

**ABCD REGIONAL SERVICE COMMITTEE OF N.A.  
MINUTES OF AUGUST 6, 2016 MEETING  
[WWW.ABCDRNA.ORG](http://WWW.ABCDRNA.ORG)**

<b>ABCD REGIONAL SERVICE BODY MEMBERS</b>			
CHAIRPERSON	Sal M. (██████████)	██████████	Jan 2017
VICE CHAIRPERSON	Don M. (██████████)	██████████	Jan 2017
TREASURER	<b>OPEN</b>		
SECRETARY	Pat H. ( <a href="mailto:abcd.secretary@gmail.com">abcd.secretary@gmail.com</a> )	██████████	Jan 2017
REGIONAL DELEGATE	Teri J. (██████████)	██████████	Aug 2017
REGIONAL DELEGATE ALTERNATE	<b>OPEN</b>		
ALBANY/RENSSELAER AREA RCM	Kristin T. (██████████)	██████████	Area
BERKSHIRE COUNTY AREA RCM	Ryan S. (██████████)	██████████	Area
GREEN MOUNTAIN AREA RCM ALT	Pierre A. (██████████)	██████████	Area
MID-HUDSON AREA RCM	Michelle L. (██████████)	██████████	Area
MOHAWK RIVER AREA RC	Robert H. (██████████)	██████████	Area
SAMMA RCM	<b>OPEN</b>		Area
HELPLINE	Jerome C. (██████████)	██████████	Jan 2016
HOSPITALS & INSTITUTIONS	Jim P. (██████████)	██████████	Jan 2017
POLICY	Mary W. (██████████)	██████████	Jan 2016
MEETING LIST COORDINATOR	<b>OPEN</b>		
REGIONAL WEBSERVANT	Matt A. ( <a href="mailto:abcdwebservant@gmail.com">abcdwebservant@gmail.com</a> )	<b>Email</b>	Jan 2016
CONVENTION CHAIR	Lillian S. (██████████)	██████████	Jan 2017
CONVENTION VICE CHAIR	Bobby C. (██████████)	██████████	Jan 2017
CONVENTION TREASURER	<b>OPEN</b>		
ALT. CONVENTION TREASURER			

<b>REGIONAL/AREA SERVICE COMMITTEE MEETINGS</b>			
ABCD Region	First Saturday of each month	11:00 AM	McKownville Methodist Church 1565 Western Ave, Albany, NY
Albany/Rensselaer Area	Last Thursday of each month	7:00 PM	49 Killian Drive, Colonie, NY
Berkshire County Area	Third Tuesday of each month	6:30 PM	B.M.C., Private dining rooms, Level G, 275 North St., Pittsfield, MA
Green Mountain Area	Last Sunday of each month	1:15 PM	Springfield Hospital Library, Springfield, VT
Mid-Hudson Area	Last Thursday of each month	7:00 PM	St. James Church, Corner of Fair and Pearl Streets, Kingston, NY
Mohawk River Area	Last Saturday of each month	1:00PM	970 State St., Schenectady, NY
SAMMA	Second Sunday of each month	3:00PM	37 Saratoga Ave., S. Glens Falls, NY
ABCDRNA CC	Second and Fourth Wednesday each month	6:00PM	388 Clinton Avenue SEFCU Bldg, Albany, NY

**Call to Order**

Meeting was called to order at 11:00 with a moment of silence, followed by a reading of the Service Prayer, the Twelve Traditions, and the Twelve Concepts. Read Concept 8. Roll call taken.

**Roll Call**

<b>POSITION</b>	<b>NAME</b>	<b>PRESENT</b>
Chairperson	Sal M.	✓
Vice Chairperson	Don M.	
Treasurer	Lura L.	✓
Secretary	Pat H.	✓
Regional Delegate	<b>OPEN</b>	
Regional Delegate Alt.	Teri J.	✓
ARANA RCM	Kristen T.	✓
BCANA RCM	Teri J.	✓
GMA RCM-Alt	Pierre A.	✓
MHA RCM Alt	Michelle L.	✓
MRA-RCM	Robert H.	✓

SAMMA RCM	OPEN	
Helpline Chair	Jerome C.	✓
Hospitals & Institutions Chair	Jim P.	✓
Policy	Mary W.	
Meeting List Coordinator	<b>OPEN</b>	
ABCD Regional Webservant	Matt A.	✓
Convention Chair	Mikel I.	✓
Convention Treasurer	OPEN	

Visitors: Bobby R., Danielle M.

