

**ABCD REGIONAL SERVICE COMMITTEE OF N.A.
MINUTES OF OCTOBER 3, 2015 MEETING
WWW.ABCDRNA.ORG**

ABCD REGIONAL SERVICE BODY MEMBERS			
CHAIRPERSON	Sal M. (smarches@nycap.rr.com)	518-701-6668	Jan 2017
VICE CHAIRPERSON	Don M. (mdonald552@aol.com)	518-766-6028	Jan 2017
TREASURER	Phil S. (na12n12n121997@yahoo.com)	518-265-5499	Jan 2016
SECRETARY	Pat H. (abcdr.secretary@gmail.com)	518-878-7021	Jan 2017
REGIONAL DELEGATE	Sandy M. (smccarthy@nycap.rr.com)	518-369-8403	July 2016
REGIONAL DELEGATE ALTERNATE	OPEN (abcdrna.rda@gmail.com)		Open
ALBANY/RENSSELAER AREA RCM	Lisa D. (babyli330@hotmail.com)	518-701-1267	Area
BERKSHIRE COUNTY AREA RCM	Teri J. (GdWtchTeri@aol.com)	413-447-1076	Area
GREEN MOUNTAIN AREA RCM	OPEN		Area
MID-HUDSON AREA RCM	Michelle L. (odaat306@live.com)	845-665-1377	Area
MOHAWK RIVER AREA RCM ALT	Carla S. (carlashields62@gmail.com)	518-308-6204	Area
SAMMA RCM	OPEN		Area
HELPLINE	Adam B. (adamberk07@yahoo.com)	518-881-7133	Jan 2016
HOSPITALS & INSTITUTIONS	Shawn M. (crazyhorsedoug1957@gmail.com)	518-378-0887	Jan 2016
POLICY	Mary W. (maryvw@gmail.com)	845-750-2006	Jan 2016
FELLOWSHIP RESOURCES	OPEN		Open
CONVENTION CHAIR	Lillian S. (lilli5663@gmail.com)		Jan 2016
CONVENTION VICE CHAIR	Bobby C. (rcasbobbyc@aol.com)	845-532-2581	Jan 2016
CONVENTION TREASURER	Lance (ldav1163@gmail.com)		
ALT. CONVENTION TREASURER	OPEN		Open
MEETING LIST COORDINATOR	Jake R. (lazylightning88@gmail.com)		Jan 2016

REGIONAL/AREA SERVICE COMMITTEE MEETINGS			
ABCD Region	First Saturday of each month	11:00 AM TENTATIVE	McKownville Methodist Church 1565 Western Ave, Albany, NY
Albany/Rensselaer Area	Last Thursday of each month	7:00 PM	14th St. & 1st Ave., Watervliet, NY
Berkshire County Area	Third Tuesday of each month	6:30 PM	B.M.C., Private dining rooms, Level G, 275 North St., Pittsfield, MA
Green Mountain Area	Last Sunday of each month	1:15 PM	Springfield Hospital Library, Springfield, VT
Mid-Hudson Area	Last Thursday of each month	7:00 PM	Rotating locations
Mohawk River Area	Last Saturday of each month	1:00PM	970 State St., Schenectady, NY
SAMMA	Second Sunday of each month	3:00PM	37 Saratoga Ave., S. Glens Falls, NY
ABCDRNA CC	Second Wednesday each month	6:00PM	388 Clinton Avenue SEFCU Bldg, Albany, NY

Call to Order

Meeting was called to order at 11:14 with a moment of silence, followed by a reading of the Service Prayer, the Twelve Traditions, and the Twelve Concepts. Read Concept 10. Roll call taken.

Roll Call

POSITION	NAME	PRESENT
Chairperson	Sal	✓
Vice Chairperson	Don	✓
Treasurer	Phil S.	✓
Secretary	OPEN	
Regional Delegate	Sandy M.	✓
Regional Delegate Alt.	OPEN	
ARANA RCM	Lisa D.	✓
BCANA RCM	Teri J.	✓
GMA RCM	OPEN	
MHA RCM	Michelle M.	✓
MRA-RCM	Pat H. - representative	✓
SAMMA RCM	OPEN	
Helpline Chair	Adam B.	
Hospitals & Institutions Chair	Shawn	✓

Policy	Mary W.	✓
Resources Coordinator	OPEN	
Convention Chair	Lillian S.	
Convention Treasurer	Lance D.	
Meeting Lists Coordinator	Jake R.	✓

Visitors: Pierre A., Tex L., Joanne G. Ryan S. (alt RCM-BCA)

Review of Minutes from previous month – accepted

Treasurer's Report Report by Phil read. Received email from Lillian. Storage locker price \$576 per yr or \$48 per mo. Insurance covers facility where convention held. Written report attached

Representative Reports

Chair Person Report Report by Sal read. Appointed six month Adhoc on geographical boundaries, chaired by Phil. Discussed audit of convention committee. Next RSC meeting scheduled to be held at McKownville Church, 1565 Western Ave, Albany, NY at 11:00 am. Written report attached

Vice Chair Report Report by Don read, written report attached.

