

**ABCD REGIONAL SERVICE COMMITTEE OF N.A.  
MINUTES OF OCTOBER 3, 2015 MEETING  
[WWW.ABCDRNA.ORG](http://WWW.ABCDRNA.ORG)**

<b>ABCD REGIONAL SERVICE BODY MEMBERS</b>			
CHAIRPERSON	Sal M. ( <a href="mailto:smarches@nycap.rr.com">smarches@nycap.rr.com</a> )	518-701-6668	Jan 2017
VICE CHAIRPERSON	Don M. ( <a href="mailto:mdonald552@aol.com">mdonald552@aol.com</a> )	518-766-6028	Jan 2017
TREASURER	Phil S. ( <a href="mailto:na12n12n121997@yahoo.com">na12n12n121997@yahoo.com</a> )	518-265-5499	Jan 2016
SECRETARY	Pat H. ( <a href="mailto:abcdr.secretary@gmail.com">abcdr.secretary@gmail.com</a> )	518-878-7021	Jan 2017
REGIONAL DELEGATE	Sandy M. ( <a href="mailto:smccarthy@nycap.rr.com">smccarthy@nycap.rr.com</a> )	518-369-8403	July 2016
REGIONAL DELEGATE ALTERNATE	<b>OPEN</b> ( <a href="mailto:abcdrna.rda@gmail.com">abcdrna.rda@gmail.com</a> )		Open
ALBANY/RENSSELAER AREA RCM	Lisa D. ( <a href="mailto:babylis330@hotmail.com">babylis330@hotmail.com</a> )	518-701-1267	Area
BERKSHIRE COUNTY AREA RCM	Teri J. ( <a href="mailto:GdWtchTeri@aol.com">GdWtchTeri@aol.com</a> )	413-447-1076	Area
GREEN MOUNTAIN AREA RCM	<b>OPEN</b>		Area
MID-HUDSON AREA RCM	Michelle L. ( <a href="mailto:odaat306@live.com">odaat306@live.com</a> )	845-665-1377	Area
MOHAWK RIVER AREA RCM ALT	Carla S. ( <a href="mailto:carlashields62@gmail.com">carlashields62@gmail.com</a> )	518-308-6204	Area
SAMMA RCM	<b>OPEN</b>		Area
HELPLINE	Adam B. ( <a href="mailto:adamberk07@yahoo.com">adamberk07@yahoo.com</a> )	518-881-7133	Jan 2016
HOSPITALS & INSTITUTIONS	Shawn M. ( <a href="mailto:crazyhorsedoug1957@gmail.com">crazyhorsedoug1957@gmail.com</a> )	518-378-0887	Jan 2016
POLICY	Mary W. ( <a href="mailto:maryvw@gmail.com">maryvw@gmail.com</a> )	845-750-2006	Jan 2016
FELLOWSHIP RESOURCES	<b>OPEN</b>		Open
CONVENTION CHAIR	Lillian S. ( <a href="mailto:lilli5663@gmail.com">lilli5663@gmail.com</a> )		Jan 2017
CONVENTION VICE CHAIR	Bobby C. ( <a href="mailto:rcasbobbyc@aol.com">rcasbobbyc@aol.com</a> )	845-532-2581	Jan 2017
CONVENTION TREASURER	Lance ( <a href="mailto:ldav1163@gmail.com">ldav1163@gmail.com</a> )		
ALT. CONVENTION TREASURER	<b>OPEN</b>		Open
MEETING LIST COORDINATOR	Jake R. ( <a href="mailto:lazylightning88@gmail.com">lazylightning88@gmail.com</a> )		Jan 2016

<b>REGIONAL/AREA SERVICE COMMITTEE MEETINGS</b>			
ABCD Region	First Saturday of each month	<b>11:00 AM</b>	<b>McKownville Methodist Church 1565 Western Ave, Albany, NY</b>
Albany/Rensselaer Area	Last Thursday of each month	7:00 PM	14th St. & 1st Ave., Watervliet, NY
Berkshire County Area	Third Tuesday of each month	6:30 PM	B.M.C., Private dining rooms, Level G, 275 North St., Pittsfield, MA
Green Mountain Area	Last Sunday of each month	1:15 PM	Springfield Hospital Library, Springfield, VT
Mid-Hudson Area	Last Thursday of each month	7:00 PM	Rotating locations
Mohawk River Area	Last Saturday of each month	1:00PM	970 State St., Schenectady, NY
SAMMA	Second Sunday of each month	3:00PM	37 Saratoga Ave., S. Glens Falls, NY
ABCDRNA CC	Second Wednesday each month	6:00PM	388 Clinton Avenue SEFCU Bldg, Albany, NY

**Call to Order**

Meeting was called to order at 11:14 with a moment of silence, followed by a reading of the Service Prayer, the Twelve Traditions, and the Twelve Concepts. Read Concept 10. Roll call taken.

