## **REVISED H&I Subcommittee Report- December 2024**

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Hello, friends!

The H&I Subcommittee met on Sunday, 29-Dec-24 with NINE participants!

We hosted our commitment at the Cheshire County House of Corrections (CCHOC) men's D-Pod on Thursday, 12-Dec-24 with an impressive FIVE attendees. We read from the Just For Today book on the topic of 'Fear Of Change' and gave out key tags to three attendees. One man received a multiple year tag! Thank you to Bob C., Joseph R., Gordon M. and Josh R. for their service.

Unfortunately, we were unable to host our presentation at the Women's pod on Friday, 13-Dec-24. We did not have two women available to attend so we had to cancel. We have confirmed two panel leaders are available to host the presentation next month, though, on 10-Jan-2025.

We also held a presentation at the Men's K-pod on Tuesday, 24-Dec-24. There was one participant and we read 'Recovery and Relapse' out of the Basic Text. Thank you to Les T. and Still Rich R. for their service, especially on a holiday!

We plan to host our November commitments on Thursday, 9-Jan-25 (Men's D-Pod), Friday, 10-Jan-25 (Women's Pod) and on Tuesday, 28-Jan-24 (Men's K-Pod).

During our meeting today, we held more discussion regarding our next H&I Learning Day. We confirmed a flyer for the event and emailed it to the Public Relations committee today. The event will be held on Saturday, February 15th at 12:00 P.M. at the Turning Point facility in White River Junction, VT. The event will be held on Zoom, too. The zoom link is the same H&I subcommittee meeting link used on the GMANA.org website under the 'Service' tab. We will provide food for lunch at the start of the event!

We also held discussion about a potential new commitment at the Valley Vista facility in Bradford, VT. We confirmed that the Champlain Valley Area of NA (CVANA) is technically responsible for this part of the State, but we have some interest in supporting them as they, too, establish an H&I subcommittee. We voted to donate five Basic Texts to Valley Vista, and will communicate with the CVANA H&I subcommittee regarding further support.

We plan to purchase 40 IP's for the CCHOC facility, too. We plan to post them in the main entry area for visitors and family members of any incarcerated individuals to take. The Public Relations Committee is working on a business card with a Q-Code that links to our Area website. We will post this business card at the facility, too, once it is available. In the meantime, we will share meeting lists at the facility.

As always, please continue to announce that the H&I Subcommittee is looking for support during your meetings! We have been gaining traction with our current commitment at CCHOC, but it is our goal to host commitments at other facilities throughout our Area, too. Please remember that addicts in need of hearing our life saving message could benefit from your involvement!

In Loving Service, H&I Subcommittee Х