Secretary's Report Report by Pat read:

Attached please find Adam's Helpline Report for tomorrow's meeting as well as a couple of flyers I received. Please send your reports to the ABCD Region Secretary email account so that they can be properly transmitted with the minutes and archived. It makes it so much easier (for me) when we all use the same group list so as not to duplicate effort or overburden users. The list I have been using includes the ASC Secretaries (those for which I have email addresses), as well as others who wished to stay informed.

To reach me, REGIONALLY, please use "abcdr.secretary@gmail.com", my personal email address will not be used for regional concerns, it helps me to compartmentalize. The RDA email address is now defunct until we get another RDA.

I hope to produce the minutes of October's RSC meeting within 7 days. It would be helpful, though not necessary, to have your reports on hand or electronically, before then. The priority is to produce a document for the ASCs to utilize in compiling of and the dissemination of their respective ASC minutes as soon as possible. I do not intend to type your reports, but to scan them and include them electronically. It is best for me to receive electronic reports for ease of use, but not necessary.

I have been in touch with many of our executive committee members, some of our subcommittee chairs as well as our Region's areas. It was especially nice to be contacted by our Webservant who wishes to enhance our website in ways that I find commendable. I am looking forward to our new leadership and in learning as much as I can from them, as well as the rest of you. If there is something you need from me that will allow you to better serve, (e.g.: pdfs rather than word docs, flyers separated from minutes, etc), please do not hesitate to let me know how I can help.

See you tomorrow. In Gratitude and Service. Pat H. Acting Secretary

Regional Delegate Report Report by Sandy read, written report attached.

Regional Delegate Alternate Report OPEN

Area Business

Albany Rensselaer Area Report by Lisa read, written report attached

Berkshire County Area Report by Teri J., read, written report attached

Green Mountain Area OPEN 3 members of GM Area present without ability to carry ASC conscience.

Mid-Hudson Area Report by Michelle, read, written report attached

Mohawk River Area Report by Pat in Alt's absence, carried conscience until voted in as secretary, which gave us quorum.

Southern Adirondack Miracles OPEN

Subcommittee Reports

Help Line ABSENT Adam sent report via email, report read, written report attached.

Policy Report by Mary read, 10 Policy documents printed at cost of \$102. Tasked with developing a Convention Treasury Report document, see attached. Written report attached.

Convention Chair Report by Lillian sent via email, read by Phil/Lisa, written report attached. Discussion about duties and responsibilities of Convention Chair. Convention balance at end of last month different than beginning balance (\$394.33). Inability to question reports due to 3 missed meetings.

Convention Treasurer Report prepared by Convention Chair's report read by Lisa, see Conv. Chair written report

Hospitals & Institutions Chair Report by Shawn. Position ends 12/31/15. Subcommittee will forward nominee to RSC. Please announce at areas so that the process can be opened up to interested parties. Discussed boundaries of Saratoga County Jail which has not had a meeting. Clarity on whether SAMMA or MRA. MRA reports that there is only one meeting from Saratoga that participates at MRA.

Fellowship Resources Chair OPEN

Meeting List Coordinator Jake read report, written report attached. New meeting lists are available.

Open Sharing List of Topics

AdHoc on geographical boundaries/Discussed Convention, Helpline and H&I Committee's being unavailable for RSC/Day and time for RSC. Since meeting is in Albany next month, we hope that participation increases.

Old Business

Motion Maker: Teri J.

Second: Jake R.

Motion: To elect Sandy Mc for a brief term as RD so we have a voice at the next WSC. Term until July 2016

Intent: The next WSC is in April 2016 we have no current nominee for our delegate, hopefully we will find an alternate so we can train and have attendance at WSC 2016. The short term is to put the position back on a regular conference cycle.

Qualifications: 23 years clean, current RD. Has NA Sponsor and is a sponsor, working knowledge of 12, 12, & 12. Multiple Area position in all subcommittees, as well as treasurer, policy chair, chair, all group level positions.

Motion Maker: Teri J.

Second: Phil S.

Motion: To elect Pat H. as ABCDR secretary

Intent: to fill position.

Qualifications: 5/24/94 clean date, working knowledge of 12, 12, & 12, Experience in ASC, RSC and WSC Service, former RDA, former ASR, current ASC Treasurer, former ASC Chair and Vice Chair, E&A Chair, GSR. Although never elected secretary at any level aside from group, have been tasked with duties at both ASC & RSC. Homegroup service in all positions. Willingness to serve in a much needed position with consistency and commitment.

Motion Maker: Jake R.

Second: Don M.

Motion: To create a Regional Webserver position.

Intent: Better communication to NA Community

Motion Maker: Mary W.

Second: Michelle L.

Motion: To amend the regional policy to read: Quorum is established when ½ of the member areas are present.

Intent: To make the establishment of quorum more attainable so that the region may conduct business.

