

Good afternoon, Friends!

The H&I subcommittee met today with nine participants! We even had a new participant join today, which is a healthy indicator for the group.

We have hosted several meetings at the Cheshire County House of Corrections (CCHOC) since our previous subcommittee meeting. The February men's K-pod meeting occurred on 25-Feb-2025, which was after the Area Service meeting for February. There were two attendees and we read Step Three from the Basic Text. It was a great presentation and valuable sharing occurred. Thank you to Jake O., LeS T., and Still Rich R. for their service.

Our meeting for the mens D-Pod was held a on Thursday, 13-Mar-2025. We had five attendees. We read Step One from the Basic Text. We gave out multiple keytags; one 60 Day and two 6 month. Four of the attendees shared about step one and some of the miracles occurring in their lives. We also emphasized how important it is to attend a meeting once the inmates leave the facility. It was a positive meeting and all the attendees expressed their gratitude to us for being there. Thank you to Bob C., David K. and Josh R. for their service.

We attempted to host a meeting for the Women's pod on Friday, 14-Mar-2025, but unfortunately, none of the women wanted to attend the meeting. Joanne G. and Felicia B. stayed and read the JFT and shared just in case someone changed their mind, but no one was interested this month. Thank you to Joanne and Felicia for their service!

The March meeting for the mens K-Pod was held on 25-Mar-2025. We read 'What Can I Do' out of the Basic Text as well as the Just For Today book on the topic of 'I Can't, But We Can'. We had two attendees and BOTH picked up key tags!. There was great sharing and vulnerability throughout the presentation. Thank you to Jake O., Les T., and Still Rich R. for their Service!

Our postponed H&I Learning Day will be held on Saturday, April 12th. The event will still be at the Turning Point facility in White River Junction, VT. We will begin at 12:00 P.M. and close no later than 4:00 P.M. We have a revised flyer posted to the GMANA page, too, if you'd like to print it out and share it at your meeting place. We will be providing lunch, so we encourage everyone to arrive at 12PM to ensure you get the tastiest food possible! There will be a zoom option, too, for anyone attending electronically. The zoom link will be the H&I subcommittee link found on our GMANA.org webpage under the 'Services' tab. Please share at your meetings that the H&I Learning Day is happening!

We have not spent any money during the month of March. Our budget balance remains at \$591.27. The previous expenses were \$83.75 for the purchase of five Basic Texts to donate to the Valley Vista Facility in Manchester, VT. in February. We also spent \$24.98 for the purchase of 100 NA business cards. We left 20 business cards at the CCHOC Facility on our NA pamphlet rack in February and will re-stock them as needed.

We held brief discussions today surrounding new H&I commitments at Valley Vista treatment facility in Manchester, VT and the prison in Rutland, VT. More will be revealed on these topics, but we continue to make progress within our sub-committee and encourage other to join in the success! Addicts in need of hearing our life saving message could benefit from your involvement!

Thank you for allowing us to serve!

In Loving Service,

H&I subcommittee