

**ABCD REGIONAL SERVICE COMMITTEE OF N.A.
MINUTES OF NOVEMBER 7, 2015 MEETING
WWW.ABCDRNA.ORG**

ABCD REGIONAL SERVICE BODY MEMBERS			
CHAIRPERSON	Sal M. (smarches@nycap.rr.com)	518-701-6668	Jan 2017
VICE CHAIRPERSON	Don M. (mdonald552@aol.com)	518-766-6028	Jan 2017
TREASURER	Phil S. (na12n12n121997@yahoo.com)	518-265-5499	Jan 2016
SECRETARY	Pat H. (abcd.secretary@gmail.com)	518-878-7021	Jan 2017
REGIONAL DELEGATE	Sandy M. (smccarthy@nycap.rr.com)	518-369-8403	July 2016
REGIONAL DELEGATE ALTERNATE	OPEN (abcdrna.rda@gmail.com)		Open
ALBANY/RENSSELAER AREA RCM	Lisa D. (babylis330@hotmail.com)	518-701-1267	Area
BERKSHIRE COUNTY AREA RCM	Teri J. (GdWtchTeri@aol.com)	413-447-1076	Area
GREEN MOUNTAIN AREA RCM	OPEN		Area
MID-HUDSON AREA RCM	Michelle L. (odaat306@live.com)	845-665-1377	Area
MOHAWK RIVER AREA RCM ALT	OPEN		Area
SAMMA RCM	OPEN		Area
HELPLINE	Adam B. (adamberk07@yahoo.com)	518-881-7133	Jan 2016
HOSPITALS & INSTITUTIONS	Shawn M. (crazyhorsedoug1957@gmail.com)	518-378-0887	Jan 2016
POLICY	Mary W. (maryvw@gmail.com)	845-750-2006	Jan 2016
MEETING LIST COORDINATOR	Jake R. (abcdnymlc@gmail.com)		Jan 2016
REGIONAL WEBSERVANT	Matt A. (abcdwebservant@gmail.com)		Jan 2016
CONVENTION CHAIR	Lillian S. (lilli5663@gmail.com)		Jan 2017
CONVENTION VICE CHAIR	Bobby C. (rcasbobbyc@aol.com)	845-532-2581	Jan 2017
CONVENTION TREASURER	OPEN		Open
ALT. CONVENTION TREASURER	OPEN		Open

REGIONAL/AREA SERVICE COMMITTEE MEETINGS			
ABCD Region	First Saturday of each month	11:00 AM	McKownville Methodist Church 1565 Western Ave, Albany, NY
Albany/Rensselaer Area	Last Thursday of each month	7:00 PM	14th St. & 1st Ave., Watervliet, NY
Berkshire County Area	Third Tuesday of each month	6:30 PM	B.M.C., Private dining rooms, Level G, 275 North St., Pittsfield, MA
Green Mountain Area	Last Sunday of each month	1:15 PM	Springfield Hospital Library, Springfield, VT
Mid-Hudson Area	Last Thursday of each month	7:00 PM	St. James Church, Corner of Fair and Pearl Streets, Kingston, NY
Mohawk River Area	Last Saturday of each month	1:00PM	970 State St., Schenectady, NY
SAMMA	Second Sunday of each month	3:00PM	37 Saratoga Ave., S. Glens Falls, NY
ABCDRNA CC	Second Wednesday each month	6:00PM	388 Clinton Avenue SEFCU Bldg, Albany, NY

Call to Order

Meeting was called to order at 11:05 with a moment of silence, followed by a reading of the Service Prayer, the Twelve Traditions, and the Twelve Concepts. Read Concept 11. Roll call taken.

Roll Call

POSITION	NAME	PRESENT
Chairperson	Sal M.	✓
Vice Chairperson	Don M.	✓
Treasurer	Phil S.	✓
Secretary	Pat H.	✓
Regional Delegate	Sandy M.	
Regional Delegate Alt.	OPEN	
ARANA RCM	Lisa D.	✓
BCANA RCM-Alt	Ryan S.	✓
GMA RCM	OPEN	
MHA RCM	Michelle L.	✓
MRA-RCM	Robert H. - representative	✓
SAMMA RCM	OPEN	

Helpline Chair	Adam B.	✓
Hospitals & Institutions Chair	Jim P. representative	✓
Policy	Mary W.	✓
Meeting List Coordinator	Jake R.	✓
ABCD Regional Webservant	Matt A.	✓
Convention Chair	Lillian S.	
Convention Treasurer	OPEN	

Visitors: James, Lura, Marc,

REPORTS ARE LISTED IN THE ORDER RECEIVED

Help Line Adam present, but could not stay. Gave report. Written report attached.