90 day Policy motion to be voted on at the December RSC Meeting

New Business

Motions as follows: NONE

Announcements (Including Treasury Balance)

NAWS donation \$250.00 See next month's report.

Meeting Closed with Serenity Prayer

AGENDA FOR ABCD RSC
Saturday – November 7, 2015 11:00am
McKownville Church, 1565 Western Avenue
Albany, NY (TENTATIVE)

1. Bring Meeting to Order @ 11:00 a.m. w/Serenity Prayer
2. Reading of the Service Prayer
3. Reading of the 12 Traditions of N.A.
4. Reading of the 12 Concepts of N.A., followed by reading of the Monthly Concept.
5. Roll Call
6. Reading of Concept of the Month
7. Minutes of Last Meeting
8. Treasurer's Report
9. Alternate Treasurer's Report
10. Representative's Report
 - A) Chairperson
 - B) Vice Chairperson
 - C) Secretary Report
 - D) Regional Delegate
 - E) Regional Delegate Alternate
11. Area Business:
 - Albany-Rensselear Area RCM Report
 - Berkshire County Area RCM Report
 - Green Mountain Area RCM Report
 - Mid-Hudson Area RCM Report
 - Mohawk River Area ASR Report
 - Southern Adirondack Mountain Miracle Area RCM Report
12. Subcommittee Reports:
 - A) Helpline
 - B) Policy
 - C) Convention Chair
 - D) Convention Treasurer
 - E) Hospitals & Institutions
 - F) Ad-Hoc Committee(s)
 - G) Fellowship Resources
 - H) Meeting List Coordinator
13. Sharing Session
14. Old Business/New Business

Motions as follows: NONE

Please announce nominations open for a variety of RSC positions

15. Announcements (Including Treasury Balance).
16. Close the Meeting with the Serenity Prayer

"KEEP COMING BACK"

MEETING TIME AND LOCATION WILL BE SENT OUT ONCE CONFIRMED

ABCD Region Treasurer's Report

Oct 3 2015

The opening operating balance last month was \$2538.48 with \$0 in Prudent Reserves \$0 \$404.12 in meeting list funds. Our WSC fund was \$1474.24 Our insurance fund was \$1000.00 for a total fund balance of \$5416.84

Our income of \$753.22 from the sept RSC meeting included:

SAMMA donation: \$0
MRANA donation: \$0
ARANA donation: \$0
MHANA donation: \$33.79
BCA donation: \$219.43
Green Mountain Donation: \$0
Other: donation \$ Never Alone Group
SAMMA meeting list: \$
MRANA meeting list: \$0
ARANA: meeting list: \$400.00
MHANA meeting list: \$0
GMA meeting list: \$0
Berkshire: meeting list: \$0
Other: meeting list \$100.00

Total Income: \$753.22

Our expenses of \$386.95 at the sept RSC meeting included:

Rent for ABCD: \$ RD/ARD expenses: \$0
Alchar Printing: \$0 NAWS donation: \$267.00
Voicentation: \$44.95 Insurance Fund: \$0
Storage locker (annually): \$0
Transfer to WSC Fund: \$75.00
P.O. Box (annually) \$0

Total Expenses: \$386.95

We closed the sept RSC meeting and open today's meeting with an:

Operating balance: \$1026.54
Meeting list fund: \$904.12
WSC fund: \$1549.24 -
Insurance fund: \$1000.00
Prudent Reserve \$1200.00

Total fund balance: \$5679.90

In Loving Service, Phil S

Regional Chain Report

10-3-15

Good morning Everyone who came up here to Springfield VT. once again it's A honor to be your Chain for this Great Region

Once Again Don & I were Busy this LAST month. on Sept 9th we were at the convention Committee meeting. And the Chain said she would not be coming here again Because it in Springfield VT once again she ask if we could move the meeting to thurs night IN ALBANY I did ask for the contract for the Hotel she will not give contract up

ON Sept 12th Don & I went to the MRA area to there workshop on the 11th & 12th tradition I can only say wow And thank you

on Sept 15th Don & I went to the BCA Area meety- at Berkshire medical and I introduced our self to let them no we are here to support them in any way we can

Also Don & I & Phil went to Citizen Bank and put our selfs on the checking account and to Remove some old People that was on account
Thank u Phil

1
On the agenda this month 10-3-15
I would like to discuss

- ① Moving Regional meeting Back to Thursday at 6:30 to McConville
- ② to form a Ad Hoc committee to define our boundaries. I've already asked Phil our treasurer Robert H. from Perth MRA ~~HI PI~~ chair to be a PART of and I'm going to ASK JACK our HI chain to help in this endeavor and ASKING all RCM to help Define these AREA Boundaries and Pass it Along to the committee
- ③ Convention committee missing 3 Regional meeting they are NOT thinking so Regional Policy Also HI & Help line chains
- ④ Should we INCREASE our Donation to WSC
- ⑤ we have a RCM orientation Packet in our old Policy Does it Be long in this new Packet

10-3-15

I would like to thank you
all for being here and much
love to all of u and thank you
all for your dedication and putting
your lives on hold to be a part of
this Body Love you all

In love & life
Alvatne J. Marchese
Regional Chair

You are all beautiful awesome
people and if it wasn't for
all of you this Body would
be broken all of u keep the
hole thing running. Thank you

Vice Chair Report.

