

**ABCD REGIONAL SERVICE COMMITTEE OF N.A.
MINUTES OF NOVEMBER 7, 2015 MEETING
WWW.ABCDRNA.ORG**

ABCD REGIONAL SERVICE BODY MEMBERS			
CHAIRPERSON	Sal M. (smarches@nycap.rr.com)	518-701-6668	Jan 2017
VICE CHAIRPERSON	Don M. (mdonald552@aol.com)	518-766-6028	Jan 2017
TREASURER	Phil S. (na12n12n121997@yahoo.com)	518-265-5499	Jan 2016
SECRETARY	Pat H. (abcdr.secretary@gmail.com)	518-878-7021	Jan 2017
REGIONAL DELEGATE	Sandy M. (smccarthy@nycap.rr.com)	518-369-8403	July 2016
REGIONAL DELEGATE ALTERNATE	OPEN (abcdrna.rda@gmail.com)		Open
ALBANY/RENSSELAER AREA RCM	Lisa D. (babylis330@hotmail.com)	518-701-1267	Area
BERKSHIRE COUNTY AREA RCM	Teri J. (GdWtchTeri@aol.com)	413-447-1076	Area
GREEN MOUNTAIN AREA RCM	OPEN		Area
MID-HUDSON AREA RCM	Michelle L. (odaat306@live.com)	845-665-1377	Area
MOHAWK RIVER AREA RCM ALT	Carla S. (carlashields62@gmail.com)	518-308-6204	Area
SAMMA RCM	OPEN		Area
HELPLINE	Adam B. (adamberk07@yahoo.com)	518-881-7133	Jan 2016
HOSPITALS & INSTITUTIONS	Shawn M. (crazyhorsedoug1957@gmail.com)	518-378-0887	Jan 2016
POLICY	Mary W. (maryvw@gmail.com)	845-750-2006	Jan 2016
FELLOWSHIP RESOURCES	OPEN		Open
CONVENTION CHAIR	Lillian S. (lilli5663@gmail.com)		Jan 2017
CONVENTION VICE CHAIR	Bobby C. (rcasbobbyc@aol.com)	845-532-2581	Jan 2017
CONVENTION TREASURER	OPEN		Open
ALT. CONVENTION TREASURER	OPEN		Open
MEETING LIST COORDINATOR	Jake R. (lazylightning88@gmail.com)		Jan 2016

REGIONAL/AREA SERVICE COMMITTEE MEETINGS			
ABCD Region	First Saturday of each month	11:00 AM	McKownville Methodist Church 1565 Western Ave, Albany, NY
Albany/Rensselaer Area	Last Thursday of each month	7:00 PM	14th St. & 1st Ave., Watervliet, NY
Berkshire County Area	Third Tuesday of each month	6:30 PM	B.M.C., Private dining rooms, Level G, 275 North St., Pittsfield, MA
Green Mountain Area	Last Sunday of each month	1:15 PM	Springfield Hospital Library, Springfield, VT
Mid-Hudson Area	Last Thursday of each month	7:00 PM	Rotating locations
Mohawk River Area	Last Saturday of each month	1:00PM	970 State St., Schenectady, NY
SAMMA	Second Sunday of each month	3:00PM	37 Saratoga Ave., S. Glens Falls, NY
ABCDRNA CC	Second Wednesday each month	6:00PM	388 Clinton Avenue SEFCU Bldg, Albany, NY

Call to Order

Meeting was called to order at 11:05 with a moment of silence, followed by a reading of the Service Prayer, the Twelve Traditions, and the Twelve Concepts. Read Concept 11. Roll call taken.

Roll Call

POSITION	NAME	PRESENT
Chairperson	Sal	✓
Vice Chairperson	Don	✓
Treasurer	Phil S.	✓
Secretary	Pat H.	✓
Regional Delegate	Sandy M.	✓
Regional Delegate Alt.	OPEN	
ARANA RCM	Lisa D.	✓
BCANA RCM	Teri J.	✓
GMA RCM	OPEN	
MHA RCM	Marc E. -representative	✓
MRA-RCM	Robert H. - representative	✓
SAMMA RCM	OPEN	
Helpline Chair	Adam B.	
Hospitals & Institutions Chair	Shawn	

Policy	Mary W.	✓
Resources Coordinator	OPEN	
Convention Chair	Lillian S.	✓
Convention Treasurer	OPEN	
Meeting Lists Coordinator	Jake R.	

