

Print

Date: Friday, June 24, 2016 11:35 AM
 From: Alchar Customer Service <customerservice@alchar.com>
 To: smarches@nycap.rr.com, Narcotics Anonymous <abcdnymlc@gmail.com>, rrealbob@aol.com
 Subject: ABCD Area Brochure Prices

Hello Sal, Phil and Bob,

It was great meeting with you all yesterday! 😊

Here is the price for the new size brochure (11" x 17") printed in black ink two sided on 60# colored offset double parallel folded to 11" x 4 1/4" = \$394.00*

*=Base Price for printing - Redesign of the brochure at \$50.00 per hour = 2 1/2 - 3 hours = \$125.00 - \$150.00. This charge will be on the initial redesign only. Future orders will be charged for the changes only which estimated time is 1 1/2 hours = \$75.00

As always, you will receive a proof via email for approval before printing. Thank you so much for your continued patronage with our company. We enjoy working with you! Have a great day! 😊

Jeanne M. Carras 😊

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I'd like to thank the Good Lord for making me a Yankee Fan!

Vice Chair Report.

July 2, 2016

There is not much to report this month, I did take the time to put together a monthly budget for the region it is a estimated budget that will give us a starting point to have a clearer vision of the regions expenses.

I.L.S. Don M.

SIMPLE MONTHLY BUDGET

MONTHLY INCOME

Item	Amount
Income 1	\$600.00
Income 2	\$0.00
Other	\$0.00

PERCENTAGE OF INCOME SPENT

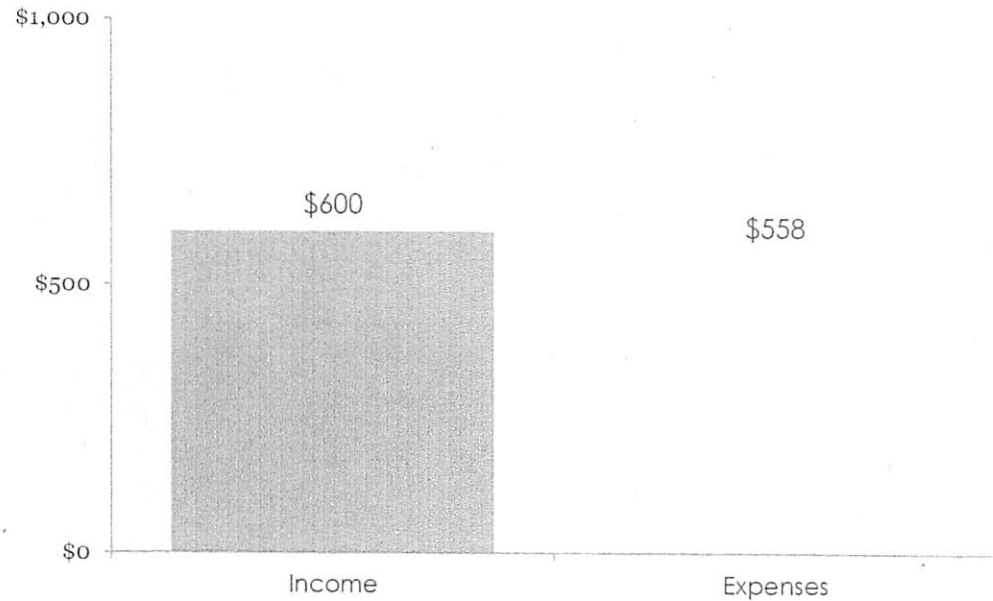


MONTHLY EXPENSES

Item	Amount
Rent/mortgage	\$20.00
voice nat.	\$44.94
rd/rda	\$75.00
ins	\$85.00
meeting list	\$0.00
web site	\$4.00
zonal forum /merl	\$50.00
storage locker	\$60.00
p.o.box	\$8.00
h+i	\$21.00
n.a.w.s	\$75.00
events	\$100.00
Miscellaneous	\$15.00

SUMMARY

Total Monthly Income	Total Monthly Expenses	Balance
\$600	\$558	\$42





ABCD REGION OF Narcotics Anonymous



July 2, 2016

Good morning:

Since our last meeting I have fulfilled my duties as follows:

After a few glitches that I will address in this report, the minutes from our June 4th meeting were sent out on June 10th.