Oct.3

On Sept.9th Sal and I attended the Convention Subcommittee, There is still many unanswered questions, regarding the accountability and responsibility of the chair person and treasurer. Hopefully these issues can be resolved.

On Sept.12th Sal and I attended the M.R.A. 11th and 12th traditions workshop it was well attended and the information on the traditions was very spiritual I am looking forward to the work book when it comes out. I also would like to thank all the trusted servants who did all the work involved in putting this event together.

On Sept.15th Sal and I attended the B.C.A. meeting and introduced ourselves and let them know if there is anything the region can do please let us know.

also Sal myself and Phil went to the bank and filled out the necessary paper work to keep us current and remove the former trusted servants.

I.L.S.

Don M.

Regional Delegate Report 10-5-15

This month I have kept abreast of the discussions on the participant discussion board. This month almost all discussion has centered around the use of social media and technology in service. A motion was made in the CT Region that banned all trusted servants from using any social media in delivering service. This sparked a great deal of discussion about what is social media exactly, is the participant discussion board social media, what are the benefits of using social media, is a web meeting social media and on and on. For us, our zone has a Facebook page for PR and H&I that many find quite helpful. Additionally, the information and discussions on the participant discussion board do help me relay information to the region from around the world.

Also, I did have a chance to read through The Annual Report just received yesterday for the 2013-2014 fiscal year, highlights that I feel are relevant to us will be reviewed but I have brought the report for your review in its entirety and, as I mentioned last month, it is available for anyone to view online. As far as the highlights as I see them, the board is moving forward with a service structure based on State/Nation/Province which, of course, would have a major impact on ABCD. Additionally, 4 virtual Workgroups have been formulated which include WSC Decision Making. This group is probably trying to figure out a way to use CDBM more effectively while still affording a voice to the groups, no easy task. The Planning Our Future web group is looking at what the function of the WSC is and how better to communicate from world to the groups. The WSC Seating Group is examining how we should make those decisions and whether we should move to zonal seating and how the zones should be configured. The last group is Delegate Sharing which is coming up with better ways for the delegates to communicate before the conference.

Also, in the Annual Report the IDT's that have been put out by world are discussed and a little information about the information collected is relayed. The IDT's currently are: Collaboration, Group Conscience, Supporting Our Vision, and The Third Tradition. The Collaboration IDT is about collaborating across area or regional lines for service delivery. We do this quite a bit in ABCD already, particularly in Regional H&I which often crosses into other regions, especially in NYS. The Third Tradition IDT is about members using DRT or other meds, persistent relapsers, and diverse demographics. The Group Conscience IDT had the most information about feedback received. As could be predicted there is a lot of diversity about how much groups want to be involved and how much is delegated to trusted servants. We have that diversity here in ABCD so it is no surprise that diversity is mimicked worldwide.

There is also an expansive section on Fellowship Development and the many travels and undertakings of WB and NAWS. Financially, there was excess revenue (or profit) in that fiscal year of \$438,556. There is \$3,097,970 as of the end of that fiscal year in bank accounts, savings accounts and investments. Last, at the end of the report, you will see a list of donations by region. It is interesting to note that most regions making very large donations are making those donations through fundraising efforts, specifically, through conventions.

The Zonal Forum is October 23, 24 and 25 in Queens. I will be in attendance.

Please mention to any members who seem interested in World Services that we are in need of an alternate RD to learn the position and take over for the next conference cycle.

ILS,
Sandy Mc

9/25/2015

Greetings,

The ARANA ASC met on Thursday, September 24th @ 7pm at (1336 1st Avenue in Watervliet).

PR will be hosting their 5th annual Harvest Gathering Day on Saturday October 24th from 10am-3pm. The event will be held at 49 Killean Park in Albany NY. There will be refreshments, skits and speakers. A representative from the subcommittee has reached out to request that the regional treasurer provide an insurance waiver for the event which is to be mailed to the church. This individual was also provided with the regional treasurer's phone number for future needs like this. PR is always looking for support and they are in need of trusted servants to carry out the many tasks required for a functioning subcommittee able to effectively let others know who we are as a fellowship and where we can be found. PR meets the 2nd Thursday of each month at 6:00pm at 1401 1st Avenue in Watervliet.

H&I continues to struggle with filling the Rensselaer County Jail commitment for women. There is limited to no availability for the female panel leaders already serving on H&I and no new women have stepped up. This continues to be a problem for this facility and the female inmates have gone up to 9 months without a meeting in the past. The facility also has a new policy for mandatory orientation of all of its volunteers. Many male and female speakers on the already approved lists have not attended this new orientation despite receiving notification in the mail from the facility and encouragement from committee members. Any male or female speakers on approved lists for this facility that do not attend the orientation by December 2015 will be removed as approved speakers and denied ability to volunteer at the facility. Otherwise, the subcommittee continues to fill most of its commitments where and when there are shortages. H&I needs a website coordinator & panel coordinator for their open positions. They currently meet the 3rd Monday of each month at 1336 1st Avenue in Watervliet @ 6:30pm.