Visitors: Pierre A., Bobby (1) , Denise, Mike, Mikel, Lura, Bobby (2) Ryan S. (alt RCM-BCA), Stephanie, Darcel,

Review of Minutes from previous month – accepted with issues 1) to include content of sharing session, 2) Treasurer report should indicate that \$100 came from AI, 3) ARA needs new receipt.

Representative Reports

Chair Person Report Report by Sal read. Written report attached. Numerous questions and comments on appointed adhoc for audit of Treasury (Convention and RSC). Convention Treasury is turned over at end of convention. Never has been an audit at 6 months. Alleged accusation of convention committee stealing. If funds mismanaged audit would correct that. New treasurer being elected. Lance is no longer treasurer.

Vice Chair Report Report by Don read, written report attached. Don read the letter to convention committee. Convention chair addressed her reasons for not showing up which included moving RSC around, conflict with events, etc. The areas decided to move the RSC around.

Regional Delegate Report Report by Sandy read (waiting to receive it).

Regional Delegate Alternate Report OPEN

Treasurer's Report Report by Phil read. Written report attached. Question from ARA re: receipt needs correcting. Storage unit paid for the year, not month to month.

Secretary's Report Report by Pat read:

Chair changed order of the day at the request of Convention Chair who had to leave early

Convention Chair Convention chair read a letter from a convention subcommittee chair and attached it to her report. Report by Lillian read. Written report attached.

Convention Treasurer Report prepared by Convention Chair in absence of a Treasurer.

Area Business

Albany Rensselaer Area Report by Lisa read, written report attached

Berkshire County Area Report by Teri J., read, written report attached

Green Mountain Area OPEN

Mid-Hudson Area Report by Michelle, read by Pat, written report attached

Mohawk River Area Report by Robert H. in Alt's absence, written report attached.

Southern Adirondack Miracles OPEN

Subcommittee Reports

Help Line ABSENT Adam sent report via email, report read by Pat, written report attached.

Hospitals & Institutions Chair ABSENT Oral report by Jim P. No call this month. Shawn has cc'd Jim on every email sent out. Shawn will provide all contact info to Jim. Call is last Wednesday of each month.

Geographical Boundaries Ad Hoc Report by Robert read. Written report attached.

Policy Oral report by Mary. Made additional copies of 2015 policy. 24 pages of Convention Policy in 2015 packet, wanted to wait to see outcome of today's meeting before attempting to make edits to that part of the policy. Comment that the

policy is now on the Region's website for all to access.

Fellowship Resources Chair OPEN

Meeting List Coordinator ABSENT sent report via email, read by Pat, written report attached. Discussion on ARA meeting list issues. Approved to print new meeting lists now, the expense not in fund will be covered by RSC operating fund.

Open Sharing List of Topics

Convention Committee Audit discussed how and if to go about it, Regional Treasurer to attend Convention committee with Chair to look over books. Rotating travel for ABCD RSC approved for one year, discussed and how the conference call would work, ARA Meeting Lists issues including ARA H&I meeting lists as well as how ARA meeting lists are combined with Literature Order caused paying for lists without getting them and handing out lists that were already spoken for. These issues took up time for sharing session.

Old Business

Motion Maker: Mary W.

Second: Michelle L.

Motion: To amend the regional policy to read: Quorum is established when ½ of the member areas are present.

Intent: To make the establishment of quorum more attainable so that the region may conduct business.

90 day Policy motion to be voted on at the December RSC Meeting

New Business

Motions as follows:

Motion Maker: Phil S.

Second: Teri J.

Motion: To nominate Mary W. for Policy Chair

Intent: To continue to have a policy chair.

Qualifications: current policy chair, past regional vice chair and chair, past fellowship resource coordinator, serve on area level as treasurer, chair, festival treasurer, outreach chair, PI chair, group service, greeter at my homegroup, past treasurer, chair, GSR. Clean date 9-25-86 have sponsor, sponsor others, live the 12, 12&12.

60 day Election motion to be voted on at the Jan RSC Meeting

Motion Maker: Teri J.

Second: Lisa D.