I requested reports from the Treasurer, the MHA RCM and the qualifications from our RD nominee on June 6th. I never received any of those items nor a response except as noted below.

Sal sent in a report on June 15th that he said was not read at the RSC. Please correct me if I am wrong but I was under the impression that minutes were a reflection of what occurred at the meeting. Upon reading his report he stated much of what Mary stated in her report with respect to a regional events position as well as addressing issues that should fall under the Meeting List Coordinator's purview. I requested clarification on these matters that were never responded to.

On Wednesday, June 29th I received an email from MHA RCM requesting that the minutes be sent to her again, here is the content. "when you are able can you please forward me the June Minutes. I am sorry I have not sent my report I am in the habit of minutes being taken as the reports are given. I honestly cannot read everyone else's handwriting so I find it hard to go through scanned attachments. I will attempt to be more diligent in typing.....moving forward."

I do my best to handle the position as I see fit and from my experience in doing minutes for my home area. I take seriously the duty of providing minutes in a timely manner with the conscience thought that the areas we serve require RSC minutes in order to better prepare for the ASCs business. Although I type pretty fast, I do not feel it is a good use of my time to type out reports that are given to me. In an ideal world, all reports would be typewritten and sent to me electronically. I scan what I receive and send it out as is. I also see my role as a conduit between our regional committee members and our areas. When I send the minutes out, I also send them to contacts, usually secretaries, in each area. I also make it a point to be in contact with our webservant so that all flyers are provided for posting to the regional website.

I say all of this because it leads me to question whether this RSC feels that the position

of secretary would be better serviced by someone else. I think I am doing as good a job as possible given the attention or lack thereof from other regional trusted servants, but perception is not always reality.

ILS,

Pat H.
ABCDRNA-Secretary



ABCD Region Secretary <abcdr.secretary@gmail.com>

RDA report

1 message

gdwtchteri@aol.com <gdwtchteri@aol.com>
To: abcdr.secretary@gmail.com

Sat, Jul 2, 2016 at 11:14 AM

I have had some issues being able to access the discussion boards, but hopefully those are now resolved and I will be able to allocate some time everyday to keeping up with the discussions there. At this time the thing that seems to be the greatest point for discussion is regarding the straw poll held at WSC 2016 that stated groups using "illicit literature" at meetings were to be removed from meeting lists at the Area, Region and World level. Many members feel this is in direct conflict with the autonomy afforded the fellowship by Tradition 4. Plenty of comments also worry about how this move effects our unity and also the addict who still suffers and needs to find a meeting as this is reducing the number of meetings available to them. As I said last month, more will be revealed.

Perhaps we can individually send e-mails to the World Board if we feel strongly about this. Maybe public outcry could have an effect on those who are our trusted servants, not our leaders.

In Loving Service, Teri J.

I have been reading to the best of my ability the postings on the discussion boards. There still is a great deal of discussion and discord regarding the decision to remove groups using "illicit literature" in their meeting from area, regional, and/or world meeting lists when they fail to comply when they are asked to stop using said literature.

ABCDRNA Convention Committee

Report

June, 2016

With approximately two months remaining until the convention, things are moving along well. All of the workshop and main speakers have been confirmed and Workshop packets have been printed. We have secured taping and merchandise vendors. The logo has been selected and merchandise orders for the convention are underway. The artwork for the banner is being designed and we anticipate that being ready by the end of July. All of the DJ's are lined up for all upcoming events and the convention. The entertainment has been confirmed and plans are moving along at with the hotel. Pre-registrations continue to come in via mail and on-line registrations; we have sold 35/60 rooms for Friday night and 45/60 for Saturday. The hold on the block expires on July 27th but will be extended if need be.

The hotel has been taken care of. We anticipate being able to cover our remaining expenses with revenue from upcoming events. However, in the event that it is not advantageous to front the remaining balance of \$2,000, the hotel has agreed to forgo the last installment until the Monday following the convention. This provides adequate leeway in taking care of other expenses (i.e. merchandise, bags, lanyards, programs, etc.) before covering most of, if not all of, the remaining balance on the hotel.

We are working on finalizing plans for the opening, banquet and logistics regarding workshop and event locations. We have posted a request on our facebook page and we would appreciate if this could be mentioned throughout the region. During the convention we are planning a tribute to members who have passed away. If anyone would like to submit pictures of members they can be emailed to abcdrna08chair@gmail.com. The tribute will be a part of the opening night event.

A reminder we have two events this month, the 4th of July picnic in Cook Park and the Boat Ride on the 30th as always, we appreciate your support.

Treasurer's report:

Beginning balance for June	\$962.17
Debits	\$1,119.21
Deposits	\$2,096.57

Current Balance	<hr/> \$1,939.53
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ILS

Lill S.

ABCDRNA – Regional Helpline Subcommittee Report.

It is an honor and privilege to serve at this level on behalf of the region, We

Have a responsibility to insure that all Area Helplines are meeting the needs of the addict seeking recovery. In the interim period of adapting to this responsibility

A working subcommittee is required with openings extended out to those with a willingness to serve.

Currently a regional helpline policy is required to submit within the coming month, a fiscal review of the current contract with VoiceNation telephone service as well as input from Areas with current Helpline services, example – Grasshopper.

Short term goal – form a working subcommittee. 2) Submit a regional Helpline Policy. 3) Review all current Helpline Policy & Procedures for the ARANA Region.

In Loving Service

Jerome C



ABCD Region Secretary <abcdr.secretary@gmail.com>

H&I Chair & report

2 messages

Jim Patricelli <jimpets070258@gmail.com>

Fri, Jul 1, 2016 at 12:17 PM

To: Abcd Region Sec <abcdr.secretary@gmail.com>

Good afternoon, I will not be attending the Regional sub committee meeting 7/2 and will not be able to find someone to represent us, and do not have a monthly report to submit. I will try to get someone to pick up the motion I submitted to answer questions or Teri can answer them as the 2nd on the motion.

ILS,
Jim P ABCD Region H&I Chair

Sent from my iPhone

ABCD REGION SEC <abcdr.secretary@gmail.com>

Fri, Jul 1, 2016 at 1:00 PM

To: "Jim P." <jimpets070258@gmail.com>

Ok, thanks

[Quoted text hidden]



ABCD REGION OF Narcotics Anonymous



July 2, 2016

Good morning:

A productive month for the Events Ad-Hoc, at least from those who participated in the decision making. Kudos to the MHA for their enthusiastic participation in those decisions.

In preparation for a conference call to put some of the efforts I was putting together out there, I sent a draft flyer and a menu from a potential caterer to contacts in our areas, those who wanted to participate and others that may better know who, in their areas, may be interested.

We scheduled and had a conference call on Tuesday, June 14th with Sal, Marc and I. Michelle was unable to participate as well as Don. They both gave me their confidence to move forward. We attempted to include Mary but she later explained that she was on her way home and did not have a cell phone signal.

We decided to go with the catered BBQ charging \$15 per person, for a ½ chicken BBQ with 2 sides and 1 drink, we will also sell sodas/water at the event. It is a fundraiser and all profits go to purchase IPs and Meeting Lists for our Areas, but the event is mainly to put forth unity among our region's areas. The ability to purchase tickets for newcomers or a more experienced member that lives on a fixed income is always present and welcome. I am getting advance tickets printed and I hope that they are done and in my possession at the RSC. It's been tricky with the perforated Avery tickets I purchased being used by Staples, Minute Man Press, etc. I will eat the cost of those tickets which are unusable except at a very high cost that would not be a prudent use of funds. I requested 100 tickets be prepared and hope that a specific member from each area will sell them. The caterer wishes to have the head count 2 weeks before event, we of course can continue to sell tickets but they need at least 50 sold in order to make it worth their while. We would only need to supply the drinks one to include in meal and the rest to sell. The caterer supplies all condiments, paper products, etc. This is meant to be a family fun filled day at Thacher Park, with fellowship, food and games, and perhaps a hike along the trail for those who wish to do so.

Days after the conference call, I was thinking that I always enjoyed the auction the Promise of Freedom Campout then ran it by other members who also seemed to think it was a good idea and suggested we start collecting items to be auctioned. A flyer will be created for that purpose hopefully using the same area members who sell the tickets as

the collectors. I also wondered if a quilt could be created to be auctioned off. I know Teri is a great quilter and I learned that another member from Mid Hudson also quilts. Then I thought that a Quilting Bee could be arranged for sometime in August to assist in teaching interested members how to do it, I have always wanted to learn. A quilt could be created using donated T shirts designed for our many events throughout our Region over the years. I have several that I would be willing to part with myself for this endeavor. It would also encourage further participation and camaraderie among our region's members.

We have decided that the Spiritual Breakfast will be more of a meeting type of event and we will seek out a speaker or two for that. We were hoping to hold that event in either GMA, BCA or SAMMA in the fall. In my past as an E&A Chair, we had a Traditions and Concepts Learning Day within a Speaker Jam, it was quite well attended and folks learned about more than "Loving You, Hurting Me" kind of messages. More will be revealed.

ILS,

Pat H.
ABCDRNA-Events Ad-Hoc Chair

ARANA July Report

Greetings to the Region-

In Melanie R's absence I am here representing ARANA; the ASC met on Thursday June 30th with 16 GSRs in attendance. Quorum was met and business was conducted.

H and I chair was happy to report that there was 20 addicts in attendance at the subcommittee meeting on June 27th and 2/3rds of the open commitments are fulfilled, including one of their more difficult commitment to fill, RCJ for women.

PR chair reported that they are currently working on a poster drive and has been having information tables at Narcan training events held throughout the area.

The Promise of Freedom Campout chair reported that there were over 400 adults and 80 children who attended the campout this year; making it a huge success. There have been nothing but fantastic reviews regarding the menu and how the kids loved the children's activities. The final treasurer's report will be in July; there are still purchases to be made and outstanding checks to clear.

Groups are still concerned with accountability when it comes to the meetings lists and changes submitted to the Meeting List Coordinator. It has been requested again that the MLC attend an ARANA ASC to personally address these concerns. I would like to extend an invitation to the MLC to attend the next ARANA ASC on Thursday July 28th.

The ASC will be voting at the July meeting to fill two currently vacant positions, Vice Treasurer and RCM. An ad hoc committee has been formed to coordinate the "Ties that Bind Us" area picnic, more will be revealed.

In new business; the ARANA ASC meeting will not be moving back to 1336 First Ave. Watervliet (Trinity Church). St. Michael's located at 49 Killeen Park, Colonie has extended the invitation to stay at their location and the Chair has accepted. I ask that this information be updated on the RSC meeting lists and please share with your ASCs.

ILS-

Kristin T



ABCD Region Secretary <abcdr.secretary@gmail.com>

RCM report

1 message

gdwtchteri@aol.com <gdwtchteri@aol.com>
To: abcdr.secretary@gmail.com

Fri, Jul 1, 2016 at 11:48 AM

Berkshire County ASC met on July 21 at 6:30PM. Meeting opened with the serenity prayer and the reading of the 12 Traditions and 12 Concepts. Quorum was established with 7 GSRs present.

Sub-committee reports were given.

The Camp-out Committee let us know everything is moving forward well. They have purchased a few items to use for current and future fund raising events and are looking at renting their own storage space because they don't want to monopolize the area's storage unit with their stuff. The chair reminded everyone that the Campout is fast approaching, July 15, 16, & 17. We hope to see everyone there. There are flyers on the table and information on the website.

