

ABCD Region Treasurer's Report

March 5 2016

The opening balance last month was \$4883.22 with 1200.00 in prudent reserves \$800.00 in meeting list funds. Our WSC fund is \$1800.00 Our insurance fund is 1000.00

Our income of \$836.54 from the RSC meeting included:

BCA donation\$

GMA donation\$

SAMMA donation: \$

MRANA donation: \$

ARANA donation: \$

MHANA donation: \$168.55

Other donation: \$18.00

MHANA meeting list\$

BCA meeting list\$

SAMMA meeting list: \$80.00

MRANA meeting list: \$

ARANA: meeting list: 500.00

GMA meeting list

Other:\$52.00

Total Income: \$836.55

Our expenses of \$427.95 at the RSC meeting included:

Rent for ABCD: \$: 20.00

NAWS donation: \$:73.00

Voice nation:\$:44.95

Alchar Printing: \$:

RD/RDA expense \$

Storage locker (annually)

Web site:(annually) \$45.00

PO box: (annually) \$77.00

Transfer to WSC fund \$

Insurance Fund \$0

Tranfer to M.L. fund 168.00

Total Expenses: \$427.95

We closed the Feb. RSC meeting and open today's meeting with an:

Operating balance: \$491.82

Web Site:\$45.00

P.O.Box \$77.00

Meeting list fund: \$800.00

WSC fund:\$1800.00

Ins. Fund:\$1000.00

Prudent reserve:1200.00

Total Fund Balance:5291.82

ILS. Don M.

MARCH 5TH 2018

Welcome

Everyone to the Regional meeting of NA today we are here to conduct Business and Area Reports. I have changed the Agenda this month just to see if it would work out better. It was pointed out last month that we needed to spend more time on motion that's y there first if this does not work out we can change the agenda again till we find one that suits us

I Am happy to see everyone here today with love in your hearts and COMPASSION on your minds

My Agenda

① I would like to do a few things here today. To form a Ad Hoc committee to determine a budget for this Body.

Don't I have been going over some things and the RD fund need to have more in it and just stream line our budget our spending.

② I would like to form a nother Ad Hoc committee to do a Spiritual Breakfast & Picnic this ad hoc would come up with a budget & a PIARE for the Breakfast the profit will go to help Area if they need something (meeting list or Book)

③ This Region is more than just coming here and having a Business meeting were here to give BACK to the Area, group, and the Addict. that still suffers

④ to everyone on this Body Please Please
if you have any meeting list changes
please let us know if you have a
Area or Regional meeting list make
changes today and give to MATI or Phil
It is important that we make these
changes so no addict need die
from the horrors of addiction
thank you

There is not much to report this month, Sal and I went to the bank and set up the electronic banking and all the new treasurer has to do is go and fill out the paperwork at the bank.

I also have the treasurer's report.

I.L.S. Don M.

March 2016 RD Report

The RD continues to stay abreast of the WSC discussion board. Most discussions this month have centered around how the learning days are going in the various regions. The other topic continues to be about using 'non fellowship approved' literature in meetings and whether those meetings should be removed from the meeting schedule. I do know of one meeting in Albany-Rensselaer that uses non-fellowship approved literature. I believe the Back to Basics group uses a step writing guide written by a member. I do NOT suggest this meeting be removed from the schedule. I just raise that example to allow us to identify with this issue and not compare or judge.

Our Learning Days are moving right along. The Regional Assembly is complete and Learning Days were conducted by the RD in Albany-Rensselaer, SAMMA and Green Mountain as well. The Learning Day in Albany-Rensselaer was not well attended but both SAMMA and Green Mountain were. I was very happy that a fairly large group attended from Plattsburg. All members were interested and involved.

The tally sheet is available on the ABCD Website. Please bring it to your homegroup. Hopefully, it was posted in a way that it can be typed on, saved and emailed to me directly. My email is right on the tally sheet. Or the tally sheet also indicates that it can be brought to the ASC. I will work out how to collect those from the RCM if they are collected after our April RSC meeting.