E&A will be hosting a "Turkey Day" Marathon Meeting & Dinner on Thursday, November 26th from 11am-11pm at 20 Ten Eyck Avenue in Albany. There will be refreshments and meetings throughout the course of the event. Each meeting will be 1 hour long and the subcommittee has requested volunteers from groups to help chair the meetings in addition to providing food donations. Thanksgiving Dinner will be served at 3pm and all are welcome to attend this event. No addict will be turned away. E&A currently meets the 3rd Thursday of each month at 20 Warren Street in Albany from 4:30pm-6pm.

The ARANA continues to be in need of regional meeting lists for distribution. This is the second month in a row that the literature chair has been unable to distribute meeting lists to groups or subcommittees. There is a back order of about 1,600 meeting lists for groups and subcommittees combined. Many concerns were expressed on the area floor about this, and what the solution is. With 1,600 on back order for our area alone, the question is being asked how ARANA will receive enough lists to meet back orders and still fill orders for the groups who will order at the upcoming area meeting? Members were encouraged to attend the RSC meeting to express their concerns and ask questions.

Concern was raised on the area floor about the Promise of Freedom Camp-out (POFC) website being in the name of an individual NA member who paid up front for it several years ago. The POFC Treasurer

was asked to provide documentation of the website account or statements showing whose name the account is in and how it is being paid for. There was discussion of potential 7th Tradition violations by allowing an individual member to pay for or own the website. Concern was expressed that if this member has paid out of pocket, they should be reimbursed and the website should be placed into the name of "ARANA" for ownership.

The topic of audits for the Area Service Committee and the Promise of Freedom Camp-out came up. These service bodies have not had audits in several years and the names have not been changed on specific accounts for things like the ARANA post office box, ARANA ASC treasurer bank account, and POFC website ownership. ARANA would benefit from suggestions and feedback from the ABCD Regional Body on how we can better handle these matters moving forward.

It is an honor and privilege to be serving our fellowship on the Regional level. I am looking forward to this opportunity to expand my knowledge and experience with NA service. I will do my very best to be sure that the line of communication remains consistent, clear and effective between the ABCD Region and the ARANA.

In Loving Service,
Lisa D

ARANA
Public Relations
Subcommittee

**5th Annual
Harvest Gathering Day**

Saturday Oct 24th, 2015 - 10:00 am to 3:00pm

49 Killean Park, Albany, NY

Join us for learning, apple cider, coffee and donuts... skits, speakers, and unexpected information about this lifesaving fellowship and program - a day to gather and harvest the fruits of our efforts to build a fellowship that can grow and continue to attract the new members who need us and have yet to find us.

All Narcotics Anonymous members unknowingly have a part in PR. The public gets their first impression of NA from us, the members. Things in NA don't just happen by magic, it's members like you that help carry the message.

WE CAN ONLY KEEP WHAT WE HAVE BY GIVING IT AWAY...

The full fruit of a labor of love lives in the harvest, and that always comes in its right season...

Basic Text p. xi





Turkey Day

ARANA Events and Activities Committee
Marathon Meeting and Dinner
Free Event!!!

11 AM to 11 PM
20 Ten Eyck Ave
(Third Reformed Church)

Meeting Times:

12 noon; 1:30 PM; 4:30PM
6 PM; 7:30 PM; 9 PM

Snacks 11 AM - 2:30 PM
Dinner served at 3 PM
Until food runs out

Contact: Danielle 518-410-4369
Ginger 518-418-9357 Jimmy 347-452-3046



ARANA E&A Thanksgiving Marathon Meeting

Meeting Time Sign Up Sheet

* Each meeting will be one hour long. Readings will be provided.

* No 7th Tradition basket is to be passed.

* Groups may select their own topic

12noon-1pm _____

1:30-2:30pm _____

3pm Thanksgiving Dinner Served

4:30-5:30 pm _____

6-7pm _____

7:30-8:30pm _____ **TOGETHER ON TUESDAYS** _____

9-10pm _____ **NEVER ALONE GROUP** _____

* committee mtgs 3rd thurs monthly at **20 Warren St , Albany 4:30 - 6pm**

* **WE ARE IN NEED OF FOOD DONATIONS!** Please consider donating a cooked ham or turkey as a group donation as hot food will be out from 3pm until the last meeting is done.