**Review of Minutes from previous month** – accepted after date change on agenda.

Phil S. stepped down as Meeting List Coordinator, Lura L. stepped down as Treasurer both positions now open. After ARA RCM report Chair changed order of day to do motions first. Teri. voted in as Regional Delegate (see motion section for more info)

### Representative Reports

**Treasurer's Report** We have not had a treasurer's report for approximately 4 months. Lura stepped down as she said she was not able to handle the position due to health issues.

**Chair Person Report** Written report read by Sal, attached. Appointed Lura as Regional Inventory Ad Hoc Chair.

**Vice Chair Report** NOT PRESENT, illness in family.

**Secretary's Report** Report by Pat read. Written report attached.

**Regional Delegate Report** OPEN

**Regional Delegate Alternate Report** Report read by Teri J. Written report attached. Also offered an "illicit literature" perspective from the delegate discussion board.

### Subcommittee Reports

**Helpline Report** Written report read by Jerome, attached.

**Policy Report** NOT PRESENT, submitted written report read by Pat.

**Convention Committee Report:** Report by Lillian read by Mikel who is representing committee.

**Convention Treasurer Report OPEN** Report added to Chair's report, no treasurer.

**Hospitals & Institutions** Written report by Jim P read and attached.

**Meeting List Coordinator** Phil stepped down, Bobby R. gave oral report, discussed new meeting lists and what was done to get them out to groups, wants there to be 2 people handling at all times (pick up, batch, distribute). Had 3200, 2500 were provided to Areas to be paid at RSC all monies received and accounted for, 140 sold at RSC, 400 given to Convention Committee. Requested another batch be printed, several additional changes will be added. Regional committee members want Area Helpline numbers placed on front of meeting list. Received permission from regional committee members to go to print.

**Webservant** Written report read by Matt, attached. Regional website renewal of \$39.99 due on August 22<sup>nd</sup>.

**Ad-Hocs: Helpline Cost:** Ryan absent, no report. **Budget:** Don, absent, no report. **Events:** Written Report by Pat. Requests that Tshirt donations be provided by next RSC. Date set for Spiritual Breakfast (flyer attached) **Regional Inventory:** created, chaired by Lura, would like for each area to submit their budgets to assist with the inventory.

**Albany Rensselaer Area** Report by Kristin read. Written report attached.

**Berkshire County Area** Report by Ryan. read by Teri.. Written report attached

**Green Mountain Area** Report by Pierre read, written report attached. Learning position, would like all GMA inquiries to go through him.

**Mid-Hudson Area** Written report by Michelle read, attached..

**Mohawk River Area** Report by Robert read. Written report attached.

**Southern Adirondack Miracles OPEN** Nominee was to appear, no show.

**Open Sharing List of Topics** Meeting List Coordinator position. Timing of events to avoid conflict. We read Concept 8 at RSC which declares that "Our service structure depends on the integrity and effectiveness of our Communications". Part of communication is making sure to read information provided. Discussed doing an event on service in a speaker jam format.

### **New Business**

#### **Motions as follows:**

**Motion Maker:** Jim P.

**Second:** Teri J.

**Motion:** To propose an annual budget for the ABCD Regional H&I subcommittee to provide meeting lists where needed to carry the message effectively to addicts who can't attend regular meetings.

**Intent:** To provide ABCD regional meeting lists, Greater NY Region meeting lists and provide a Learning Day annual to encourage participation (see attached breakdown).

