

ABCD Region Treasurer's Report**Nov,5 2016**

The opening balance last month was \$4687.97 with 1200.00 in prudent reserves \$309.48 in meeting list funds. Our WSC fund is \$500.00 Our insurance fund is 400.00 Our Storage Locker Fund is 150.00

Our income of \$1487.36 from the RSC meeting included:

BCA donation\$

GMA donation\$

SAMMA donation: \$121.20

MRANA donation: \$20.00

ARANA donation: \$231.61

MHANA donation: \$249.05

Other donation: \$N.A.G.\$189.00 Refund- \$43.50 E.+A.\$543.00

MHANA meeting list\$0

BCA meeting list\$0

SAMMA meeting list:\$0

MRANA meeting list: \$0

ARANA: meeting list:\$45.00

Total Income: \$1487.36

GMA meeting list\$0

Other:\$45.00**Our expenses of \$843.93 at the RSC meeting included:**

E.+A. \$458.41

Rent for ABCD: \$: 20.00

Transfer to WSC fund \$100.00

NAWS donation: \$:233.00

Transfer to Ins.fund\$100.00

Voice nation:\$:44.95

Transfer to storage locker \$50.00

Alchar Printing: \$: 0

RD/RDA Expense\$0

Storage Locker\$0

Web.Site\$ 0

P.O. Box(annually) \$0

Service Charge\$3.00

H+I \$59.24

Total Expenses \$846.93

Lock for storage shed \$28.33

We closed the RSC meeting and open today's meeting with an:**Operating balance: \$2178.92****Web Site:\$0****P.O.Box : \$ 0****Meeting list fund \$399.48****Storage Locker\$150.00****WSC fund:\$500.00****E.+A. fund\$500.00****Ins. Fund:\$400.00****Prudent reserve:1200.00****Total Fund Balance\$5328.40****ILS. Don M.**

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Vice Chair Report. Nov.5, 2016

This month Sal and I went to the M.H.A. H.+I. learning day and it was nice to see members show up to learn how to become involved with the subcommittee and the speakers were great. We also attended the S.A.M.A. meeting to get a contact number so Pat could get a speaker for the event. Sal and I went to the storage shed and put a new lock on, because every time we went to the storage shed it was unlocked. I would like to thank all those involved putting on the Spiritual brunch they did a great job. We had set up ninety-three chairs at the tables and they were full and there were members outside so I would say there were more than a hundred people there and all six areas had speakers. I had the opportunity to share with two members that had less than thirty days and they shared about not being able to attend a N.A. meeting every day because some days there is none and that they hoped one day there will be a meeting each day of the week. I also have the treasures report.

I.L.S. Don M.



ABCD REGION OF Narcotics Anonymous



November 5, 2016

Good morning:

Since our last meeting I have fulfilled my duties as follows:

The minutes from our last meeting on October 1st went out on October 6th.

All written reports were received and sent out with the minutes. Thank you.

I receive emails from our Areas' secretaries as well because they are on the regional list and most of them send their minutes to me. If you want them, please let me know.

I received an email from our former RD Sandy with information on a webinar put on by a Florida region in which Sandy was asked to participate and present on her idea about the WSC.

I sent out flyers that I received during the month and also a GMA meeting list correction was sent to the Meeting List Coordinator email, our webservant and Bobby.

Since I am hoping to be elected as the Region Events & Activities Chair, I am not seeking a second term as secretary. I will, of course, be happy to produce the minutes until we get a nominee for the soon to be open position. The email address and contacts I created for the secretary will be passed on to the next office holder.

ILS,

Pat H.
ABCDRNA-Secretary

jerome culler

518-405-8605
Jusrome13@gmail.com

11/5/2016

Good Morning Regional Service Members,

We are continuing to appreciate your support and patience as we continued to reach out to the six service areas that comprise our Northeast Region. I am elated to report that we have now concluded visits to all six areas and extended our gratitude and support for the Regional Helpline.

We also have requested for support in the form of volunteers and have noted that 3 areas in our region have submitted volunteers prior to concluding their own ASC meeting, and we are extremely grateful for that participation. We also requested support in forming a Regional Policy for the Helpline Subcommittee and noted that several areas were eagerly willing to participate in this as it will affect addicts in their own area as well.