Review of Minutes from previous month – accepted with some questions that were answered.

Representative Reports

Chair Person Report Report by Sal read. Written report attached. Questions about the review of Convention Committee's Treasury. Chair did not go and does not intend to.

Vice Chair Report Report by Don read. Written report attached.

Secretary's Report Report by Pat read. Written report attached.

Treasurer's Report Report by Phil read. Written report attached.

Albany Rensselaer Area Report by Lisa read, written report attached. Questions about 30 day tabling of motions due to ARA's decision to combine November and December's ASC.

Regional Delegate Report Report by Sandy read by Pat. Written report attached. Questions in report answered by body. **Yes** to Pizza and soda being covered by RSC for February Workshop after RSC. **Yes** to Pat doing MRA workshop. **Yes** from Mary and Michelle to do workshop but would like Sandy to do presentation. MHA would like the tally contained in WSC documents from World to be used by everyone without edits. **Yes** Region will purchase 6 CAR for the region's areas, RSC Treasurer will order.

Regional Delegate Alternate Report OPEN

Berkshire County Area Report by Teri J., read by Ryan S. Written report attached. PR event had 4 GSRs not at ASC, no business conducted. Motions tabled.

Green Mountain Area OPEN

Mid-Hudson Area Report by Michelle read. Written report attached

Mohawk River Area Report by Robert H, representing MRASC. Written report attached.

Southern Adirondack Miracles OPEN

Subcommittee Reports

Policy Report read by Mary. Written Report attached. Made edits to Convention Policy, consensus to send out to groups for review and input see attached under separate cover.

Convention Chair ABSENT NO REPORT

Convention Treasurer ABSENT NO REPORT

Hospitals & Institutions Chair ABSENT Oral report by Jim P. Has Basic Texts donated by the ECCNA for correctional facilities. Each area received an equal amount except GMA did not want their share of 2 Spanish speaking BT. SAMMA continues to struggle. More men and women need to be cleared for Correctional Facilities. Areas continue to combine resources to meet the needs of correctional facilities and H&I as a whole. Conference call number remains the same, no

date for next call yet. Jim will let the RSC Secretary know and she will transmit information.

Geographical Boundaries Ad Hoc Report by Robert read. Written report attached as well as final product with counties represented as well as a map.

Fellowship Resources Chair OPEN for more than 4 years. Housekeeping decided to delete this position.

Meeting List Coordinator Report read by Jake. Written report attached. New meeting lists available in sets of 25 for \$6.25 each. Jake does not want another term but will serve until a nominee is trained.

Webservant Report read by Matt. Written report attached. Matt questioned whether he should add events outside of our region onto the website. Question to Matt about log in info in case he no longer is available to serve. He is willing to provide log in passwords etc, to the Chair and others. Wordpress videos on how to use it are on YouTube.

Open Sharing List of Topics

Discussed the Convention Committee Audit disband from last month and why no one looked at books. Chair will not attend convention committee meeting. Chair and Vice Chair believe that there are only 8 months left and that the Convention Committee will end and Chair will create a moratorium of two years before another convention committee is formed. Many had issues with the Convention Committee's lack of transparency and accountability. It was decided that a motion would be created to help resolve matters without giving up on the Region's responsibilities to hold a subcommittee accountable.

New Business

Motions as follows:

Motion Maker: Mary W.

Second: Michelle L.

Motion: To amend the regional policy to read: Quorum is established when ½ of the member areas are present.

Intent: To make the establishment of quorum more attainable so that the region may conduct business.

90 day Policy motion to be voted on at the December RSC Meeting

Motion Maker: Phil S.

Second: Teri J.

Motion: To nominate Mary W. for Policy Chair

Intent: To continue to have a policy chair.

Qualifications: current policy chair, past regional vice chair and chair, past fellowship resource coordinator, serve on area level as treasurer, chair, festival treasurer, outreach chair, PI chair, group service, greeter at my homegroup, past treasurer, chair, GSR. Clean date 9-25-86 have sponsor, sponsor others, live the 12, 12&12.

60 day Election motion to be voted on at the Jan RSC Meeting

Motion Maker: Teri J.

Second: Lisa D.

Motion: To nominate Phil S. for another term as Treasurer

Intent: To have a trusted servant in the treasurer position.

Qualifications: 18 ½ years clean have been region treasurer for 1 ½ years, been outreach chair for region and been at the region for 17 years, group chair and treasurer and willing to serve the region again.

60 day Election motion to be voted on at the Jan RSC Meeting

Motion Maker: Lisa D.

Second: Teri J.

Motion: To nominate Jim P. ABCD Regional H&I Chairperson

Intent: To continue to work together with the areas in the region to carry the message behind the walls and to treatment facilities sharing our resources and experience in unity.