**Roll Call**

POSITION	NAME	PRESENT
Chairperson	Sal	✓
Vice Chairperson	Don	✓
Treasurer	Phil S.	✓
Secretary	OPEN	
Regional Delegate	Sandy M.	✓
Regional Delegate Alt.	OPEN	
ARANA RCM	Lisa D.	✓
BCANA RCM	Teri J.	✓
GMA RCM	OPEN	
MHA RCM	Michelle M.	✓
MRA-RCM	Pat H. - representative	✓
SAMMA RCM	OPEN	
Helpline Chair	Adam B.	
Hospitals & Institutions Chair	Shawn	✓

Policy	Mary W.	✓
Resources Coordinator	OPEN	
Convention Chair	Lillian S.	
Convention Treasurer	Lance D.	
Meeting Lists Coordinator	Jake R.	✓

Visitors: Pierre A., Tex L., Joanne G. Ryan S. (alt RCM-BCA)

**Review of Minutes from previous month** – accepted

**Treasurer's Report** Report by Phil read. Received email from Lillian. Storage locker price \$576 per yr or \$48 per mo. Insurance covers facility where convention held. Written report attached

**Representative Reports**

**Chair Person Report** Report by Sal read. Appointed six month Adhoc on geographical boundaries, chaired by Phil. Discussed audit of convention committee. Next RSC meeting scheduled to be held at McKownville Church, 1565 Western Ave, Albany, NY at 11:00 am. Written report attached

**Vice Chair Report** Report by Don read, written report attached.

**Secretary's Report** Report by Pat read:

Attached please find Adam's Helpline Report for tomorrow's meeting as well as a couple of flyers I received. Please send your reports to the ABCD Region Secretary email account so that they can be properly transmitted with the minutes and archived. It makes it so much easier (for me) when we all use the same group list so as not to duplicate effort or overburden users. The list I have been using includes the ASC Secretaries (those for which I have email addresses), as well as others who wished to stay informed.

To reach me, REGIONALLY, please use "[abcdr.secretary@gmail.com](mailto:abcdr.secretary@gmail.com)", my personal email address will not be used for regional concerns, it helps me to compartmentalize. The RDA email address is now defunct until we get another RDA.

I hope to produce the minutes of October's RSC meeting within 7 days. It would be helpful, though not necessary, to have your reports on hand or electronically, before then. The priority is to produce a document for the ASCs to utilize in compiling of and the dissemination of their respective ASC minutes as soon as possible. I do not intend to type your reports, but to scan them and include them electronically. It is best for me to receive electronic reports for ease of use, but not necessary.

I have been in touch with many of our executive committee members, some of our subcommittee chairs as well as our Region's areas. It was especially nice to be contacted by our Webservant who wishes to enhance our website in ways that I find commendable. I am looking forward to our new leadership and in learning as much as I can from them, as well as the rest of you. If there is something you need from me that will allow you to better serve, (e.g.: pdfs rather than word docs, flyers separated from minutes, etc), please do not hesitate to let me know how I can help.

See you tomorrow. In Gratitude and Service. Pat H. Acting Secretary

**Regional Delegate Report** Report by Sandy read, written report attached.

**Regional Delegate Alternate Report OPEN**

**Area Business**

**Albany Rensselaer Area** Report by Lisa read, written report attached

**Berkshire County Area** Report by Teri J., read, written report attached

**Green Mountain Area OPEN** 3 members of GM Area present without ability to carry ASC conscience.

**Mid-Hudson Area** Report by Michelle, read, written report attached

**Mohawk River Area** Report by Pat in Alt's absence, carried conscience until voted in as secretary, which gave us quorum.

## Southern Adirondack Miracles OPEN

### Subcommittee Reports

**Help Line ABSENT** Adam sent report via email, report read, written report attached.

**Policy** Report by Mary read, 10 Policy documents printed at cost of \$102. Tasked with developing a Convention Treasury Report document, see attached. Written report attached.

**Convention Chair** Report by Lillian sent via email, read by Phil/Lisa, written report attached. Discussion about duties and responsibilities of Convention Chair. Convention balance at end of last month different than beginning balance (\$394.33). Inability to question reports due to 3 missed meetings.