I believe Learning Days were conducted in Mid-Hudson and Berkshire County last weekend. Terry and Michelle will be making reports on those Learning Days. The last Learning Day will be in Mohawk River on the last Saturday in March.

The cost for the 5 Learning Days conducted has been \$95 plus the cost of pizza and sodas for the Regional Assembly. The \$95 is for 2 rentals of space, one in Albany-Rensselaer and one in Green Mountain. Three members paid the cost for Albany-Rensselaer (\$25 apiece) and I paid the cost for Green Mountain. All refreshments, other than those bought by ABCD were paid for by me or other members. I would like to be reimbursed for the 2 rents and I will reimburse the other members for their portion of that donation. I consider bringing the voice of ABCD to WSC to be one of only a few regional services we offer so I consider this to be a regional expense unless the areas or members are willing to donate as many do. I have attached the cancelled checks.

In addition, I am attaching the cost of Terri's ticket to WSC. I can be reimbursed at April WSC in the amount of \$706.96. The \$30 service charge is for NAWs travel agent who booked the flight. Please be advised that, in spite of the recommendation of this travel agent, I found cheaper flights than she was able to book so the Region saved about \$65 on this ticket.

Finally, in a separate email, I will forward what WB has just sent out as a new Service Pamphlet intended to be distributed to doctors. As I indicated last month, this is a hotly debated Pamphlet, not so much for the content but for the process. By calling it a Service Pamphlet, it does not need to be fellowship approved. NAWs only needs feedback from RD's but I don't think we even get a vote, I think it's just non-binding feedback. Many feel a Service Pamphlet is for members only, not outsiders. Let me know what you think so I can give some feedback at WSC. Even though it's just supposed to be feedback from Terri and I, the RD team is very interested in hearing from any members who would like to weigh in on either the content or the procedure.

See you all in April,

Sandy Mc, RD

3/5/16 RO Alt. Report to Region

Still not quite sure what to talk about in this report, I would ~~definitely~~ appreciate some guidance with this. Reading the input on the ~~the~~ discussion boards is very interesting, ~~and~~ and looks as though it could be a full time job at this time in the CAP cycle.

I have been directed by our chair to submit an anticipated budget for my travel to California in April.

Airfare - (quote from Sandy)	706.96
Hotel - \$78.04 including tax x 9 days.	702.36
Eating expenses. 9 days x \$50.00/day	\$ 450.00
total	<u>1858.32</u>

~~I~~ I am grateful for the opportunity to serve my Fellowship at another level.

In Loving Service.
Teri S.

ABCD Regional Helpline Report March 2016

The Helpline was fairly busy for the month of February. There were 14 phone calls, the majority of which were inquiring either about meetings, or about a Speaker Jam that was put on by ABCDRCC Fund Raising Committee that was held in Troy.

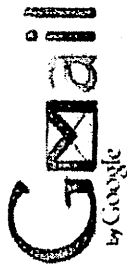
I received a call on Thursday 3/3/16 from someone seeking a meeting who was staying at The Desmond in Albany and had no transportation. He was from The NA Homeland of California. After not finding anyone to transport the member I picked him up and brought him to The Last Train Group in Cohoes. Many connections were made with, and for, Dave from Sacramento with 26 years clean.

I will be waiting for the next printing of our meeting lists to make a complete revision to the automated meetings.

This ABCD Helpline report can be summed up by saying "All is Well".

ILS,

Adam B.