I am also relieved to report that the transition from Voicenation has taken place on Oct 10, 2016 due to being officially notified by Grasshopper that our toll free number is effectively working with the account. The transition was arduous but behind us at this point. In moving forward, this body needs to be aware that there was a \$30.00 charge to maintain our toll free number and forward it to Grasshopper, also Voicenation billed us as well. Unfortunately it does not appear that they prorate their charges so we were charged a monthly fee.

From this point on the Helpline will continue to respond to calls and focus on our next goal – which is to having a working policy that meets the needs of the 6 areas it serves as a Regional body as well as the most important person the addict seeking recovery.

Serving God's Will

Jerome C. – Regional Helpline Chairperson



From: Jerome Culler
Sent: Monday, October 10, 2016 11:45 AM
To: Gr8fulgirl37@yahoo.com
Subject: Fwd: [#DAX-616478]: Toll Free Number Transfer

----- Forwarded message -----

From: "Jerome Culler" <jusrome13@gmail.com>
Date: Oct 10, 2016 10:58 AM
Subject: Fwd: [#DAX-616478]: Toll Free Number Transfer
To: "ARANA Secretary" <ARANASecretary@gmail.com>
Cc:

----- Forwarded message -----

From: "Admin" <transfers@grasshopper.com>
Date: Oct 9, 2016 10:52 AM
Subject: [#DAX-616478]: Toll Free Number Transfer
To: <jusrome13@gmail.com>
Cc:

> Hello,

>

> Good news! The transfer of your toll free number 888-399-5519 has been completed! I just placed a test and verified that it is working with your Grasshopper account.

>

> Thanks for choosing Grasshopper.

>

>

> _____
> Grasshopper

> 24/7 Support: 800-279-1455

>

> Stay informed about Grasshopper:

> Follow us on Twitter @Grasshopper (<http://twitter.com/grasshopper>)

>

> Entrepreneurs can change the world:

> Join the movement: <http://grasshopper.com/idea>

>

> Use of email is inherently insecure. You should never include your credit card number or other sensitive information in an email or email attachment. If you need to update your billing information please visit <https://portal.grasshopper.com> or call Grasshopper Support 24/7 at 800.279.1455.

>

> Ticket Details

> =====

> Ticket ID: DAX-616478

> Department: Toll-free Numbers

Report to Region
November 5, 2016

Greetings to the Region:

First order is that I must apologize for extending the Regional Meeting by at least ½ hour last month. I was in error regarding the need for a 2/3 vote to change policy. There is nothing in our policy saying anything of the sort. I was operating under an assumption because every other policy I have worked with has such a clause. The fact is our policy treats a policy motion just like any other motion.

Second - Now that we have created an Events & Activities committee for the Region we need to define what it is. The motion did not provide any substance that I can include in the Policy. Our Fifth Concept says, "For each responsibility assigned to the service structure, a single point of decision and accountability should be clearly defined." What are the duties and responsibilities of the committee? Do they have a budget, and if so, what is it?

Third - Our current policy states that "financial support of the RD and RD-Alt when conducting Regional Business includes hotels, tolls, fuel and/or transportation fares, and \$50 per day for food." Does the current motion to raise the food allowance pertain just to the WSC or is it for all events/workshops that the RD team attends on our behalf?

Fourth – I would like to say that the breakfast in Vermont on October 22nd was a wonderful event and the turn-out was terrific; I commend all who worked on it for their efforts. However, I am a bit concerned that we allowed a "blank" check to be given out for the purchase of supplies for the Spiritual Breakfast. I do not believe that anyone was going to misuse or overspend the regional funds; it is just a matter of principle. Our current Policy states, "all disbursements from the Treasury must be approved on the Regional floor, either as Regional policy, or by specific motion."

I think we all need to think about how we conduct our meetings moving forward, rushing things at the end of the day when everyone is tired and wants to go home is not the best way to serve the needs and concerns of our member groups.

Thank you for letting me serve,
Mary W.