**Convention Treasurer** Report prepared by Convention Chair's report read by Lisa, see Conv. Chair written report

**Hospitals & Institutions Chair** Report by Shawn. Position ends 12/31/15. Subcommittee will forward nominee to RSC. Please announce at areas so that the process can be opened up to interested parties. Discussed boundaries of Saratoga County Jail which has not had a meeting. Clarity on whether SAMMA or MRA. MRA reports that there is only one meeting from Saratoga that participates at MRA.

### Fellowship Resources Chair OPEN

**Meeting List Coordinator** Jake read report, written report attached. New meeting lists are available.

### Open Sharing List of Topics

AdHoc on geographical boundaries/Discussed Convention, Helpline and H&I Committee's being unavailable for RSC/Day and time for RSC. Since meeting is in Albany next month, we hope that participation increases.

### Old Business

**Motion Maker:** Teri J.

**Second:** Jake R.

**Motion:** To elect Sandy Mc for a brief term as RD so we have a voice at the next WSC. Term until July 2016

**Intent:** The next WSC is in April 2016 we have no current nominee for our delegate, hopefully we will find an alternate so we can train and have attendance at WSC 2018. The short term is to put the position back on a regular conference cycle.

**Qualifications:** 23 years clean, current RD. Has NA Sponsor and is a sponsor, working knowledge of 12, 12, & 12. Multiple Area position in all subcommittees, as well as treasurer, policy chair, chair, all group level positions.

**Motion Maker:** Teri J.

**Second:** Phil S.

**Motion:** To elect Pat H. as ABCDR secretary

**Intent:** to fill position.

**Qualifications:** 5/24/94 clean date, working knowledge of 12, 12, & 12; Experience in ASC, RSC and WSC Service, former RDA, former ASR, current ASC Treasurer, former ASC Chair and Vice Chair, E&A Chair, GSR. Although never elected secretary at any level aside from group, have been tasked with duties at both ASC & RSC. Homegroup service in all positions. Willingness to serve in a much needed position with consistency and commitment.

**Motion Maker:** Jake R.

**Second:** Don M.

**Motion:** To create a Regional Websevan position.

**Intent:** Better communication to NA Community

**Motion Maker:** Mary W.

**Second:** Michelle L.

**Motion:** To amend the regional policy to read: Quorum is established when ½ of the member areas are present.

**Intent:** To make the establishment of quorum more attainable so that the region may conduct business.

90 day Policy motion to be voted on at the December RSC Meeting

### New Business

**Motions as follows: NONE**

### Announcements (Including Treasury Balance)

NAWS donation \$250.00 See next month's report.

Meeting Closed with Serenity Prayer

**AGENDA FOR ABCD RSC**  
**Saturday – November 7, 2015 11:00am**  
**McKownville Church, 1565 Western Avenue**  
**Albany, NY**

1. Bring Meeting to Order @ 11:00 a.m. w/Serenity Prayer
2. Reading of the Service Prayer
3. Reading of the 12 Traditions of N.A.
4. Reading of the 12 Concepts of N.A., followed by reading of the Monthly Concept.
5. Roll Call
6. Reading of Concept of the Month
7. Minutes of Last Meeting
8. Treasurer's Report
9. Alternate Treasurer's Report
10. Representative's Report
  - A) Chairperson
  - B) Vice Chairperson
  - C) Secretary Report
  - D) Regional Delegate
  - E) Regional Delegate Alternate
11. Area Business:
  - Albany-Rensselear Area RCM Report
  - Berkshire County Area RCM Report
  - Green Mountain Area RCM Report
  - Mid-Hudson Area RCM Report
  - Mohawk River Area ASR Report
  - Southern Adirondack Mountain Miracle Area RCM Report
12. Subcommittee Reports:
  - A) Helpline
  - B) Policy
  - C) Convention Chair
  - D) Convention Treasurer
  - E) Hospitals & Institutions
  - F) Ad-Hoc Committee(s)
  - G) Fellowship Resources
  - H) Meeting List Coordinator
13. Sharing Session
14. Old Business/New Business

**Motions as follows:**

**Motion Maker:** Mary W.

**Second:** Michelle L.

**Motion:** To amend the regional policy to read: Quorum is established when ½ of the member areas are present.

**Intent:** To make the establishment of quorum more attainable so that the region may conduct business.

**90 day Policy motion to be voted on at the December RSC Meeting**

**Please announce nominations open for a variety of RSC positions**

15. Announcements (Including Treasury Balance).
16. Close the Meeting with the Serenity Prayer

"KEEP COMING BACK"