* PLEASE CONTACT US FOR MTG SIGN-UP OR DONATIONS

E&A CHAIR...**DANIELLE A-T...(518)410-4369** (may text anytime or call before 2:30)

E&A TREASURER...**GINGER...(518)418-9357**(may text anytime or call after 5pm)

E&A MEMBER...**JIMMY M...(347)52-3046** (may text anytime or call after 5pm)

Thanksgiving Food Donations

Suggestions :

Roasted Ham or Turkey

Meatloaf

Stuffing

Baked Ziti

Veggie Platter

Macaroni and Cheese

Tossed Salad

Mashed Potatoes and Gravy

Apple or Pumpkin Pie

Sweet Potato Casserole

Cranberry Sauce

Green Bean Casserole

**Snack foods (chips and dips/ tortilla
and salsa/ cookies)**

Events and Activities: Danielle (518)410-4369 *I or a committee member will you you to remind you of your donation the week of the event so please give me a contact number.*

Mid-Hudson Area Regional Report

The Mid-Hudson Area met on September 24th @ 7:00 PM. Quorum was met and business was conducted.

Mid-Hudson Area Donation for October RSM is along w/ the No Matter What Group's Donation of six dollars and twenty five cents.

All Sub Committees are running well and/or in the solution:

H and I: our H and I correctional coordinator has been ill; which has hindered her from attending the subcommittee meeting, serving in general, and training the co correctional coordinator. The Mid-Hudson area has reached out to Shawn M, Regional H and I chair to coordinate Mid-Hudson Area correctional efforts until such time as Barbara Marie, acting correctional coordinator in training can be effectively groomed into the position. Shawn expressed willingness to connect w/ Barbara Marie for training in working with DOCCS, working w/ SVS's, the application process, and understanding protocol and procedures relative to orientations.

Helpline: now has PSA's on the radio with the Mid-Hudson Area NA Helpline number.

E and A: is working on two events:

Working with the We Do Recovery Group on the 21st annual Thanksgiving Dinner and Dance on 11/21 w/ five dollar suggested donation.

MHANA Halloween Dance at the Arlington Reform Church on Raymond Avenue in Poughkeepsie from 7 to 11 on 10/30; which also has a five dollar suggested donation.

Mid-Hudson Area One Day Convention:

Fund Raiser Speaker Jam on 10/17 from 2 to 8 @ St. John's Episcopal Church on Albany Avenue in Kingston NY. Food and Beverages will be sold.

Outreach: Although at the time original report was given on regional floor discussion continued on a "how to make service attractive" Learning Day, however, Laura, the outreach chair has since stepped down from area level service.

PI: continues to work on moving into duchess county w/ NA PI efforts, as well as, continues to work with CAPE, Local legislation, high schools, and Ulster County Department of Probation and Parole.

Mid-Hudson RCM: will be hosting seasonal IDT's workshops starting in Dec.

In loving service,

Michelle L

For The Love



of Service

Mid- Hudson Area
One Day Convention

Fund Raising Committee is at it again!



A SPEAKER'S JAM!!!!

Where??

St. John's Episcopal Church

Albany Avenue, Kingston NY

When??

October 17, 2015 2pm-8pm

What??

Guest Speakers

**Food
And Beverages
SOLD!**

For Information Contact Kelly B. 845-902-0506

HALLOWEEN DANCE

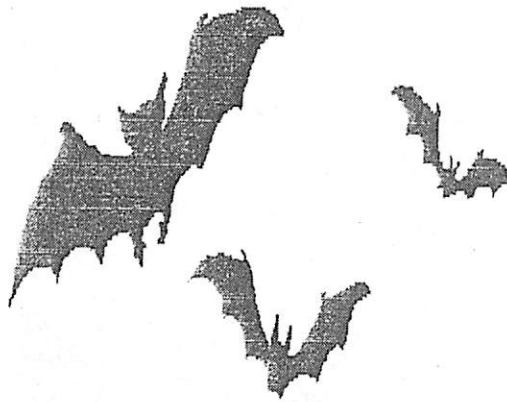
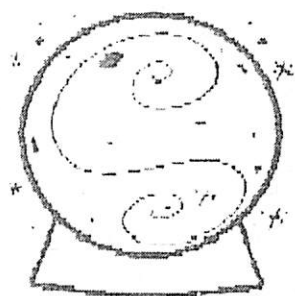
MIHANA



COSTUME CONTEST
Adult + Children

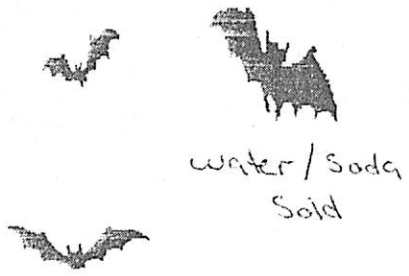
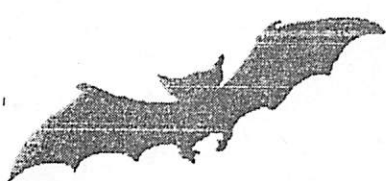
E+A

Raffle to benefit the Mid-Hudson Area NA Convention Committee



Crystal Ball Readings
(Entertainment Only)

Bring The Kids!
(under 12 Free)

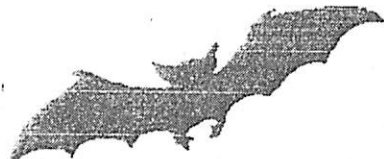


Water / Soda
Sold

Feed

Fun

Fellowship



October 30th
7 - 11pm

Location-To Be Determined

Contact:
Deanna -
Tammy - 845-566-2055

\$5 Suggested Donation



21st Annual

Thanksgiving Dinner & Dance!



