 (O,RF,WC)
7:00PM	The Gift Called Life Group (In Person Only) 18 School Street Lebanon, NH (O,WC,BK)
7:30PM	In From The Storm Group (In Person Only) 36 Carpenter St. Keene, NH, 03431 (O,RF,WC)
WEDNESDAY	
7:00PM	All Will Be Well Group (Online & In Person) Join by Phone: 929 436 2866, Meeting ID: 476 126 708 Phone Password: 166281 Join URL: https://zoom.us/j/476126708 PW: NA 62 Pleasant St Claremont,, NH, 03743 (CL,O,HY)
7:00PM	Out of the Woods (Online & In Person) Divided Sky Foundation bldg. https://us06web.zoom.us/j/84203473867 PW: NA 262 Fox Lane Ludlow, VT, 05149 (RF,WC,HY)
THURSDAY	
NOON	There Is Still Hope (In Person Only) Upper Valley Turning Point 200 Olcott Drive Wilder, VT, 05001 (O,RF,SD,WC)
6:00PM	Living Clean Group (In Person Only) Turning Point Club 141 State Street Rutland, VT (D,O,RF)
6:30PM	The Last Straw Group (In Person Only) 3624 Main Street (1st Congregational Church, Rm 102) Manchester Village, VT, 05254 (D,JT,O,WC)
7:00PM	Hope in Claremont (Online & In Person) TLC family resource center Broad Street Entrance https://us06web.zoom.us/j/87907328775 PW: NA 62 Pleasant St Claremont, NH, 03743 (O,RF,WC,HY)
7:00PM	Together We Can Group (Online & In Person)) Zoom: https://us04web.zoom.us/j/9500259596 PW: NA dial by phone: 929-205-6099 10 S Park St Lebanon, NH, 03766 (O,WC,BK,HY)
7:00PM	We Can Group (In Person Only) The Serenity Center 24 Vernon St Keene, NH, 03431 (JT,O,RF,WC)

FRIDAY	
7:00PM	Mixed Nuts (In Person & Online) Join by Phone: 929 436 2866 Meeting ID: 947 774 934 Phone Password: 574132 Join by URL: https://zoom.us/j/947774934 PW: NA 39 Elm Street Brattleboro, VT (O,SD,HY)
7:00PM	Step Into the Light 7 Morgan St Springfield, VT, 05156 (IW,O,WC)
7:15PM	Out of the Fog (In Person Only) Speaker 1st Friday 314 U.S. 4 Enfield, NH (D,O,SD,WC)
SATURDAY	
7:00PM	Saturday Night NA 141 State St Rutland, VT, 05701 (D,O)
7:00PM	You Are Here Group (In Person & Online) Zoom https://us06web.zoom.us/j/83154677886 PW: NA. Phone 929 205 6099 Phone PW: NA Federated Church, 16 Pleasant St Marlborough, NH, 03455 (O,RF,Tr,WC,HY)

Meeting Format Legend			
BT	Basic Text	CL	Candlelight
D	Discussion	IP	Informational Pamphlet
IW	It Works -How and Why	JT	Just for Today
M	Men	O	Open
RF	Rotating Format	SD	Speaker/Discussion
St	Step	Tr	Tradition
W	Women	WC	Wheelchair
BK	Book Study	WEB	Online Meeting
VM	Virtual Meeting	HY	Hybrid Meeting

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Helplines	
Phoneline / Internet Meeting	naphone.org
ABCD Region (abcdrna.org)	315-847-3842
New England Region (newenglandna.org)	1-866-NA HELP U
Granite State Area (gsana.org)	888-624-3578
Champlain Valley Area (cvana.org)	866-580-8718
Berkshire County Area (berkshirena.org)	413-443-4377
Western Mass Area	800-481-6871

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802-265-6414

GMANA, P.O. Box 6414, Brattleboro, VT 05302

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using.

Our message is that an addict, **any addict**, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom