

**ABCD REGIONAL SERVICE COMMITTEE OF N.A.**

**MINUTES OF January 8, 2022 MEETING**

[WWW.ABCDRNA.ORG](http://WWW.ABCDRNA.ORG)

<b>ABCD REGIONAL SERVICE BODY MEMBERS</b>			
CHAIRPERSON	Mikel I (irmerl@aol.com)	518-432-4584	Jan 2022
VICE CHAIRPERSON	<b>OPEN</b>		
TREASURER	Kristin T (ktetlack@msn.com)		Jan 2022
ALT TREASURER	<b>OPEN</b>		
SECRETARY	Karelyn T (abcdr.secretary@gmail.com) (karelyntischler@gmail.com)	216-224-1091	Jan 2022
REGIONAL DELEGATE	<b>OPEN</b>		
REGIONAL DELEGATE ALTERNATE	Sandy M (smccarthy@nycap.rr.com)	518-369-8403	Jan 2022
ALBANY/RENSSELAER AREA RCM	Scott L. (scottl.bcana@gmail.com)	413-841-8306	Area
BERKSHIRE COUNTY AREA RCM	<b>OPEN</b>		Area
GREEN MOUNTAIN AREA RCM	Bruce B		Area
MID-HUDSON AREA RCM	David B (bgratefuldave@aol.com)		Area
MOHAWK RIVER AREA RC	Tom M		Area
SAMMA RCM	<b>OPEN</b>		Area
Seaway Trails Area RCM	Phil	315-286-2707	Area
HELPLINE	<b>OPEN</b>		
HOSPITALS & INSTITUTIONS	<b>OPEN</b>		
POLICY	David F.		Jan 2023
REGIONAL WEBMASTER	Rhona (rhona.rabbit@gmail.com)	518-598-5661	Jan 2022
EVENTS & ACTIVITIES CHAIR	<b>OPEN</b>		

REGIONAL/AREA SERVICE COMMITTEE MEETINGS			
ABCD Region	First Saturday of each month	11:00 AM	McKownville Methodist Church 1565 Western Ave, Albany, NY
Albany/Rensselaer Area	Last Thursday of each month	7:00 PM	49 Killian Park, Colonie, NY
Berkshire County Area	Third Tuesday of each month	6:30 PM	B.M.C., Private dining rooms, Level G, 275 North St., Pittsfield, MA
Green Mountain Area	Last Sunday of each month	1:15 PM	Springfield Hospital Library,  Springfield, VT
Mid-Hudson Area	Last Thursday of each month	7:00 PM	St. James Church, Corner of Fair and Pearl Streets, Kingston, NY
Mohawk River Area	Last Saturday of each month	1:00PM	970 State St., Schenectady, NY
SAMMA	Last Sunday of each month	3:00PM	37 Saratoga Ave., S. Glens Falls, NY
Seaway Trails Area	Third Saturday of each month	2:00 PM	41 Chapel St Canton- 1 Sterling Place Watertown NY

### **Call to Order**

Mikel called the meeting to order at 11:00am with a moment of silence, followed by the Serenity Prayer, the Service Prayer, and 12 traditions.. Kristin read the concepts. Scott read the 1st concept.

### **Roll Call**

POSITION	NAME	PRESENT
Chairperson	Mikel I	✓
Vice Chairperson	<b>OPEN</b>	
Treasurer	Kristin T	✓
Secretary	Karelyn T	✓
Regional Delegate	<b>OPEN</b>	

Regional Delegate Alt.	Sandy M	✓
ARANA RCM	Scott L	✓
BCANA RCM	<b>OPEN</b>	
GMA RCM	Bruce B	✓
MHA RCM	David B	
MRA-RCM	Tom M	✓ (Rob L)
SAMMA – RCM	<b>OPEN</b>	
STANA- RCM	Phil	
Helpline Chair	<b>OPEN</b>	
Hospitals & Institutions Chair	<b>OPEN</b>	
Policy	David F	✓
Meeting List Coordinator	<b>OPEN</b>	
ABCD Regional Webservant	Rhona	✓
Events & Activities	<b>OPEN</b>	

#### **Visitors:**

**Review of Minutes from previous month** – The December minutes were approved without objection.

#### **Representative Reports**

**Chair Person Report** ORAL report from Mikel. Things continue to go well. Attended the MR-area and Arana meetings. There are growing concerns about meeting lists. Kristin inquired about the status of the storage unit. The current unit will not budge on pricing. It was agreed that Kristin and Mikel would begin to look for another unit because we believe we are paying too much for a small amount of space needed.

#### **Vice Chair Report OPEN**

**Treasurer's Report** Oral report. See attached report.

**Secretary's Report** No report. Please continue to send your reports to [abcdr.secretary@gmail.com](mailto:abcdr.secretary@gmail.com). Please let me know if you would like to be added to the distribution list.

**Regional Delegate Report** Oral report from Sandy. See attached. Per policy it is written that Sandy provides each area with a CAR & CAT workshop.

## **Subcommittee Reports**

**Helpline Report** – OPEN.

**Policy Report- David F** Oral report. .

**Events & Activities: OPEN**

**Hospitals & Institutions: OPEN**

**Web Servant** - Oral report.

**Albany Rensselaer Area** – Scott gave oral report. Written report attached.

**Berkshire County Area – OPEN**

**Green Mountain Area** – Bruce B gave oral report

**Mid-Hudson Area** – absent.

**Mohawk River Area** – Robert L gave oral report.

**Southern Adirondack Miracles** OPEN

**Seaway Trails Area** – Phil, Absent. No report

## **Open Sharing List of Topics:**

- Bobby R questioned why we are not printing meetings and wanted a definitive answer as to what the region is planning to serve the needs of the area. Rhona stated she will be working to solve this and come up with something for the areas as soon as possible.