Fwd: H&I ABCD Regional sub-committee report 11/5/16

1 message

jimpetsG G <jimpets070258@gmail.com>
To: Abcd Region Sec <abcdr.secretary@gmail.com>

Fri, Nov 4, 2016 at 10:01 PM

Sent from my iPhone

Begin forwarded message:

From: jimpetsG G <jimpets070258@gmail.com>
Date: November 4, 2016 at 10:00:19 PM EDT
To: Jim Pets <jimpets7258@hotmail.com>
Subject: H&I ABCD Regional sub-committee report 11/5/16

Good morning, first I want to say thank you to the regional subcommittee for allowing me to serve as the H and I chair for the past year. I will not be seeking reelection for a second term due to personal conflict with the ability to attend the subcommittee meeting regularly. I feel we've accomplished a lot of good things in the first few years as a regional hospitals and institutions subcommittee and I will continue to serve in whatever capacity I can to help us grow in our ability to carry the message to those who can't attend regular meetings. A nomination has been put on the floor and has the full support of our subcommittee nominating Shawn M for regional H&I chair. I will continue to serve as the chair until the vote comes back from the groups.

The sub committee met by conference call on Wednesday, October 26th with 12 members in attendance, including the five area H&I chairs & 2 vice-chairs.

Green Mountain area is looking for a new H&I chairperson but continues to run as a subcommittee. They currently serve six commitments.

ARANA is back meeting on the third Monday of every month at the regular location Trinity Parish in Watervliet. They are also holding a learning day on Sat. November 19th at the Killian Park location in Albany from 11-3 all are welcome. They currently serve 15 commitments.

The Mohawk River area reports all 9 commitments are doing well. New vice-chair attended conference call. Discussion was had regarding the report from last month that Hale Creek is in the process of clearing women to go into an all men's state correctional facility. The chairperson stated she will look into this but believed it was for clearance in youth facilities, not men's prison.

Mid-Hudson area reported the learning day in October was very successful. 25 members attended. Support from panel members on following do's and don'ts & requirements to serve, such as attending sub committee meeting regularly & maintaining good relations and communication with facilities. 9 commitments served.

Berkshire Area is doing well also, each commitment has co-panel leaders, 10 weekly and 1 bi-weekly. New vice chair also attended conference call. Learning Day to be scheduled soon. Looking for Spanish basic texts, which will come from ECCNA soon. Some issues with jails, not enough panel members, and discussion had regarding drug replacement.

Samma - Region continues to serve Great Meadows Correctional every other week & ARANA helping Glen Falls Hospital Detox, which requested more than one meeting per month.

DOCCS- 3 NA members attended orientation Oct 3rd in Albany, next orientation scheduled 11/18 Trinity Parish in Wvlt. Working with Mid-Hudson & Westchester & Lower Hudson areas to get a meeting back in Bedford Hills for women. Continue to help at Eastern & Ulster. ECCNA to finalize # of Basic texts soon donated to Regions on East Coast for correctional facilities, attendance was down a little this year compared to recent years. We discussed distribution to spread evenly with # of correctional facilities, rather than evenly with 6 areas as we did in the past. Vote in November.

Lastly we discussed conference call night to be changed from Thursday to Wednesday before Regional meeting works best for participation for all. Next call will be Wed 11/30 9:15 P.M.

In loving service,

Jim P.

Sent from my iPhone



ABCD REGION OF Narcotics Anonymous



November 5, 2016

Good morning:

This event was a team effort that was supported by all of our areas. The idea of having each area provide a speaker was a good one. All of the scheduled speakers showed up. It was great to see SAMMA in attendance. It was a awe inspiring success with over 100 members in attendance. Aside from the surprising number of folks who attended I was most impressed by those who did service. Not only did the Green Mountain Area do service, but members from ARA, BCA and MRA also stepped up to the plate. It was awesome! Members of GMA who attended were so very grateful to all of us for coming there to put on this event. I had so many come up to me to say how pleased they were that the Region showed up in full force. It was simply wonderful. The selfless service of all who assisted was heartwarming to see. If I am so fortunate as to become the Regional E&A Chair, Sal and I talked of our hope to make this an annual event. I also hope to work with all of our areas to coordinate events around our region.

Speaking of Sal, he was instrumental in making this event a success. He helped me to shop, he went to the storage unit to get needed items, he transported all items to event site and even coordinated efforts with a member of BCA to keep the very busy kitchen operating. Don helped Sal with last minute shopping and manned the table to collect donations as well as selling merchandise left over from convention. In the absence of a Treasurer for the Ad Hoc, Don has reported on all financial aspects of our Spirituality Breakfast so I will not be duplicating that effort here.