Brought to you by the We Do Recover Group
& the Mid Hudson Area E&A Committee
Of Narcotics Anonymous



Saturday, November 21st

Doors: 4pm / Meeting: 5pm / Dinner & Dancing to follow

First Presbyterian Church, Route 44 & West Road, Pleasant Valley, NY

Suggested Donation: \$5

Free admission if you bring a covered dish to pass.

Food, Fun, Fellowship, Dancing, Clean Time Countdown!



ABCD Regional Helpline

September 2015 Report

Once again I must apologize for my inability to be present at the Regional monthly meeting, due to work scheduling. The Helpline was extremely quiet this month with just a few non-descript calls. We are very happy to report that the Regional Helpline has been brought completely up-to-date. The pre-recorded meeting schedule is revised up to, and including, all the changes that took place in the newest printing. The other exciting news is that we now have the ability to update at any point. We do not have to wait for meeting lists to be printed. If anyone knows of (confirmed) meeting changes (new meetings, closed meetings, time changes, or location changes) they can email me at adamberk07@yahoo.com.

In Loving Service

-Adam B.

Report to Region
October 3, 2015

Greetings to the Region:

I have made twenty (20) copies of the Policy as approved at the last RSC meeting at a cost of \$107.52; the receipt has been given to Phil for reimbursement. Please note that Appendix C commencing on page 16 is the Convention Policy from the 2008 approved Policy. My next project will be to condense this section, working with the Convention Committee, to make this more manageable.

I ask that you all discard, recycle, archive or how ever you choose to dispose of all previous copies of policies from the past, We will only be operating from the 2015 revised edition until such time as a new revision is approved.

Next I would like to draw your attention to Appendix A, commencing on page 10: Trusted Servant Requirements & Responsibilities. You will note that there are certain requirements that apply to all positions along with some suggested clean time requirements. You will also note that Article VII Subcommittee Chairpersons contains certain guidelines for all standing subcommittees. Additionally, each subcommittee that we are currently utilizing has been defined. Please note that the motion currently on the floor to create a Regional Webservant position is moot as with the adoption of this Policy the position has been created.

Also, now that we have a Policy, all policy motions should include the Article and/or section number to be amended. Therefore the motion currently on the floor concerning Quorum shall read: Motion to amend Article III, Section A, Quorum to read Quorum is established when $\frac{1}{2}$ of the member areas are present.

Finally, last month I was charged with creating a form for the Convention Treasurer to follow in providing financial reports to the Region. I have done so and submit for your approval.

Thank you for letting me serve,
Mary W.

CONVENTION TREASURER'S REPORT

<u>DATE</u>	<u>DESCRIPTION</u>	<u>REVENUE</u>	<u>EXPENSE</u>	<u>BALANCE</u>
09/15/2014	Seed Money			\$8,000.00
xx/xx/xxxx	Hotel Deposit ck# xxx		5,000.00	3,000.00
	Registration			
	Printing ck# xxx		150.00	2,850.00
	12 @ 15.00	180.00		3,030.00
	Fund Raising			
xx/xx/xxxx	Speaker Jam			
	facility ck# xxx		100.00	
	food ck# xxx		100.00	
	beverage ck# xxx		50.00	2,780.00
	door	200.00		
	raffle	180.00		3,160.00
xx/xx/xxxx	Boat Ride			
	facility ck# xxx		500.00	2,660.00
	ticket sales 80 @ 30.00	2,400.00		4,800.00
	Merchandising			
xx/xx/xxxx	T-shirt printing ck# xxx		750.00	4,050.00
	sales 10 @12.00	120.00		4,170.00

ABCDRNA Convention Committee Report

October, 2015

Fundraising held two events in September, a speaker jam in Kingston on September 5th and a speaker jam in Albany on September 26th. Both were well attended and successful. Carrying off two events in one month was easier as the committee basically supplied the provisions for the Kingston event and the MidHudson area found the location and did all of the work themselves allowing the fundraising committee to focus their efforts on the Albany event. Merchandise is doing well; they have been present at each event. They currently have new items for sale with the plan to purchase fall/winter items once in the near future. We have been working closely with Matt (Webmaster) to populate and test the website and things are going very well with that endeavor. Both hotel and convention registration are on the page and we are moving to add the cost of events as well. We also have an ABCDRNA Convention Committee Facebook page which posts upcoming events and information regarding the convention. We have outlined the events for the convention which include: a jazz brunch, comedy show, banquet and a concert. We are working diligently to maintain cost and, at the same time, provide quality entertainment. Now that the event pricing and hotel registration information are confirmed we can move toward completing the convention registration brochure and getting that mass produced and out there.

