

SUNDAY

9:00AM The Breakfast Club (In person & online)
 Dial by phone: 929 205 6099 Meeting ID: 963 8428 6255 Phone Password: 440731
 Join Zoom Meeting
<https://zoom.us/j/96384286255> Password: NA
 36 Carpenter St.
 Keene, NH, 03431 (BT,O,St,Tr,WEB,HY)

5:00PM Last Straw Group
 1st Congregational Church, Rm 102
 3624 Main St
 Manchester Village, VT, 05255 (O,BK)

7:00PM Green Mountain Men
 Join by zoom meeting 837 2728 6535 Password: NA
 Join URL:
<https://us06web.zoom.us/j/83727286535>
 (M,WEB,VM)

7:00PM Step It Up (InPerson &Online)
 Join By Phone: 646 876 9923 Meeting ID: 920 5081 4073 Phone Password: 440303
 Join URL: <https://zoom.us/j/92050814073>
 Password: NA
 62 Pleasant St, Unit 4, Broad St entrance
 Claremont, NH, NH, 03743 (D,O,RF,W,HY)

MONDAY

5:45PM Monday Night Mechanics (Online Only)
 Dial by Phone: 929 436 2866 Meeting ID: 954 7636 8853
<https://us06web.zoom.us/j/95476368853> PW: NA
 34 Mechanic St
 Keene, NH, 03431 (D,JT,O,VM)

7:00PM Monday Night NA (Online and In Person)
 by phone: 646 876 9923 Meeting ID: 916 9271 1848 PW: 630568
 Join URL: <https://zoom.us/j/91692711848>
 Password: NA
 120 Broad St (Trinity Episcopal Church)
 Claremont, NH, 03743 (O,RF,WC,WEB,HY)

7:00PM That's Life Group. (In Person Only)
 2nd Congregational Church
 115 Hillside Ave
 Bennington, VT, 05201 (D,O,WC,BK)

7:30PM Recovery on the Hill (Online and In Person)
 By Phone 309 205 3325 Meeting ID: 891 8118 2020
 Join URL:
<https://us06web.zoom.us/j/89181182020> PW: NA
 200 Olcott Drive
 Wilder, VT, 05001 (D,O,HY)

TUESDAY

6:30PM The Last Straw Group (Online and In Person)
 join by phone: 929 436 2866 Meeting ID: 729 220 920 Password: 385106
 Join URL: <https://zoom.us/j/729220920> Password: NA
 3624 Main St (1st Congregational Church (Rm 102))
 Manchester Village, VT, 05254 (JT,O,WC)

7:00PM Last Connection Group (In Person Only)
 141 State St
 Rutland, VT, 05701 (D,O)

7:00PM The Gift Called Life Group (In Person Only)
 18 School Street
 Lebanon, NH (O,WC,BK)

7:30PM In From The Storm Group (In Person Only)
 36 Carpenter St.
 Keene, NH, 03431 (O,RF,WC)

WEDNESDAY

7:00PM The Ones Who Survive Group (In Person Only)
 161 Western Ave (Trinity Lutheran Church)
 Brattleboro, VT, 05301 (O,RF,WC)
Speaker 3rd Wed.

7:30PM All Will Be Well Group (Online & In Person)
 Join by Phone: 929 436 2866, Meeting ID: 476 126 708 Phone Password: 166281
 Join URL: <https://zoom.us/j/476126708> Password: NA
 62 Pleasant St
 Clarenont,, NH, 03743 (CL,O)

THURSDAY

NOON There Is Still Hope (In Person Only)
 Upper Valley Turning Point
 200 Olcott Drive
 Wilder, VT, 05001 (O,RF,SD,WC)

1:00PM L.I.F.E.
 U U Center
 108 School St.
 Bennington, VT, 05201 (D,O,WC)

6:00PM Living Clean Group (In Person Only)
 Turning Point Club
 141 State Street
 Rutland, VT (D,O,RF)

THURSDAY (CONT)

6:30PM The Last Straw Group (Online and In Person)
 join by phone: 929 436 2866 Meeting ID: 729 220 920 Password: 385106
 Join URL: <https://zoom.us/j/729220920> Password: NA
 3624 Main Street (1st Congregational Church, Rm 102)
 Manchester Village, VT, 05254 (CL,D,JT,O,WC)

7:00PM Together We Can Group (Online & In Person))
 First Congregational Church
 Join by Zoom:
<https://us04web.zoom.us/j/9500259596> dial by phone: 929-205-6099 Meeting ID: 9500259596
 10 S Park St
 Lebanon, NH, 03766 (O,WC,BK)

7:00PM We Can Group (In Person Only)
 69 Washington St
 Keene, NH, 03431 (JT,O,RF,WC)

FRIDAY

7:00PM Mixed Nuts (In Person & Online)
 Join by Phone: 929 436 2866 Meeting ID: 947 774 934 Phone Password: 574132
 Join by URL: <https://zoom.us/j/947774934>
 Password: NA
 39 Elm Street
 Brattleboro, VT (O,SD)

7:15PM Out of the Fog (In Person Only)
 United Methodist Church
 Speaker 1st Friday
 314 U.S. 4
 Enfield, NH (D,O,SD,WC)

SATURDAY

7:00PM Saturday Night NA
 141 State St
 Rutland, VT, 05701 (D,O)

7:00PM You Are Here Group (In Person & Online)
 join by phone: 929 205 6099 Meeting ID: 831 5467 7886 Password: NA
 join URL <https://us06web.zoom.us/j/83154677886>
 Federated Church, 16 Pleasant St
 Marlborough, NH, 03455 (O,RF,Tr,WC,HY)



Meeting Format Legend

BK	Book Study	BT	Basic Text
CL	Candlelight	D	Discussion
HY	Hybrid Meeting	JT	Just for Today
M	Men	O	Open
RF	Rotating Format	SD	Speaker/Discussion
St	Step	Tr	Tradition
VM	Virtual Meeting	W	Women
WC	Wheelchair	WEB	Online Meeting

PHONE NUMBERS

GREEN MOUNTAIN AREA NARCOTICS ANONYMOUS

WWW.GMANA.ORG

GMANA, P.O. Box 6414, Brattleboro, VT 05302

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using.

Our message is that an addict, **any addict**, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom

Helplines

Phoneline / Internet Meeting	naphone.org
ABCD Region (abcdna.org)	888-399 5519
New England Region (newenglandna.org)	1-866-NA HELP U
Granite State Area (gsana.org)	888-624-3578
Champlain Valley Area (cvana.org)	866-580-8718
Berkshire County Area (berkshirena.org)	413-443-4377
Western Mass Area	800-481-6871