The unity in action was palpable with the diversified nature of our members coming together to carry the message. I am attaching the program created for the event for our archives.

We are still looking Regional and Area T shirt donations from our many events over the years so that a quilt can be made, for the TWENTY YEAR COMMEMORATION of our Region's existence (Formed July 1998). We ask that you, please announce at your ASCs and groups that we are seeking Tshirt made for our many events over the years, both area and regional events, including conventions.

ILS,

Pat H.
ABCDRNA-Events Ad-Hoc Chair

ABCDR EVENTS AD-HOC SPIRITUAL BREAKFAST

Oct - 2016

Pat H., Chair

Received

Payment

Item Description

Expenses:**Restaurant Depot**

\$339.06

Printed Programs (paid by Pat)	
--------------------------------	--

\$27.55

Rent for Event	
1	100
2	200
3	300
4	400
5	500
6	600
7	700
8	800
9	900
10	1000
11	1100
12	1200
13	1300
14	1400
15	1500
16	1600
17	1700
18	1800
19	1900
20	2000
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88	8800
89	8900
90	9000
91	9100
92	9200
93	9300
94	9400
95	9500
96	9600
97	9700
98	9800
99	9900
100	10000

\$40.00

Additional Food Items

\$42.80

TOTAL	100%
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\$449.41

Income:

Suggested Donation & Merchandise

543.00

Receivable

\$543.00

Payables

-\$449.41

Profit**\$93.59**



ABCD Region Secretary <abcdr.secretary@gmail.com>

report November 2016

1 message

Lura L <abcdr.inventory@gmail.com>

Fri, Nov 4, 2016 at 8:07 PM

To: ABCD Region Secretary <abcdr.secretary@gmail.com>

There is nothing to report this month. I lost the sign up sheet and after multiple hospitalizations will make the finding a vice-chair for the committee my first priority in case there are issues in the future.

ILS

Lura L

Good afternoon-

The ARA ASC met on Thursday October 27th. I was not in attendance, but I was given the Area's votes and some GSR's have sent me questions to ask pertaining to the motions. I was told that there was a motion put forth for an Alternate RCM. I was excited to hear this new; the class I was going to take is only offered on Thursday evenings next semester, so this eases the burden of the conflict.

ILS-

Kristin

Questions-

Meeting List Question:

What needs to be done to get the Webservant the PDF version of the meeting list?

Questions for Pat:

1. As regional E&A chair do you intend on communicating with area E&A and ad hoc committees so there is no conflict between areas and regions?

2. Why were you removed from the fundraising chair for the convention?

Questions for Pat:

1.

As regional E&A chair do you intend on communicating with area E&A and ad hoc committees so there is no conflict between areas and regions?

2.

Why were you removed from the fundraising chair for the convention?

Answers:

The first is a no brainer as we have made ample effort to notify areas of previous events "WELL IN ADVANCE", not that this has made much of a difference, we have had to cancel twice. I will continue to work closely with areas and their Events Chairpersons (ad hocs) to ensure that we do not bump heads and work in coordination with all of our areas. I also intend to work with our webservant to ensure that ALL regional/area events are posted on the website so that the calendar will be up to date and the go to spot for all areas when planning events.

The second question is a bit more complicated. For those who have done service with me on a group, area or regional level, you may surmise that I take my position seriously. I try to follow protocols as set forth, I believe in each responsibility being clearly defined as well as each level or position being the single point of accountability. That was not how the convention committee operated. Although there were many misrepresentations made about the reasons I was fired, it was indeed a group conscience decision. I can only surmise that it was based on my efforts to have defined lanes and for wanting to be accountable for my lane and not being submissive. The vindication for my being removed is that many who had followed the convention chair's type of leadership, who were micromanaged and treated in the same fashion as I was, several of them apologized to me for their part in allowing the dysfunction to continue. The end result was the lack of prudence and accountability with NA funds and with the region having to cover the balance of an almost \$900 hotel bill in a timely manner or be liable for a \$20,000 contract violation!

The region has not had any accountability for months before the convention and none so far after the convention. Normally the convention generates seed money for next one as well as a generous regional profit. The convention bank account was closed 2 days after, but I digress.

