

2/6/2016

Greetings to the Region,

The ARANA ASC met on Thursday, 1/28/2016. There were 28 GSR's in attendance and business was conducted. There were several GSR's that were disappointed to not have ability to purchase regional meeting lists due to the supply being depleted and no funds being given to the ARANA RCM to purchase meeting lists at the January RSC. The area has provided me with a check in the amount of \$200 for the purchase of regional meeting lists today. GSR's and all members in attendance at the ARANA ASC were encouraged to come to the RSC meeting today and purchase meeting lists for their groups and/or subcommittee's if they were unable to do so at the ASC.

Many NA members also expressed concerns that there are meetings listed in the most up to date printed regional meeting list, that have had either information changes submitted (name, time location changes) or been reported to the meeting list coordinator as closed down, and these updates have not been completed despite being submitted many months ago to the appropriate regional trusted servants. The alarming point raised is that addicts may get out of facilities, show up at listed locations for meetings, and find the doors closed. Members were encouraged to once again, complete the regional meeting list update form and either give it to the area RCM, or scan/email to the listed trusted servants on the form.

**The PR Subcommittee** met on January 14, 2016. They continue with their outreach projects. Currently they are focusing on their library project which is intended to ensure that each public library in the Albany Rensselaer Area has a copy of our NA Basic Text. PR was able to submit an order for several Basic Text's that will be ready for disbursement, over the next 2 months, to the county libraries that are in need of them. There was also feedback from a Youth/Teen Program Coordinator at the Westerlo Library that has requested NA literature directed for the use of teen's due to a lot of teenagers that have been reaching out to her for help with addiction. PR continues to distribute meeting lists to local establishments throughout the capital district. The PR subcommittee is always looking for assistance with their projects and they encourage members to attend their monthly subcommittee meeting. PR meets the second Thursday of each month at 6pm, 1401 1<sup>st</sup> Ave, Watervliet NY. Their next subcommittee meeting will be held 2/11/2016. They currently are in need of a PR Chair.

**The H&I Subcommittee** met on January 18, 2016 with 19 recovering addicts in attendance. They voted in 1 new panel leader and had 5 new members begin their orientation with the Vice Chair. All commitments are currently filled with exception of women's correctional facility commitments at Rensselaer County and Albany County Jails. H&I is still seeking 2 female panel leaders for these commitments. RCJ meets Tuesday evenings at 6:30pm & ACJ meets Wednesday evenings at 7:00pm. H&I has formed an adhoc committee to begin the preparation for their Annual Spirituality Brunch, date yet to be determined. They also have scheduled orientation for the NYS DOCS on Friday March 11, 2016 at 5:00pm for all interested volunteers. This will also include already approved volunteers who are due for re-orientation. H&I was not able to receive a literature order for the month of November (including meeting lists) due to the ASC combined holiday schedule. They currently are without meeting lists and have entrusted the regional H&I Chair to retrieve meeting lists for them at today's RSC in order that they can be supplied for the month of February. H&I meets the 3<sup>rd</sup> Monday of every month, 6:30pm at Trinity Church Parish, 1336 1<sup>st</sup> Ave, Watervliet NY. Their next subcommittee meeting will be held 2/15/2016.

**The E&A Subcommittee** met on January 21, 2016. Only one person was in attendance, the Chair. She has been in contact with other members of the E&A subcommittee via phone and texting. They have secured a location for the Annual Chili Cook-off being held on Saturday, March 5, 2016 from 6:00pm to 10:00pm. E&A will be hosting a Learning Day with a speaker prior to their Chili Cook-off event on the same day and at the same location, St John's Rectory, 50 Herrick Street, Rensselaer NY. (See attached flier). They have concern regarding how they are to acquire prizes for their event being that there is not an E&A Treasurer currently to be a second signatory on the E&A checking account and have requested that the ASC Treasurer or Chair agree to reimburse for the ordering of such prizes at or after the event itself. They intend to give out 3 prizes for the winners of the Chili Cook-off. One prize for a Vegan-Vegetarian Chili, another prize for a chicken or turkey chili, and a final prize for the best beef or pork chili. They have chosen to provide rice, cornbread and will be selling soda and water. This will be the last event for the term of our current E&A Chair. After the event, E&A will be focusing on their policy and gathering information to make the transition for a new Chair easy and informative. E&A meets the 3<sup>rd</sup> Tuesday of each month, 4:30pm-6:00pm at Capital South Campus Center, 20 Warren Street, Albany NY. Their next subcommittee meeting will be held 2/16/2016. Current open positions – Treasurer & Vice Chair.