ABCD Region Secretary <abcdr.secretary@gmail.com>

Amended Fwd: H&I Regional Chair Report

2 messages

Jim Patricelli <jimpets070258@gmail.com>
To: Abcd Region Sec <abcdr.secretary@gmail.com>

Sat, Mar 5, 2016 at 9:57 AM

Sent from my iPhone

Begin forwarded message:

From: Jim Patricelli <jimpets070258@gmail.com>
Date: March 5, 2016 at 9:55:10 AM EST
To: Abcd Region Sec <abcdr.secretary@gmail.com>, Rob Ecuyer <jabrookah@gmail.com>
Subject: H&I Regional Chair Report

Good morning, the H&I regional subcommittee met by conference call on Thursday, March 4. 6 members participated, & Four of the six areas were represented by their respective chairpersons, mohawk area was absent and Samma area is vacant. Green Mountain area will be holding a learning day on April 30 in Brattleboro Vermont from 9 to 12 A.M. I have sent the flyer to the web servant and I have a few copies here for the RCM's. DOCS Will be holding an orientation for volunteers to be approved to go behind the walls in New York State on March 11 5:00 PM in Watervliet at the Trinity Parish Church where ARANA Area Service Mtg. meets. They will also hold an orientation/ re-orientation on March 25 in Guilderland 5 PM at Christ the King Church. If interested please contact myself or Shawn M. Mid Hudson H&I has elected a new chair, Shannon who participated on the conference call and announced they have a new meeting going into Fox run a long-term men's facility. She has also been working with Shawn in getting help with issues in the correctional facilities. Arana Will be holding its annual spirituality brunch and learning day in May with the date and location TBD soon. A flyer will be out soon. Arana is still in need of women panel leaders for the county correctional facilities in Albany and Rensselaer. Berkshire County had its rotation for commitments in February and all but two are filled and those are being serviced for now as well. One meeting has been suspended in the County corrections facility.

ILS, Jim P. ABCD H&I Chair
Sent from my iPhone

ABCD REGION SEC <abcdr.secretary@gmail.com>
To: Pat Hymes <patricia.hymes@labor.ny.gov>

Sun, Mar 6, 2016 at 10:48 AM

----- Forwarded message -----

March 5 2016

Attended the February Regional Convention Committee, most committee and subcommittee positions are filled and functional.

Vice treasurer gave a report. There was an opening balance, monthly expenses, monthly income and ending balance. The income was stated as fundraising events and registration. Past month fundraising funds were reviewed; receipts are stapled to an expense/income report that was used by past conventions. On the issue of financial accountability the chairperson welcomed me or the regional chairperson to review or audit the reports. (There is no current ABCDRNA treasurer) To do this at this time with the convention only six months away is not recommended. An audit will need to be completed between the end of the convention and the end of convention commitments. (Jan 2017)

Communication is a two way street. Attendance at the ABCD regional meeting is a matter of priorities. Fund raising events are held on the same day as region. Fundraising events require set up and food prep to do. In talking to the convention chairperson, it was stated that a recent report was emailed to the regional secretary and cc to the regional chairperson. When the current convention chairperson took the 2 year commitment, region meet on a Thursday night in McKnowenville. Since then meetings were moved to Saturday and rotated to areas this making it harder to attend.

Convention commitments are being done. Efforts are made for 2016 convention to go forward. There is work to be done. All areas of the ABCD region are welcomed to take part and become part of the solution.

In service

Bobby R.

Greetings ABCD region,

The website is in good working order. I've been able to update the site with the most current information that I've been giving, except the flyer documents that were given by the Convention committee. These were in a .PUB format and require a specific program to open and unfortunately I could not. So if you send something to me for the website, please make sure its in a .JPEG file format.

If you have flyers for the website please send them to abcdwebservant@gmail.com

If you have meeting changes please use the ABCD Regional Meeting List update form that is on the RSC portion of the website and email the changes to the emails listed on the form.

ILS

Matt A

3/5/2016

Greetings to the Region,

The ARANA ASC met on Thursday, February 25, 2016. There were 25 GSR's present and business was conducted. The ASC has given me a check in the amount of \$1081.96 for a regional donation this month which will be handed over to our regional chair or vice chair today in the absence of a regional treasurer.

The ASC had discussion regarding updating and upholding of current policies & procedures to more effectively conduct business and maintain service efforts, fund flow and literature distribution, including meeting list distribution. The area had been going off a literature form for the past 6-8 months listing the cost of meeting lists at .20 cents apiece. This has been corrected. The ASC chair has delegated two adhoc committee chairs. One adhoc is to research information and costs in the event that the ARANA decides to begin printing their own area meeting lists. Another adhoc will conduct an ASC audit.