We are still early in the process so fundraising continues to be our focus. We have several upcoming events in the works including a Halloween party on October 31st, a Speaker Jam in Albany on November 12 and a New Year's Eve Gala at the WAMC Linda Theater on New Year's Eve. Upcoming events include a Karaoke night and a Spades/Bid Wisk tournament. We are in discussions with SAMMA to work together to hold an event in Saratoga on December 5th. We are looking for contacts for Green Mountain and Berkshire to assist with events in those areas as well. Our goal is still to have, at least, one fundraising event in each of the areas within the region.

The committee continues to work together developing new ideas to spread the word and generate momentum toward the convention. I reiterate it would be helpful if Region could assist, in some way, to pass the proposed policy as the convention draws near the level of accountability expressed in that document would be invaluable.

Treasurer's Report

Beginning Balance	\$3,440.90
Expenses	\$2,226.18
Deposits	\$2,362.61
Ending Balance	\$3,581.33

ILS

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10-3-2015

Greetings to the Region: The ABCD Regional H&I Subcommittee held our monthly Regional conference call on Thursday night October 2nd at 9 PM 5 areas were represented in the call with Mid-Hudson Area being the only absent I'm glad to report overall as reported by the Area Chair's that services being provided on a local level are going generally well, most commitments are being filled and some new ones have been taken on, some of the ongoing problems that most areas face seem to be universal in our service structure as a whole but through their continued efforts through learning days they have still been able to attract people to H&I service. The one thing most areas seem to have in common is having trouble with is getting women involved in the correctional setting but we all remain hopeful that there will eventually be a solution to this problem, there have been a few new elections locally I'm glad to report that Mike M has been elected as the new Albany Rensselaer Area H&I chair and that there subcommittee has elected Zack C as their new vice- chair Mike reported that their subcommittee is currently providing services to 16 weekly commitments 2 of which are NYS CF they have a few open executive body commitment but hopefully will be filled in the coming months, there planning to have a learning day sometime near the end of November location and date will become available next month. Teri J has recently been elected as the new H&I chair of the Berkshire area and Ryan S was elected by their subcommittee as their new vice-chair they are currently providing services in 10 facilities on a weekly basis and also continuing to provide services to a woman's CF in Ludlow Mass which is actually not in their area. Joann G the Green Mountain area H&I Chair reported that her 1st year term is completed and she has been nominated again and hopefully will be elected at their October Area service meeting, Joanne also reported that they are currently providing 2 weekly commitments and soon to be covering a women's local CF She also reported that they held their annual H&I learning day in conjunction with their areas annual camp out on August 20th she said it was well attended and that there subcommittee introduced their new PowerPoint presentation and it looks as though it will be a great learning tool to be used in conjunction with there subcommittee efforts in orientating new members. Greg P the Mohawk Area vice-chair reported their current chair has resigned and that they are currently looking to fill several other positions on their executive body level, Greg reported that they are providing services to 6 weekly commitment. Tracy B the SAMMA H&I chair reported that his subcommittee is still trying to function with a small number of members participating, and that they are currently providing services in 3 facilities and that 1 of their CF is being covered by the Regional service body he remains hopeful that his committee will continue to grow and be able to provide more services locally however he did mention because of the large geographical size of his area it is difficult to get people involved in service not only in his subcommittee but in his Area Service body as well! One side note he did report his area has just elected a new RCM and was hopeful that there would be better communication between his area and the region. Also discussed was the upcoming open position on the regional sub-committee level, my commitment as Regional chair will end on 12-31-15 we had put the question to the members who were present and had asked if anyone was interested in becoming the next regional chair although no one was able to make the commitment and Jim P was not present in our call I had spoken with him previous to our meeting that night and Jim had said if nominated he would be honored to be the next regional chair and then Mike M from the Albany area said that he would except the vice-chair position if nominated, we will be putting Jim P nomination on the floor at the November RSC meeting also on the regional level I received a phone call from Merle from the ECCNA this past month to confirm the contact information as well as mailing address where the proceeds from the convention that was held in New Jersey this year can be sent, although they haven't finished their final financials she believes that each region on the East Coast will probably receive three cases of basic text as they have in the past several years I should hopefully be able to report more on this at our November meeting, we are also still working closely with the GNYR H&I subcommittee in mobile revolving panel in coordinating efforts at both Bedford Hills and Taconic Correctional Facility for women there has been more new volunteer cleared and we are hopeful there are several others that will be cleared shortly for those of you that do not know Michelle L from the Mid-Hudson Area coordinates the efforts on behalf of our region in fulfilling our regional commitments in both of those facilities thank you all again for allowing me to be of service Shawn M ABCD Regional. H&I Chair

10/2015 RMLC REPORT

I am very happy to announce that the new meeting list has been printed for September 2015. The cost for each list is back to .25cents per and I will have them in bundles of 50 for \$12.50. I have sold 50 and have 2950 left for sale. I understand there is a large number back ordered which I am hoping to fill asap. I have been working directly with the web servant and helpline chair to make sure both are updated with the correct information . In loving service -Jake R.