**Old Business: (January voting was tabled because we did not have enough area's present with a vote. These motions will be voted on at the RSC meeting in February.**

1. Motion made by Mikel I to nominate Kristin M for the position of ABCD RSC Treasurer. Intent: To provide service to the ABCD RSC as Treasurer. Motion was seconded by David F.
  - Kristin is currently serving as the RSC Treasurer and was the previous alt-treasurer. Previous RCM from SAMMA and ARANA, has done service and currently has group level commitments. Has 7 years, 4 mos, 5 days clean (4/20/14), has a sponsor who has a sponsor, works steps and traditions. Has willingness to serve.
2. Motion made by Kristin M to nominate Mikel I for the position of ABCD RSC Chair. Intent: To provide service to the ABCD RSC as Chair. Motion was seconded by Scott.
  - Mikel has served as the RSC Chair in 2021. Previous Vice Chair. Previous ARANA RCM. Group service Secretary, Treasurer. Am honest. Never misappropriated NA funds. Have a sponsor, sponsees, homegroup, and work steps.
3. MOTION: To nominate Sandy M. for Regional Delegate made by Scott L, 2nd by Dave B

INTENT: To provide service to the ABCD Region as RD.

**Qualifications:**

Sandy Mc. Qualifications for RD

29 years clean. Has a sponsor and sponsors others. Attends meetings regularly. Working knowledge of 12, 12 & 12. Understanding of World, Zonal, and Regional Service. Understanding of the RD position.

Regional Service (ABCD Region):

- Current AD, former AD 2013, former RD 2014-2017, former Regional Policy Chair.

Area Service (ARANA):

- Former Area Chair, former Area Treasurer, former Campout Chair, former Campout Treasurer, Former E&A Chair.

Subcommittee Service (ARANA): Promise of Freedom Campout (2010-2021) in various positions, former E&A member, former PI member, former H&I panel leader.

Group level service (Hope & Glory):

- Spiritual Solutions Retreat former Programming Chair, current Treasurer and Secretary.

Group level service (Steps Toward a Better Life):

- Former Chairperson, Coffee Maker, Alternate GSR, GSR, Treasurer, current Secretary

4. MOTION: To nominate Karelyn T for Regional Secretary made by Scott L, 2nd by Dave B

INTENT: To provide service to the ABCD Region as Secretary.

Qualifications: Karelyn has served as the Secretary for 2021. She has been clean for 12 years and 9 months as of this meeting. Karelyn has a sponsor who has a sponsor and actively works steps with her sponsor and sponsees. She is currently the chair for the SAMMA Mountain Miracles Mini-Convention. Karelyn has also held many service positions at the group, area, and regional levels such as:

- Secretary
- GSR
- Chairperson
- H&I Secretary, Chairperson
- Area Secretary
- PR Chair
- Meeting List Coordinator
- E & A subcommittee member

5. Motion: to nominate Rhona D. for Regional Webmaster made by Scott L and 2nd by Dave B.

Intent: To provide service to the ABCD Region as Webmaster

Qualifications: has been clean for 24 years and 7 months. Has a sponsor and sponsors others. Working knowledge of 12, 12 & 12.

Previous commitments:

Region: Current Web Administrator, Former Web Administrator, Helpline chair, Meeting List coordinator, Secretary

Area Service: Treasurer, GSR

Group Level: Chairperson, Treasurer, Secretary, GSR, Coffee maker

Subcommittees: H & I literature chairperson for Mohawk River, E&A secretary (helped with the first Campout)

**New Business:** none

**Announcements (Including Treasury Balance)**

Treasury Balance: \$4105.83 Naws Donation: \$456.20

Meeting closed with Serenity Prayer at 1:17pm.

Note: If RCM's cannot be present at the Regional meeting it would be helpful for the Area to send a person who is able to carry the area conscience. All are welcome. Thank you!

**The next Regional Meeting will be on January 8 , 2021 via Zoom**

**Meeting ID: 848 0620 5225**

**DRAFT AGENDA FOR ABCD RSC**

**Saturday – February 5, 2021 11:00am**

**Via Zoom – 848-0620-5225**

**1565 Western Avenue**

**McKownville Church**

1. Bring Meeting to Order @ 11:00 a.m. w/Serenity Prayer
2. Reading of the Service Prayer
3. Reading of the 12 Traditions of N.A.
4. Reading of the 12 Concepts of N.A.
5. Roll Call
6. Reading of Concept of the Month (12th)
7. Minutes of Last Meeting
8. Treasurer's Report
9. Alternate Treasurer's Report
10. Representative's Report

- A) Chairperson
- B) Vice Chairperson
- C) Secretary Report
- D) Regional Delegate
- E) Regional Delegate Alternate

11. Subcommittee Reports:

- A) Helpline
- B) Policy
- C) Events & Activities
- D) Hospitals & Institutions
  - E) Meeting List Coordinator
  - F) Regional Web Servant
- G) Ad-Hoc Committee(s)

12. Area Business:

- Albany-Rensselaer Area RCM Report
- Berkshire County Area RCM Report
- Green Mountain Area RCM Report
- Mid-Hudson Area RCM Report
- Mohawk River Area ASR Report
- Southern Adirondack Mountain Miracle Area RCM Report
- Seaway Trails Area RCM Report

13. Sharing Session

14. Old Business/New Business

Old Business

- Storage locker
- Nominations

15. New Business

16. Open Positions

17. Announcements (Including Treasury Balance).

18. Close the Meeting with the Serenity Prayer

"KEEP COMING BACK"