The moratorium voted on by each area was so that we would allow some space for reflection. Even that group conscience decision was misrepresented. I have often personally heard from many of the usual convention committee crew that there will never be a convention. That is also not true. The moratorium was for 2 years. Allowing for another in 2020 after 2 years of planning. The regional E&A will hopefully be able to accumulate the \$8000 convention reserve by that time, as of now we are apparently at \$0. But there is no way to know for sure as no one has provided a report.

November 4, 2016

RCM Report Berkshire County Area

I'm sorry I may not be there this month. I am traveling for work. It has not gone smoothly. I'm typing this out on a plane and I won't get home until at least 2am. I will try to make it in spite of this to carry our votes but I will make this report more thorough in case I can't attend.

Our area meeting was on 10/11 this month.

Jerome C, Regional Helpline Chair, and Sal, Regional Chair were in attendance to our area meeting. Jerome gave a short presentation about the benefits of the regional helpline and to help initiate a discussion about potential duplication of services.

Convention (Fall 2017)- Theme "This Way to Freedom". Will be having a fundraiser on December 3rd at South Congregational Church on South St. in Pittsfield (where our Monday night meeting is hosted) with a speaker sharing from 7-8 pm followed by an open mic from 8-11pm.

Web contact: All changes have been made to our area web site. The web site was down for 3 days do to our web contact not submitting the yearly fee it is now taken care of till September 2017.

Activities: Activities is planning our annual New Year's Eve party.

H&I There will be a learning day next month @6pm on the second Tuesday right before our committee meeting. ALL ARE WELCOME.

Meeting list Coordinator: Increased printing from 750 to 800 this month partially due to increased need from PR.

Campout: We held our first meeting all went well. We will be meeting on the first Wednesday at 6pm at the George Crane. We have open positions.

Public Relations: We continue to meet the 1 st Tuesday of the month at 6pm @ BMC. There was a recovery rally in North Adams recently, PR had a booth there. We will be having another presentation with our local Learn to Cope group either in December or January.

Voting.

Voted on Regional motion to increase daily food allowance for RDa and RD, motion failed area,
1-5-2

We discussed the first motion:

"To add to the regional policy that it is the responsibility of the RD and RDA to hold four north south east and west workshops/learning days on topics such as the IDTs presented at conference each non conference year working in coordination with areas E&A committees at a cost not to exceed \$250 each."

Our area requested the motion be clarified because the wording and intention were unclear.

The third motion to increase the food allowance for the aRD at the WSC was voted down by our area.

In loving service,
Ryan S.



ABCD Region Secretary <abcdr.secretary@gmail.com>

Time away

2 messages

Pierre Akpo-Sani <prakposani2@gmail.com>
To: ABCD Region Secretary <abcdr.secretary@gmail.com>

Mon, Nov 7, 2016 at 11:36 AM

Hi Pat i miss you all last Saturday I was not able to attend the region meeting. This note is to ask you to please let the ABCD Service Committee know that, I will not be attending the service meetings of the following months. December 2016. January, and February 2017. My wife and I are traveling to Australia to visit with our son and his wife. If all goes well I intend to present for the March meeting.
Thanks Pat

ABCD REGION SEC <abcdr.secretary@gmail.com>
To: Pierre <prakposani2@gmail.com>

Mon, Nov 7, 2016 at 11:38 AM

How wonderful! I always wanted to go there. Bring me back a magnet, I collect them.

I announced that you were out of the country because I saw the minutes from your area. Thought you had left already.

Safe travels to a beautiful place.

[Quoted text hidden]

Good Morning friends at the region. The MH Area met on October 28, 2016 at 7:00 PM at St. James Church in Kingston NY where quorum was met with area business being able to be conducted. Having no reports from our Chair and Vice Chair this month the meeting moved into sub-committee reporting:

H&I: The H&I learning day was a success with 40 plus addicts in attendance having 5 speakers speaking on various topics relative to the benefits and blessing of H&I service.

Help Line: MH area help line reports in as all is well. Fielding 4 incoming calls, 17 out-going calls, and 10 e-mails this month.

E&A: our E&A committee reports being grateful to be of service to the H&I learning day and working on finalizing a MH area Halloween Event. Moving forward E&A will be organizing our Christmas Vigil with flyers to follow.