The H&I Subcommittee met Monday, February 15, 2016 with 17 members in attendance. There are several members going through the orientation process to become speakers and panel leaders. They are continuing to receive support each month with new member interest and participation. Out of 12 commitments, 3 remain open. Albany County Jail for men, Albany County Jail for women, and Rensselaer County Jail for women. They are continuing to fill the vacant commitments with support but are in need of panel leaders to step in full time. The H&I adhoc committee is in the process of planning for the upcoming 2016 H&I spirituality brunch (time, date & location to be determined). The H&I subcommittee is in search of a location to meet while their current location undergoes renovations and are also discussing the possibility of meeting on a different day of the week. H&I has two upcoming DOC's orientations for anyone interested in serving at the NYS DOC's level. The orientation is mandatory for volunteering in the NYS prison system and requires renewal every 2 years. The two dates for this orientation are Friday, March 11th at 6pm & Tuesday, March 29th at 6pm. Location for these orientations is Christ the King Church – 20 Sumpter Ave. Albany, NY 12203. H&I meet's the 3rd Monday of each month, Trinity Church Parish, 1336 1st Ave. Watervliet NY at 6:30pm.

The PR Subcommittee met Thursday, February 11, 2016 with 7 members in attendance. They are planning to have Basic Texts distributed to local libraries within this upcoming month. They will also be distributing meeting lists to local businesses and agencies in the Capital District. PR contacted a local rehabilitation facility in regard to a recent incident where it was discovered that the facility was distributing NA literature with the name of their facility on a remade, customized cover. This facility was directed to order literature from NAWS directly. NAWS has also been made aware of the situation. PR meets the 2nd Thursday of each month, 1401 1st Ave. Watervliet, NY at 6pm. Their next meeting will be held March 10th. Current open position is Chairperson.

The E&A Subcommittee met March 18, 2016 with 2 people in attendance. They continue with planning for their upcoming Learning Day combined with Chili Cook-off being held March 5th in Rensselaer. The E&A Chair position will be open as of May 2016. E&A meets the 3rd Thursday of each month at South Campus Community Center, 20 Warren Street. Albany, NY from 4:30pm-6:00pm. Their next meeting will be Thursday, March 17th. Current open position is Treasurer.

The Promise of Freedom Campout Committee met on February, 1 2016 with 13 members in attendance. They are in discussion about budgets for each of their subcommittees and how they can maintain the spiritual principle of prudence. Since registration opened, they have sold 30 registrations and 7 cabins. They currently have 3 cabins still available. The pre-registrations are a key component in contributing to their attendance count for planning of food and refreshments for the event. They are offering online registration on their website www.thepromiseoffreedomcampout.com. They are still looking for members to submit artwork for their POFC T-shirt design contest which must be submitted to any POFC trusted servant by March 15th. The winner of the T-shirt design contest will receive a free weekend pass to the event in June 2016. They have received 3 entries. Artwork design must be sent in black & white ink only. The POFC committee will now be meeting on the 1st and 3rd Monday's of each month leading up to the event, 1401 1st Ave. Watervliet, NY at 7pm. Their next committee meetings will be Monday, March 7th and Monday, March 21st. Current open position is Vice Chair.

Current open positions at the ARANA ASC: Vice Chair, Vice Treasurer, Alt RCM, Literature Chair, PR Chair, E&A Treasurer & Policy Chair – current nomination for nominee on the floor.

Current upcoming open positions include:

- ASC Chairperson – Open in May – Current motion for nominee on the floor.
- PR Vice Chair – Open in April
- E&A Chairperson – Open in May

Regional Motions being voted on at March RSC:

Motion for amendment to policy Article VII D. ABCDRNA Website defined 3. – **PASSED**

Motion to nominate Phil S. for regional meeting list coordinator. – **PASSED**

There were (20) CAR/CAT Tally sheets left on the table at the ASC meeting for GSR's to take to their groups. The GSR's were encouraged to have all tally sheets returned to either myself or the RD by the next ASC meeting in March.