**The Promise of Freedom Campout Committee** met on January 4, 2016 with 7 recovering addicts in attendance. They have opened their registration for the event starting February 1<sup>st</sup> (See attached Flier). Pre-registration is essential to this event as it allows them to get a headcount prior to the event and be sure that they are purchasing enough supplies or food for all those expected to be in attendance. The pre-registration price for the event before March 15, 2016 is \$50.00 for the entire weekend. After March 15, 2016, the price will be \$60.00. Cabins will be available, but members must call the number listed on the flier for availability. This year they are offering the option to pay for registration online via their website [www.thepromiseoffreedomcampout.com](http://www.thepromiseoffreedomcampout.com). They are still looking for members to submit their artwork for the T-Shirt Design of this year's event. The deadline for all T-Shirt design submissions is March 15, 2016, and the winner will receive a free weekend pass to the Campout in June 2016. (See attached flier). The POFCC Committee meets the 1<sup>st</sup> Monday of every month at 7:00pm, 1401 1<sup>st</sup> Ave, Watervliet NY. Their committee meeting was held February 2/1/2016, and the next one will be held 3/7/2016. Current open positions – Vice Treasurer.

#### **Motions requiring vote at February RSC:**

- The motion for amendment of regional policy. Section VII Subcommittees; Subsection H. No transactions for sale of regional meeting lists to be conducted outside of RSC – **PASSED**
- The motion to nominate Matt A. as regional webservant – **PASSED**

#### **Questions for motions requiring vote at March RSC:**

- The motion to amend policy Article VII D. ABCDRNA website defined 3. A link may be on out site for the hotel to book rooms for conventions within our region.
  - Questions:
    - Is naming or endorsing a hotel on our website a violation of our Traditions?

- Is there access to the general public to have knowledge of NA events being held at hotels through their website?

### **Meeting Updates Mentioned:**

Women Taking a Stand Group on NA – Sunday 3:00pm, 21 First Street, Troy NY – CLOSED DOWN

### **Upcoming Events in the ARANA:**

**The Journey Continues Group:** 3 Year Anniversary: Friday, February 12, 2016 - 7:00pm – 9:30pm (426 3<sup>rd</sup> Avenue, Troy NY 12182) Topics: Our Symbol/Basic Text/Living Clean pgs. 1-19. Regular meeting with 2 speakers, potluck dinner following the meeting and fellowship. (See attached flier).

**ARANA CAR/CAT Workshop with Spaghetti Dinner:** Saturday, February 13, 2016 - 4:00pm – 6:00pm (Blooming Grove Church - 706 Bloomingrove Drive, Rensselaer NY, 12144). Discussion regarding motions being brought to World Services from all over the globe, information to be brought back to homegroups so people can have a voice in the ABCD regional vote, participation in survey for new literature and service material, and expand knowledge of NA. (See attached flier).

**ARANA E&A Subcommittee – Annual Chili Cook Off & Learning Day:** Saturday, March 5, 2016 – 6:00pm – 10:00pm (50 Herrick Street, Rensselaer NY 12144 / St John's Rectory GYM). \$3 suggested donation; soda & water to be sold; rice, cornbread, coffee & iced tea provided. E&A Committee Info/Speaker meeting at 6:30pm. Chili Cook-off begins at 8:00pm. Prizes for winners in 3 categories of chili. No addict will be turned away. (See attached flier).

**Promise of Freedom Campout Committee:** Annual Campout XIII: June 3-5, 2016 (Camp Scully, Wynantskill, NY). Camping, sporting events, swimming, open mic, marathon meetings, topic workshops, clean time countdown and much more. (See attached flier).