PI: our PI committee continues to check and re-stock NA literature place in points of access for addicts within the area. The committee has found that renewing and maintaining the PSA's is difficult noting that at times they feel they may be falling short there, but will continue towards consistency. PI Chair shared feeling a great sense of unity with other areas w/ in the region and discussions have started of the possibility of forming a regional PI committee, however, he remains willing to still meeting with other PI committees within the region in unity and growth for PI. MH PI attended community drug awareness in Kinderhook this month; which included church elders and the Chatham Police Chief who spoke on their willingness to stay involved in addiction awareness. PI Chair will be working with ARANA PR on a potential joint presentation to area churches. Also, PI is looking into how they can get NA literature into libraries.

Leave Your Monkey in the Woods: our one day festival is working towards setting up the sub-committee, date, and time for our 11th annual leave your monkey in the woods festival noting that the treasurer position is open and this being an area elected position.

One Day Convention: Ready – Set- Go! Please come out and join the MH Area's One Day Convention Nov, 12th from 10 AM to 12 AM @ the Hudson Valley Community Center 110 South Grand Ave in Poughkeepsie. Pre-registration is closed it's 15.00 at the door and children are free. New comer packets available.

The following positions were voted on and have filled this month:

Policy Chair – Fiona

Literature Review Chair –John C.

Outreach Committee Chair –Mark, S

MH Area discussion and questions for the region:

E&A subcommittee has no guidelines listed questions being is there no budget per event and/or number of events per year, are events rotating? Do areas need to agree to be fiscally responsible if the event is in their area in working with regional E&A.?

E&A Chair: the position is vague- what are the duties of the E&A regional Chair and again budget that will be operated within.

RDA Food Allowance friendly amendment- how can we vote on financial matters and does it change year to year. MH Area notes that NA is a non-profit self-support fellowship and cannot be compared to a state employee with expense acct when using 7th tradition monies.

Regional Motions voted on at the area:

Motion Maker Terri J-BCA Second: Kristin T- Alb/Renn Area Motion: to increase the daily food allowance budget for the alternate regional delegate to 75.00 from 55.00. Intent: to allow any ARD to be able to eat well when at the WSC based on rising food costs and availability there.
90 Day Policy Motion to be voted on at the Nov RSC meeting-**Failed**

Motion Maker: Robert, H- MRA Second: Michelle - MHA Motion: to add to the regional policy that it is the responsibility of the RD and the RDA to hold four north, south, east, and west workshop/learning days on topics, such as, IDT's presented at the WSC each non-conference year working in coordination with area E&A committees at a cost not to exceed 250.00 each. Intent: to continue to share WSC information throughout the year with areas and groups. 90-day policy motion to be voted on at the Nov. RSC meeting - **Passed**

Motion Maker: Kristine/ Alb. /Ren area; Second Robert, MRA Motion: To nominate Michelle, L from the MH area as the Alternate RD. Intent: to fill open RDA position Qualifications: Clean date is 3/6/07, has sponsor, works steps, attends meetings, has home group, has done group and area level service commitments, former H and I chair, has been a H and I panel leader and H & I secretary. Help group chair, secretary and treasurer positions, current RCM and willingness to serve. 60-day Election motion to be voted on at the Nov. RSC Meeting – **Passed**

Grateful to serve,

Michelle L



ABCD Region Secretary <abcdr.secretary@gmail.com>

Mohawk river area Asr November report

1 message

robert hohn <rhohn@yahoo.com>

Thu, Nov 3, 2016 at 9:17 PM

Reply-To: "rh.hohn@yahoo.com" <rh.hohn@yahoo.com>

To: ABCD Region Secretary <abcdr.secretary@gmail.com>

Good afternoon

We met on October 29th, and had 10 gsrs in attendance.

Quarm was met and business was conducted.

All of our meetings are up to date and we updated our
Handicap meetings.Our events and activities committee I hosting our annual
Christmas marathon, stay turned for more information.Our h and I committee will meet a little early and go over
Does and don'ts before the sub committee.

During open sharing there was discussion about opening

A Spanish speaking only meeting or a bilingual meeting.

Women inspiring women's needs support.

Celebration's this month

Last Sunday of month ,courage to change

Cheryll 27 years

Hashim 10 years

Trish 9 years

Shauna 4 years

Last Friday of month gut level group

Vaughn 10 years

Eric 1 year

Thank you for allowing me to serve the groups of the Mohawk river area

Robert

Sent from Yahoo Mail on Android