The next ARANA ASC meeting will be held Thursday, March 31, 2016 – Trinity Church Parish, 1336 1st Ave. Watervliet, NY at 7pm.

In Loving Service,

Lisa D

3/5/16 BCANA RCM report to Region.

BCANA met on 2/16/16. Quorum was met with 8 GSRs present.

Members are concerned regarding the Convention and lack of accountability financially. They feel that this has been an ongoing problem with the Regional Convention and are disappointed because they feel ~~that~~ they had been assured things were going to be different going forward when they voted to approve the current Conv. Chair.

Discussion regarding Regional meeting list problems, and why changes were not made.
from months ago.

RR Chair, Frank B. announced a Save the Date for a much anticipated Area Service Learning Day event.

The event is being called "Our Primary Purpose", ~~and~~ it is a free event open to the Fellowship with a Spaykett Dinner.

It is being held on April 23, 2016

at the United Methodist Church
53 Fenn St. in Pittsfield, MA.
More to be revealed regarding the
time frame. I had hoped to have sheets
to bring with me ~~and~~ for this event
next month anyway.

We ~~to~~ held a CAR workshop and BMC
in one of the private Dining Rooms.
A.H. RCM Ryan started the event
with the video as I was a few minutes
late in arriving. The attendance was
16 addicts, 4 of whom were GSRs.
Questions were asked, I ~~was~~ answered
to the best of my ability.
The member there refuse to use the
tally sheets drawn up by RD Sandy M.
instead preferring to use the one provided
by World, in the CAR. They would like
her to obtain in case possible changes
are made to the motions on the CAR
floor. ~~ADD~~ Copies were made and
distributed of the World's tally
sheet. Thank you Ryan.
All in All a successful event.
Attendance exceeded my expectations

In Loving Service,
Teri J.

3-5-15

MURRAY AREA

Regional report

Good AFTERNOON my name is Robert and I
AM A Addict

we met on Feb 27th and had
11 GSR in ATTENDANCE

we conducted business and voted on motions.
we have open positions chair person of
PUBLIC INFORMATION, and Policy and Procedure
Per our Policy we are ACCEPTING NOMINATIONS
for our executive Body

~~we~~ we have our updated meeting list
changes.

we had lengthy discussion about
groups separating donations and earmarking
them strictly for sub committee use.

we added the convention web site
to our area web site. (THANKS TO THE REGIONAL
SECRETARY)

we have lots of celebrations coming up
RECOVERY AT SUNRISE MARCH 26th

Ruth 20 years

STACEY 20 years

MANNY 16 years

Valerie 13 years

GUT level group MARCH 25th

DON 32 years

LOU 27 years

step ~~to~~ ^{into recovery} Freedom March 10th
TIPPY 10 YEARS

Serenity group March 24th

JEFF 22 YEARS

DIANE 11 YEARS - 51

OPEN ARMS APRIL 4th

SANDRA Lee 20 YEARS

UP COMING EVENTS AND ACTIVITIES

STARTING APRIL 30th THE LAST SATURDAY
OF EVERY MONTH GAME NITE 970 STATE
ST. 7th

OUR ANNUAL MEMORIAL DAY PICNIC

MAY 30th 12-6

CENTRAL PARK PAVILLION

OUR CAR - CAT WORK SHOP WILL
BE FOLLOWING OUR NEXT AREA MEETING,
STAY TUNED FOR LOCATION

WE HAVE A \$400 REGIONAL DONATION
THANK YOU FOR ALLOWING ME TO SERVE
THE GROUPS OF THE MOHAWK RIVER AREA
THE MOHAWK RIVER AREA HAS ALWAYS
SUPPORTED OUR H-N-I SUBCOMTEE AND
HAS NOT DENIED THEM SUPPORT WITH INITIATIVE.

Robert