Motion: To nominate Phil S. for another term as Treasurer

Intent: To have a trusted servant in the treasurer position.

Qualifications: 18 ½ years clean have been region treasurer for 1 ½ years, been outreach chair for region and been at the region for 17 years, group chair and treasurer and willing to serve the region again.

60 day Election motion to be voted on at the Jan RSC Meeting

Motion Maker: Lisa D.

Second: Teri J.

Motion: To nominate Jim P. ABCD Regional H&I Chairperson

Intent: To continue to work together with the areas in the region to carry the message behind the walls and to treatment facilities sharing our resources and experience in unity.

Qualifications: current ABCD H&I Vice Chair, former ARANA H&I Chair, panel coordinator, docs prison liaison, secretary and panel leader, all group level service positions, has sponsor, sponsees and works steps, working knowledge of traditions and concepts. Clean time 11 years 8 months.

60 day Election motion to be voted on at the Jan RSC Meeting

Motion Maker: Lisa D.

Second: Don M.

Motion: To nominate Teri J. as RDA

Intent: To fill open position

Qualifications: I have 25 year plus clean. I have done service in one form or another almost since I came in the door. I have an NA sponsor, I work the NA steps, have a reasonable working knowledge of the Traditions. I am working on increasing my knowledge of the 12 Concepts at this time. I have a willingness to service at this new (to me level) and believe Sandy has a lot to teach me.

60 day Election motion to be voted on at the Jan RSC Meeting

Motion Maker: Lisa D.

Second: Mary W.

Motion: Amendment to Regional Policy. Section VII Subcommittees; subsection H. No transactions for sale of regional meeting lists to be conducted outside of regional committee meeting.

Intent: No financial transactions are conducted by meeting list coordinator for purchase or sale of regional meeting lists

before they make it to the regional service body.

90 day Policy motion to be voted on at the Feb RSC Meeting

Motion Maker: Don M.

Second: Lil S.

Motion: To allow the word "attendance" at the RSC to include attendance by conference call for RCM and other elected trusted servants required to attend region provided the trusted servant provide a written report and attend personally on a quarterly basis (once every 3 months).

Intent: To allow members of the RSC to participate even if, for whatever reason, they cannot personally attend. However, virtual attendance can never fully replace the benefit of face to face communication and all trusted servants are strongly encouraged to attend personally. Region Conference Call # 712-432-1500 Access code: 1088155

90 day Policy motion to be voted on at the Feb RSC Meeting

AD HOC FOR AUDIT DISBANDED BY CHAIR

Announcements (Including Treasury Balance)

Balance \$7115.95 Operating Balance \$2,458.14

Meeting Closed with Serenity Prayer

DRAFT AGENDA FOR ABCD RSC
Saturday – December 5, 2015 11:00am
McKownville Church, 1565 Western Avenue
Albany, NY

DRAFT AGENDA SUBJECT TO CHANGE AT DISCRETION OF CHAIR

1. Bring Meeting to Order @ 11:00 a.m. w/Serenity Prayer
2. Reading of the Service Prayer
3. Reading of the 12 Traditions of N.A.
4. Reading of the 12 Concepts of N.A., followed by reading of the Monthly Concept.
5. Roll Call
6. Reading of Concept of the Month
7. Minutes of Last Meeting
8. Treasurer's Report
9. Alternate Treasurer's Report
10. Representative's Report
 - A) Chairperson
 - B) Vice Chairperson
 - C) Secretary Report
 - D) Regional Delegate
 - E) Regional Delegate Alternate
11. Area Business:
 - Albany-Rensselear Area RCM Report
 - Berkshire County Area RCM Report
 - Green Mountain Area RCM Report
 - Mid-Hudson Area RCM Report
 - Mohawk River Area ASR Report
 - Southern Adirondack Mountain Miracle Area RCM Report
12. Subcommittee Reports:
 - A) Helpline
 - B) Policy
 - C) Convention Chair
 - D) Convention Treasurer
 - E) Hospitals & Institutions
 - F) Ad-Hoc Committee(s)
 - G) Fellowship Resources
 - H) Meeting List Coordinator
 - I) Regional Webservant
13. Sharing Session
14. Old Business/New Business

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15. Announcements (Including Treasury Balance).

16. Close the Meeting with the Serenity Prayer

"KEEP COMING BACK"