90 day Policy motion to be voted on at the Aug RSC Meeting **PASSED**

**Motion Maker:** Robert H.

**Second:** Melanie R.

**Motion:** To elect Teri J., as the Regional Delegate

**Intent:** She now serves as our Alt. Regional Delegate

**Qualifications:** I have a NA sponsor who has a NA sponsor. I have a working knowledge of the 12 Steps and 12 Traditions. I am gaining a better understanding of the 12 Concepts of Services while doing service at the regional level. I have held service positions at the group and area level. I have been doing service of some type in some capacity almost as long as I have been clean. This is my second time around as Berkshire County's RCM to region. My home group is Hope and Glory which meets on Sunday at 12:30.

60 day Election motion to be voted on at the Aug RSC Meeting **PASSED**

**Motion Maker:** Robert H.-MRA

**Second:** Teri J.-BCA

**Motion:** For the formation of a Regional Events and Activities Subcommittee

**Intent:** To create unity in our region to better serve our groups and areas.

90 day Policy motion to be voted on at the Sept RSC Meeting

### **Announcements (Including Treasury Balance)**

Operating Balance: ?

Meeting Closed with Serenity Prayer

**DRAFT AGENDA FOR ABCD RSC**  
**Saturday – September 3, 2016 11:00am**  
**1565 Western Avenue**  
**McKownville Church**

1. Bring Meeting to Order @ 11:00 a.m. w/Serenity Prayer
2. Reading of the Service Prayer
3. Reading of the 12 Traditions of N.A.
4. Reading of the 12 Concepts of N.A.
5. Roll Call
6. Reading of Concept of the Month (9<sup>th</sup>)
7. Minutes of Last Meeting
8. Treasurer's Report
9. Alternate Treasurer's Report
10. Representative's Report
  - A) Chairperson
  - B) Vice Chairperson
  - C) Secretary Report
  - D) Regional Delegate
  - E) Regional Delegate Alternate
11. Subcommittee Reports:
  - A) Helpline
  - B) Policy
  - C) Convention Chair
  - D) Convention Treasurer
  - E) Hospitals & Institutions
  - F) Ad-Hoc Committee(s)
  - G) Meeting List Coordinator
  - H) Regional Webservant
12. Area Business:
  - Albany-Rensselaer Area RCM Report
  - Berkshire County Area RCM Report
  - Green Mountain Area RCM Report
  - Mid-Hudson Area RCM Report
  - Mohawk River Area ASR Report
  - Southern Adirondack Mountain Miracle Area RCM Report

13. Sharing Session
14. Old Business/New Business

**Motions as follows:**

**Motion Maker:** Robert H.-MRA

**Second:** Teri J.-BCA

**Motion:** For the formation of a Regional Events and Activities Subcommittee

**Intent:** To create unity in our region to better serve our groups and areas.

**90 day Policy motion to be voted on at the Sept RSC Meeting**

**Motion Maker:** Robert H.-MRA

**Second:** Michelle-MHA

**Motion:** To add to the regional policy that it is the responsibility of the RD and RDA to hold four north south east and west workshops/learning days on topics such as the IDTs presented at conference each non conference year working in coordination with areas E&A committees at a cost not to exceed \$250 each.

**Intent:** To continue to share WSC information throughout the year with areas and groups.

**90 day Policy motion to be voted on at the Nov. RSC Meeting**

**Motion Maker:** Teri J.

**Second:** Kristin T.

**Motion:** To increase the daily food allowance budget for the alternate regional delegate to \$75 from \$55.

**Intent:** To allow for any ARD to be able to eat well when at the WSC, based on rising food costs and availability there.

**90 day Policy motion to be voted on at the Nov. RSC Meeting**

**Motion Maker:** MRA-Robert H.

**Second:** MHA-Michelle

**Motion:** To nominate Bobby R for regional treasurer.

**Intent:** To have a dedicated and experienced regional treasurer at the ABCD region.

**Qualifications:** Multiple group treasurer. Area Treasurer, 3 times Convention Treasurer.

**60 day Election motion to be voted on at the Oct. RSC Meeting**

15. Announcements (Including Treasury Balance).
16. Close the Meeting with the Serenity Prayer

"KEEP COMING BACK"