PR is active in Berkshire County and as a result is requesting more meeting lists to distribute to more places. They did a joint presentation with some members of H&I at a new facility located at BMC. This facility does not yet have a name but is a longer term 30 day treatment center. The presentation was well received.

H&I is in need of trusted servants for co-panel leaders positions, one on Thursday at BCHC is still open and one on Thursday night at Jones 2 is still open. These commitments are being covered for the month by other members, many thanks to them once again. Two meetings have been scheduled with coverage for the new facility but a permanent schedule will be determined at the next H&I meeting. No literature order was placed this month as there was enough on hand.

The Meeting List coordinator is working with PR to determine if the current number of meeting lists printed will be adequate or if more will be needed to be printed regularly.

The There is Hope group has scheduled it's 32nd annual picnic. It will be August 6th from 12-5 at the Controy Pavilion on Onota Lake in Pittsfield.

Addicts in the Attic has scheduled their annual Labor Day Pig Roast. It will be from 12-5 on September 5th at the Controy Pavilion on Onota Lake in Pittsfield.

In Loving Service, Teri J.

Sent from AOL Mobile Mail

Get the new AOL app: mail.mobile.aol.com

mail.com>

The Mid-Hudson Area ASC met on Thursday, June 30, 25 GSRs were present, quorum was met and business was conducted as usual. Open positions are Policy, Literature Review, Outreach, and Coffeemaker. Our current operating balance allows us to make a donation of \$140.75 to the ABCD Region.

Our H & I and PI sub-committees are strongly supported, and actively spreading the message of hope and recovery, that no addict need die from the horrors of addiction.

Upcoming events include the 10th Annual Leave Your Monkey in the Woods Festival, to be held July 9, at the Lake Katrine Rod & Gun Club, from 10 am to 10 pm. Registration is \$15 in advance, \$20 at the event – I am the Registration Chair, and you may contact me for more information. We are also moving forward with planning for our first One-Day Convention, to be held in Poughkeepsie on November 12 – I will bring Pre-Registration flyers as soon as they are made available. On July 30, the 3rd Annual Columbia -Green County Unity Day will be held at Dutchman's Landing Park in Catskill – this is a free event. Our H & I sub-committee announced that they will be holding their annual Learning Day in the month of October – more will be revealed.



Secretary Mohawk River Area <secretarymrana@gmail.com>

Asr report

2 messages

Robert Hohn <rhohn@gmail.com>
To: secretarymrana@gmail.com

Thu, Jun 30, 2016 at 4:07 PM

Regional meeting was held on 6/4/16 at the Albany renslear camp out.
4 of 6 areas were present.
Trusted servant reports
Chair absent medical
Vice chair busy month no written report
Secretary no written report
Treasure lura started as new treasure
Rd completed her commitment see written report
Alt rd present see written report
Helpline nominee gave report we are only using 79 minutes of our plan
Convention chair was present for a couple of minutes and her report was read by Secretary
Meeting list coordinator
We have 3600 incorrect meeting lists
A addict volunteered to help get the new printing wright
H n I is working with mid Hudson to work on a drug court issue
Ad hoc we will be using a caterer for our regional picnic
Area report
Albany renslear 19 gsrs are working on correcting there meetings
Berkshire 9 gsrs talked about removing readings from meeting list
Mid Hudson 23 gsrs monkey in the woods
July 9 th
Green mt absent there camp out August 18 th thru 21 st
Talked about starting a regional events and activities committee
We have 1 new motion to have Terri our alt rd to become our new rd
Thank you for allowing me to serve the groups of the Mohawk river area
Robert

Secretary Mohawk River Area <secretarymrana@gmail.com>
To: Robert Hohn <rhohn@gmail.com>

Thu, Jun 30, 2016 at 4:35 PM

Got this one

[Quoted text hidden]