**The Never Alone Group:** A Gathering of Miracles XXI: Saturday, July 23, 2016 – 8:00am – 6:00pm (Prospect Park, Troy NY 12180 – Main Pavilion) A great day of fellowship, food, fun, music & meetings. \$3 suggested donation, no addict will be turned away. (See attached flier).

The next ASC meeting will be held Thursday, February 25, 2016 at 7:00pm, Trinity Church Parish, 1336 1<sup>st</sup> Ave, Watervliet.

In Loving Service,

Lisa D

## BCANA REPORT TO REGION 2-6-16

Area met 1-16-16

Quorum was met. Reports were given. There has been an ongoing problem with the convention regarding a tax exempt status. Money has been spent to no result. Interested people have been unwilling to step up for the position of Convention Chair because of this. A motion was made to stop pursuing this matter. A vote was held, motion passed. Sue B was nominated for convention chair, she accepted, qualified and answered questions. A vote was held, Sue is now our convention chair. I received area approval to schedule a CAR Learning Day in our area. It is 2/27/16 from 1pm to 7pm if needed.

ILS Teri J.

## RDAIt Report 2-6-16

My first report, unsure of how to pursue this. At Sandy's request I have joined the discussion boards on na.org. Very interesting and overwhelming. I know this is going in both reports but I have set up a Learning Day for the CAR&CAT. It is at Berkshire Medical Center in Pittsfield on Feb 27 from 1pm-7pm.

I look forward to learning more and being able to better serve my region.

ILS Teri J.

## Mid-Hudson Area Report

The Mid-Hudson ASC met on January 28 in Kingston. Quorum was met and business was conducted as usual. The H & I Subcommittee reported that the Chairperson was stepping down, and the current Vice-Chair was nominated to fill the position. Other open positions are Policy Chair, Outreach Chair, E & A Chair, and HelpLine Chair. A nomination was put forth for HelpLine Chair, and the Groups will decide on whether to waive the suggested cleantime for the nominee before considering his nomination. All other positions are filled.

Michelle was not able to attend the ASC meeting, so I read her report and fielded questions and concerns from the Groups. I carry the Area conscience on the three motions to be considered at today's RSC meeting. The Groups of the Mid-Hudson Area expressed their concern and dismay that the Regional Convention Committee has not provided accurate financial information to the RSC in the spirit of accountability and transparency that was pledged when the Chair and Treasurer were elected by the Areas. There were grave concerns raised about the atmosphere of disunity in dealings with the Chair of the Convention Subcommittee, and questions about why no action has been taken by the RSC to resolve outstanding issues. There has been a great deal of discussion at the Regional level, but I explained that the RSC serves the Areas, and the Areas serve the Groups, and that any Group is free to make a motion to be brought to the RSC for consideration in reinforcing adherence to the responsibilities of the Convention Subcommittee as laid out in Regional Policy. My sense of the Area's conscience is that they fully expect a thorough inventory be taken before considering any future Regional Convention.

Planning is underway for our two major Area events. The 10<sup>th</sup> Annual Leave Your Monkey in the Woods Festival, and our new 1-Day Convention. Both Area subcommittees are hard at work on preparing for the events. The 1-Day Convention Subcommittee is moving ahead with their fundraising activities, including a Motown Dance to be held in Poughkeepsie on February 20<sup>th</sup>, and a Speaker Jam in Kingston on March 19<sup>th</sup>. They are still in the process of negotiating for a date and location – more will be revealed. Leave Your Monkey in the Woods will be held July 9<sup>th</sup> at the Lake Katrine Rod & Gun Club, from 10 AM to 10 PM. It will be a day of fun, food and fellowship, with lunch and dinner served, live music, meetings all day, games and activities for the whole family, culminating in a Torchlight Meeting to close the event. Registration will be \$15 in advance, or \$20 the day of the event. Come and join us in the spirit of unity.

Lastly, Mid-Hudson Area will be holding its CAR/CAT Workshop following the *God-Shaped Hole* meeting on Saturday February 27<sup>th</sup>, from 12 noon to 3 PM, at the St James Methodist Church in Kingston. All are invited.

Flyers for all of these events will be forwarded to the Regional Webservant for posting on the Regional Website.

In humble service,

marc e.

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