Qualifications: current ABCD H&I Vice Chair, former ARANA H&I Chair, panel coordinator, docs prison liaison, secretary and panel leader, all group level service positions, has sponsor, sponsees and works steps, working knowledge of traditions and concepts. Clean time 11 years 8 months.

60 day Election motion to be voted on at the Jan RSC Meeting

Motion Maker: Lisa D.

Second: Don M.

Motion: To nominate Teri J. as RDA

Intent: To fill open position

Qualifications: I have 25 year plus clean. I have done service in one form or another almost since I came in the door. I have an NA sponsor, I work the NA steps, have a reasonable working knowledge of the Traditions. I am working on increasing my knowledge of the 12 Concepts at this time. I have a willingness to service at this new (to me level) and

believe Sandy has a lot to teach me.

60 day Election motion to be voted on at the Jan RSC Meeting

Motion Maker: Lisa D.

Second: Mary W.

Motion: Amendment to Regional Policy. Section VII Subcommittees; subsection H. No transactions for sale of regional meeting lists to be conducted outside of regional committee meeting.

Intent: No financial transactions are conducted by meeting list coordinator for purchase or sale of regional meeting lists before they make it to the regional service body.

90 day Policy motion to be voted on at the Feb RSC Meeting

Motion Maker: Don M.

Second: Lil S.

Motion: To allow the word "attendance" at the RSC to include attendance by conference call for RCM and other elected trusted servants required to attend region provided the trusted servant provide a written report and attend personally on a quarterly basis (once every 3 months).

Intent: To allow members of the RSC to participate even if, for whatever reason, they cannot personally attend. However, virtual attendance can never fully replace the benefit of face to face communication and all trusted servants are strongly encouraged to attend personally. Region Conference Call # 712-432-1500 Access code: 1088155

90 day Policy motion to be voted on at the Feb RSC Meeting

Announcements (Including Treasury Balance)

Balance \$71470.75 Operating Balance \$2,867.19

After next RSC the WSC fund will be at \$1800. All excess funds will go into operating fund.

Meeting Closed with Serenity Prayer

DRAFT AGENDA FOR ABCD RSC
Saturday – January 2, 2016 11:00am
McKownville Church, 1565 Western Avenue
Albany, NY

DRAFT AGENDA SUBJECT TO CHANGE AT DISCRETION OF CHAIR

1. Bring Meeting to Order @ 11:00 a.m. w/Serenity Prayer
2. Reading of the Service Prayer
3. Reading of the 12 Traditions of N.A.
4. Reading of the 12 Concepts of N.A., followed by reading of the Monthly Concept.
5. Roll Call
6. Reading of Concept of the Month
7. Minutes of Last Meeting
8. Treasurer's Report
9. Alternate Treasurer's Report
10. Representative's Report
 - A) Chairperson
 - B) Vice Chairperson
 - C) Secretary Report
 - D) Regional Delegate
 - E) Regional Delegate Alternate
11. Area Business:
 - Albany-Rensselear Area RCM Report
 - Berkshire County Area RCM Report
 - Green Mountain Area RCM Report
 - Mid-Hudson Area RCM Report
 - Mohawk River Area ASR Report
 - Southern Adirondack Mountain Miracle Area RCM Report
12. Subcommittee Reports:
 - A) Helpline
 - B) Policy
 - C) Convention Chair
 - D) Convention Treasurer
 - E) Hospitals & Institutions
 - F) Ad-Hoc Committee(s)
 - G) Fellowship Resources
 - H) Meeting List Coordinator
 - I) Regional Webservant
13. Sharing Session
14. Old Business/New Business

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Motion Maker: Mary W.

Second: Lisa D.

Motion: Amendment to the policy Article VII D. ABCDRNA Website defined 3. A link may be on our site for the hotel to book rooms for conventions within our region.

Intent: To allow our website to facilitate the participation of our members to attend conventions within the region.

90 day Policy motion to be voted on at the March RSC Meeting

Motion Maker: Lisa D.

Second: Jake R.

Motion: To nominate Matt as Regional webservant.

Intent: To reelect position.

60 day Election motion to be voted on at the Feb RSC Meeting

Motion Maker: Mohawk River Area

Second: Mid Hudson Area.

Motion: To have Phil S added to the convention committee checkbook and have Lisa D. help with attending convention committee functions and convention committee meetings as a regional representative.

Intent: To have accountability. We have no convention treasurer and it will take at least three months after we get a nominee.

Time Frame Motion

15. Announcements (Including Treasury Balance).

16. Close the Meeting with the Serenity Prayer

"KEEP COMING BACK"